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From Sk

January 17, 1936.

Dear Major Stokes,

When sending to you the small bottle of Vishnupriya oil (all that we could now extract), I have included two other samples that may be of interest. One of them, the oil from the rhizome of the citamineae and camphor of a nepeta specie found in the hills. The citamineae rhizome has been here used for lung treatments, while the nepeta camphor is said to stimulate brain functions. I believe that the nepeta camphor must be a narcotic poison in large doses, however small amounts appear to be quite harmless. Whether it has an action somewhat similar to the oil of absinthium remains to be investigated. It is held in certain quarters of native medicine that the oil of absinth in small doses has a tonic effect upon the brain.

Next summer we expect to secure a large amount of the Vishnupriya. It seems to me that this oil may have a future before it, as the plant is used for a variety of diseases in India. For one thing it is expectorent, and believed to be here of great use in cases of malaria, etc. Should you be interested to know all the uses to which this plant is applied

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I shall be very glad to forward particulars to you. Strange as it may seem, none of these oils, nor a large amount of other useful preparations can be obtained on the market and we have to prepare everything ourselves. During these years we have gathered a very extensive material on medicinally useful plants and I hope that by and by it will form a new addition to the official pharmacopoeia.

Your constant interest in our work is greatly appreciated by us and should there be some special line of interest to you we shall always welcome your suggestions. I was working on several broncho-dilatory plants but I do not know whether it is a correct way of approaching the question of certain lung troubles. It seems to me they all have but a temporary effect. As it has been noticed in Western medicine that lime was a beneficial effect upon the lungs and that workers in lime quarries do not suffer usually from consumption, I may add that lime forms a base of a great many Tibetan preparations for lung diseases. However I do not want to tire you with all these considerations, and I close sending you our kindest regards.

Yours very sincerely,

LAR BOND
MADE IN U.S.A.

April 17, 1936.

Dear Major Stokes,

Many thanks for your letter of March 12th. I am glad the oils reached you safely. In a few days I am sending to you the active oleo-resin of Balu (*Rhododendron antopogon*), the oil of which I already sent you before. The oleo-resin is purified from other constituents. As to the Vishnupriya I am very glad to give you the following particulars:

According to Hindu sources this plant is used for numerous ailments, outside of its occult nature. The occult properties are of course omitted from present day writings and the plant remains as the most holy plant of India. The plant, (because of its essential oil), drives away mosquitoes and is considered a specific remedy for malarial fever, for which purpose an infusion of the leaves is prepared. It is given also in gastric diseases of children as well as hepetic affections. This plant together with others (such as *Artemisia Indica*, *Embelia. ribes*) belongs to the well known vermifuges and is classed in the "Surasadi" group of drugs. (Most of these are vermifuges). The leaves crushed with lime-juice are applied in ring-worms. Many metallic preparations are mixed with the leaf juice when administered. The decoctions of this plant are used for bronchitis, catarrhs and croup, as well as diarrhoea. The leaves mixed with cardamon and salep are a nourishing drink. The dried leaves are also used in myiosis and osaena and the leaf juice is greatly reputed for ear ache. Eleven grammes of leaf juice taken every morning is supposed to cure chronic fevers, hemorrhage, dyspepsia and dysentery. With honey, ginger and onion is an excellent expectorant remedy for cough and bronchitis. The fresh juice is supposed to check vomiting and destroys intestinal worms. It is useful in anchylostoma. The fresh juice, the flower tops and the slender roots are an antidote in snake poisoning. In osaena Chakradatta recommends a paste of *o. sanctum* (crushed leaves), roots of *solanum*, *gacquinii*, *baliospermum montanum*,

acorus calamus, moringa, pterygosperma, long pepper, ginger and black pepper.

Nadkarni gives the following two popular home remedies
1) take of seeds of o.sanctum, cocculus cordifolius, dry ginger, roots of solanum jacquinii all of equal parts, mix and make a powder. Dose half a drachm. For cough and other affections of chest.

2) take seeds o.sanctum 5 parts, poppy capsules 4, tribulus terrestris 5, cowhage seeds 3, and curculigo orchoides 4 and sugar 6 parts, mix and make powder, dose 20 grains, for seminal debility. The seeds of o.sanctum crushed with cow's milk are given for vomiting and diarrhoea, especially for children. For an infant of one year two three grains of the seed is the dose, given three to four times a day. The following pill is recommended in vomiting. Take the leaves of ossimum sanctum, seeds of zizyphus jujuba and sugar candy equal quantity, add black pepper, three parts of each of the former and one part of pepper.

The above is data from various local authorities. There can be no doubt that this plant ought to be investigated more thoroughly.

As I mentioned before this year I hope to procure larger amounts of oil of ossimum sanctum, and I shall be very glad to send it on to you, when prepared. .

We greatly appreciate the great help which you so kindly extend to the Cause Our friends at New-York constantly write us of your most valuable support. No matter how difficult it may be at present, Truth always wins in the end. The Kali Yuga seems supreme in the minds of a great many people and its description as given in the Secret Doctrine seems to fit most perfectly into the present conditions. Yet one can console oneself remembering the words of Rishi Vyasa, who when asked "what age is best for spiritual achievements" answered: "the Kali age. What took years in the Krita age, takes one day and a night in the Kali yuga to accomplish". Weaall send you our best thanks and greetings, to Mrs Stokes and yourself.

Yours very sincerely,

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