

C O P Y

39 South Park Street
Hanover, New Hampshire
April 2nd, 1955

Dearest Sina:

In yesterday's letter I mentioned my intention of writing a special letter in reference to a certain Trust Fund discussed by us last September. This is it.

I have felt, during the past few days, that the time was fast approaching when I should turn this Fund over to the Agni Yoga Society, with the request that it be used to establish a Self-Perpetuating Fund for the publication and distribution of Brochures and Leaflets (and perhaps later on, a Day Book) setting forth the New Era Teachings:

That the proceeds from the sales of any and all the aforementioned publications, accrue to this Self-Perpetuating Brochure Fund, which may be augmented also at any time by voluntary gifts.

The above states simply, what I had worked out in much fuller detail, but I think it covers the ground adequately. So with this understanding, I hope to get to the Bank early next week and make the transfer of \$1000, from my savings account to my checking account -- thence by check to the Agni Yoga Society.

Your letter of March 30th, which arrived today, correcting my misunderstanding of the estimated cost of printing the two brochures, hardly surprised me. \$547 or \$557 each, seemed more likely than for both, although I had welcomed the latter interpretation of your letter of March 25th. However, a total of \$1,094. or \$1,114. for printing alone exceeds the funds available, and there would be still the additional expense of advertising, envelopes and mailing, before sales brought in any appreciable funds for replenishing the treasury.

So I think that we shall have to be very practical and cut down the matter to be printed. This will be difficult to do until I have the Infinity selections and see what can be eliminated without spoiling the effect of the whole, in the case of each brochure.

I have no preference as to size. Economy of paper is to be considered, also adaptability to commercial envelopes -- to avoid having to have them made to order.

We have also to consider whether it is wise to print a few brochures which would sell to a limited public for 75¢ each, or several which might sell for 50¢ each -- or even less. Sometimes a multiplicity of references is distracting because they include so many diverse subjects -- whereas fewer selections, wisely chosen, might prove more effective in presenting the main theme in clarity.

Warm greetings to Dudley.

Lovingly yours,

ELIZABETH

Sunday
April 3, 1955

Dearest Sina:

You have asked me not to omit any details of my illness - which started a week ago today.

It is always difficult to write about symptoms that have passed and about causes that do not reveal a clear picture - but, to state my case briefly. I had been overstrained psychically by the pressure of world events, and by tragedies in the lives of friends who lack the blessed Guidance that is so precious to us. Also I had been overdoing physically and had not slept well for many weeks. Finally, I was overcome by indigestion and sheer fatigue.

My heart action has been weak, with at times what I took to be a valvular murmur. I had something of the sort in my early twenties but had forgotten it until now. There was a severe headache until the stomach condition cleared up. Later I had a running nose for a couple of days. There is an occasional hacking cough which seems to come from the stomach. Night "sweats" in the throat and chest area are very weakening. I seem to have been able to control everything else - but not these - except by waking up and changing my position.

I have eaten lightly of simple food - milk and soda, valerian and soda, soup and barley, eggs and cereals - baked apples, oranges, grapefruit. Have had no appetite. My neighbors have been very helpful but I have been able to prepare most of my food myself.

I have not called in a physician because I believe that what I needed most was rest and simple food to get back into attunement. Have continued strophantus, vitamins, valerian and soda - with an occasional aspirin or sodamint tablet - and have had some soda baths.

We have had some balmy days which I have enjoyed through the open window, whether in my bedroom or on the daybed in the dining-room.

Last night there was a heavy rain which washed away almost the last vestiges of snow - but has now, Sunday afternoon, turned into a real snowstorm. If the sun shines tomorrow and I can begin to draw in enough prana to restore my psychic energy I am sure that the physical condition will rapidly improve - and I may find that this week of enforced rest has prepared me for better work during the spring and summer months.

This is about all I have to say in a psycho-physico-therapeutic report - and I hope it is adequate.

Ever, with love

ELIZABETH

P.S.

Monday morning. There was no "night sweat" last night. I slept on my back and covered lightly over chest and neck. The cough was not disturbing - and I slept well. Am much better today - and the weather has improved - for which I am very thankful.