

The World Journal

This is presented by Prof. ^{of Medicine} ~~General~~
 Humboldt Kymulogian research
 In addition besides Philological
 Ethnological, botanical, other
 researches conducted a special research
 in indigenous Medicines of found
 in Tibet as well as ^{the} adjacent Himalaya.
 The Director ^{of the} Dr. George Perrot is collaborate
 with Tibetan Lamas, myself
 has endeavored to gather a number
 as possible ^{data} of Tibetan Materia
 Medica and ~~all~~ identify
 the numerous substances as yet
 unidentified by earlier research.
 Dr. George Perrot was preeminently
 well fitted for this work owing to his
 great knowledge of Tibetan, Sanskrit &
 other languages.

From the very beginning a great
 many difficulties were encountered
 in fact had to be patiently overcome
 since the local ~~medicinal~~ ^{herbal} plants
~~the~~ ^{the} ~~specimens~~ ^{specimens} of ~~Medicines~~ ^{herbs} & ~~plants~~

~~difficult to find~~ it necessary to wait
 for long periods of time before
 certain medicinal substances
 could be secured. Often enough
 the substances were secured in
 an unidentifiable state such as
 roots reduced to fragments and
 mixed with other ingredients and
 again we had to wait patiently for
 the next season when some more
 could be obtained in a better condition.
 The Tibetan Medicines or rather substances
 have to be brought by caravans or trade
 traders since there are no central
 depots where they may be secured.
 The caravans do come once a year
 from the ^{North China} Plateaus or ^{in Mongolia} Changang
 and should something be unclear it
 can only be solved next season
 when the ~~traders~~ ^{traders} may have some

off them

more substances.

Several of these substances being rare many local Lanna Physicians discard them altogether after using substitutes which in their opinions approximate the original formula.

~~That is~~

The Sango Tibetan Dictionary by Dr George Roerich will include a great many medical Terms and will help the student in this rather new ^{unexplored} field. I say new, since very little of the Medical Lore of Tibet has been translated as yet.

Dr Badmeariff in Java translated the Djink-shi. Prof. Rodney H. Bruner in Ohio. But little has been done as regards the Han-Tale or the ^{though Prof. Bogdanoff did collect specimens since 1900} Chinese Medical. Besides

these above mentioned works which are considered as the most unknown there are some 40 others and innumerable Manuscripts in the possession of Lanna but very hard to get secure.

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Dr Badmaet mentions ^{over} ~~some~~ 1600 ~~or~~ ~~quintessence~~ substances used in the official Medicines of Tibet but ^{many} ~~them~~ are ~~often~~ as used by individual Lamas or Physicians.

we know that Dr Baymaet while ^{practising} in Lhasa has been quite successful in the treatment of Cancer & well as other ^{evidently ineluctable} ~~incurable~~ diseases - ^{then have come to} the ~~successful~~ ^{care} ~~care~~ ~~of~~ many ~~cases~~ ~~where~~ ~~care~~ ~~was~~ ~~not~~ ~~effected~~ by ~~radical~~ ~~practices~~ ~~of~~ ~~which~~ ~~would~~ ~~be~~ normally considered as ineluctable.

There is no doubt that the Medical Science Knowledge came to Tibet from India - Persia ^{*} but since it has been extensively developed ² by addition of Dalai as found among the ~~habergens~~ of Tibet

to bring to light the vast accumulated
 data of Tibetan Medicines ^{in order} and
~~that~~ ^{it may} ~~experiment~~ serve the common
 cause of humanity welfare.
 Certain Medicines are already
 being tried out experimentally
 others will be as soon as ~~some~~
~~ingredients~~ ^{ingredients as properly} ~~are~~ ~~identified~~
~~as~~ ~~identified~~ 11 (4). The great complexity
 of Many Tibetan compounds
 (some contain as much as 36 + more
 ingredients) make it difficult
 to prepare them in sufficient
 quantities since some of the
 ingredients are ^{locally unobtainable} ~~as present~~ ~~are~~
~~or~~ ^{as mentioned before} ~~not~~ ~~to~~ ~~be~~ ~~found~~ ~~in~~
 the Tibetan plateaus.

(7)

Besides the Tibetan medicines -
 the Indivul has been collected
 also in Local Himalayas
 that Medicine & Materia
 Medica ~~Medicine~~ Experiment have been
 done & with a number of
 Medicinal plants in order to
 with ^{the} object of a further
 cultivation of them later ^{on} so as
 to have them available on a
 larger scale

A great many of these plants
 are Alpine and Experiment have
 also been conducted in order to determine
 if they could be brought ^{to} lower
 elevations without losing their
 properties. -

It of interest to note
 that the Kulu District is not greatly
 free from Cancer, the cases
 recorded at the Local Hospital
 are so few that the percentage
 or regard to the population is about
 $\frac{1}{500}$ of one per cent.

