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Kaggar, May 30th 1931

Dear M^{rs} Dozina,

We were so glad to hear that your journey was pleasant and you reached home safely. We can vividly imagine how happy M^{me} Dozina must be to have you with her. How did you find Europe and Paris after having visited the East? Do you still practice on your fourth-dimensional "pianos" and do you exercise in dojiyoga? I have received the Studies of Chopin and thank you heartily for your kind thought.

● Our life continues its trend of activities and the days seem to us too short. Of course what interests you most of all is the condition of our beloved Madame Rserich's health which fluctuates just as before. A few days after you left, beginning with Apr. 7th M^{me} Rserich went through a period of about 3 weeks of bad heart action and very painful vomiting spells, from which she suffered almost every day or every other day. During this period both ankles were swollen. On Apr. 12th we were much alarmed by her condition as her pulse was very weak and irregular and after violent pulsations reflecting in the throat, the heart functioned very badly. This attack was followed by two vomiting spells - in the evening & night, both showing very abundant traces of blood, the second spell contained pieces of coagulated blood. A similar heart attack repeated itself on the 15th of Apr. with terrible anguish and spasms in the heart. Until Apr. 26th the vomiting spells were very frequent and the heart functioned irregular. On Apr. 27th

M-me Roerich had another very severe attack with violent pains in the heart and reflex pains in the lungs, making the breathing very difficult, causing sharp and acute pains which made it impossible for patient to lie down at all. M-me Roerich spent the nights in a sitting position. Every motion caused her terrific pains on account of spasms. This condition lasted until May 4th with anguish in the heart, difficulty to breathe, bad blood circulation causing numbness of fingers and the sensation of needles in the hands and feet. Since the warm weather began the flushes to the head have increased and at night M-me Roerich finds a little relief only from cold water bags. The pains in solar plexus and nausea are tormenting her as before in spite of little food and light diet. M-me Roerich also suffered from neuralgic pains in the ears, eyes and teeth which afflicted her for a week lasting from May 18th to May 24th. During the attacks M-me Roerich took strophantus, spermin and musk as stimulants. Following your advice we have guarded M-me Roerich from any excitement, worries and visitors so as to preserve her precious to all of us heart. We are so happy to have now, since a few days unusually cool weather, which is beneficent for M-me Roerich and makes her feel better. We are looking forward to take her to the high altitudes, for the only relief for her to expect is from the heights and coolness.

We are all sending you our best greetings. Kindly remember us to M-me Azina. It will give me pleasure to hear from you. Mr. George will write you shortly.

With kindest regards,
Yours very sincerely,
Esther J. Lichtman