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Tibet Lourentise & signification
 free from Cancer ^{as said before} thought is
^{denied} ~~known~~ ^{as well} in the Tibetan Piedmont & Tams
 Other Adjacent Hill provinces
 such as Labul ~~et~~ etc. ~~are~~
 also free of the disease.

From observations made it is very
 plausible to assume that
 altitude ^{as well as} ~~and~~ the wetness in these
 localities have a certain effect
 in countering the disease.

There are cases on record that go to
 substantiate this theory. I will
 recount ^{one} ~~one~~ ^{disagreeable & interesting} case that came
 to our notice recently. ^{India began to}
 A Native of the Plains whose wife ^{is}
 was ill in the Plains ^{one day} came for
 advice and said disoriented ~~she~~ was

~~besides~~
besides

Alina is a way that pointed to a possible cancer of the breast, as well as ~~some~~ ^{the} ~~complexion~~ on the order her to send her wife to an European Doctor for diagnosis and advised her to forward to us the doctor's opinion.

The said doctor wrote to us that he found the patient suffering from Cancer of the left breast as well as Deformity of long standing.

Since her husband lives in Cuba we suggested that he bring his wife here as a change and after such beneficial results

~~to make a long stay~~
~~about two months after he~~
~~came to see her~~

Before leaving her here she ^{stands} went to consult a native Practitioner who was treating her as home for some time but ^{with} without much good benefit.

The Physician told her that a change
 would be very good for her and she
 was brought here by her husband.
 While here she continued receiving
 the prescriptions of the native Physician
 who ^{had} treated her previously, and
 within three months time she
 was completely cured.

It is interesting to note in this
 connection that the Native
 Physician also held the opinion
 that ^{change} ~~the~~ local water ^{of this place} must have
 activated the prescriptions—
 already two years passed since
 and there was no return of the
 disease.

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While speaking of the efficacy
of local medicine I ~~recall~~ ~~with~~
~~case~~ must add that most valuable
information is in the hands of
Yogis or Holy Men but since
this knowledge is traditional it
is very difficult to secure. ~~Am.~~
The Men who really possess some
secrets will never sell them and
will reveal it only on very rare
occasions.

I recall one case when a small
boy in a village contracted some
disease of ~~the~~ corner ^{of his eye} and as a
result of it lost his sight. A Yogi
who chanced to go by one day
gave the Parents of the Boy
a formula and said that he
was sure the Boy could be cured
since his affliction was of less
than 7 years standing.
It happened just as the Yogi
predicted the Boy was completely
cured in a few weeks time.

We were fortunate in securing
 the formula above which rather
 fantastic as regards ^{some} ingredients
 yet nevertheless shows a knowledge
 of ~~the~~ Chemical interaction of
 various substances and ^{as said before}
~~now we are left to think~~
 the natives have no other means of
 securing these chemicals. Answers

One of the ingredients

In one formula recorded among
 other strange ingredients was
 mentioned a donkey's tooth

It may appear rather ridiculous
^{at first} but where could the natives of that
 particular locality find a better
 source of Calcium Phosphate

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1 one must admit that the intention
of the process at work during
formation of these
must constitute a most potent
drug. Remedy, which I am sure
will be ^{soon} recognized by modern
medicine especially when
more perfect ways of preparing
these ~~drugs~~ are found. —

It is impossible ~~to~~ ^{to} ~~the~~ ^{the} ~~short~~ ^{short} space
of these few pages to give a
complete picture of the work
carried out at the Institute.
Suffice it say that we have attempted
to secure some of

~~It appears that~~

Thus many apparent superstitious
are explained can be readily
accounted for provided we
keep an open mind and remember
that some of these receipts are
the results of Centuries old
Experiments and Observations.

For instance the well known
^{as well as Tibetan} Remedy prepared of
the Stag's unossified antlers
if we but remember that these
~~of the enormous~~ horns
are grown in a short period
of from 50 to 60 days with
a period of rest that they
grow in a closely linked
to the ^{feeding} ~~stage~~ period of
the animal's life ~~and must be~~
ful established as the intensity
of the process at work in
producing ~~the~~ formidable
~~about the~~ horns

benin tree

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(*) After the descriptive terms used by
the Physicians are very misleading such
as the Claw of a Crow or the Claw
of the Madar which are plants or
the name which could be interpreted
as arsenic or but which in reality
is a food of Tree growing in India.

1) Tincture of Jupiter.
Tincture of Saturn.

2) Tincture of Vitis —
Tincture of Borax.

3) Tincture of Tartar.
Tincture of Ammonia. Ammonia.

4) Tincture of Volatile Salt of Lime.
Water of Lime, Curt of Lime.

~~4) Tincture of Mars.~~

5) Tincture of Venus.

6) Tincture of Luna.

7) Tincture of Mercury

8) Tincture of Sol.

a. Sat. & Jup.

b) 5 Tinctures.

c) to have it in perfection.

ph. M.

a

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b

Aegeria
Azzurina
Ansbach
Alexander
Arensberg.