

India
April 21, 1943

Dear Mme. Haerich,

The writer is a friend of Katherine Campbell. It was on the latter's suggestion that this letter is being written. She has written to me several times since my arrival in India. The last time her letter arrived was one week ago. In it, I learned that Inga is still afflicted with her wrist. The latter has not healed properly & a medical procedure was performed to break the adhesions in the wrist to allow free movement.

My purpose in India, no doubt, has been apparent from the envelop. I am a medical officer in the U.S. Army Air Forces.

My duties are those of a Flight Surgeon & Group Surgeon. A Flight Surgeon is concerned with the health of flying officers. A Group Surgeon is the commanding medical officer of an Air Corps Group. In short, I'm responsible for the health of our entire command.

Our fighter group is dispersed over a very wide area in India. We have taken many steps to provide medical facilities & knowledge to our organizations which do not

have immediate access to a medical officer. we have even written a book on medical problems, first-aid, & treatment. This book, which is really a pamphlet, is made available to the medical soldier. The latter, in many instances, is the sole medical authority in a wide radius.

we realize fully our greatest problem is malaria. Many of us have encountered this illness for the first time. we have accumulated much theoretical & practical knowledge. But, it is not enough. Is there any information you can forward to us in that respect? One may think it silly for a doctor to ask the lay people about medicine. But, I have garnered many fruitful aids from this source. If there is any information you can forward us for the prevention of malaria, please do so. It is vital that our soldiers & officers be in good ^{health} ~~shape~~ - to bring this chaos to an end.

Katherine has told me much about your family. It has been my intention to visit you. But the distance is great & time is so short. It can't be done for the present. Katherine has also asked me to contact you about information concerning

some papers. It seems these papers have been filed in the Office of the American Consul in Calcutta. The papers in question may furnish some evidence for the law suit concerning the Rurich Foundation in N.Y. Could you tell me under what name the papers were drawn? There may be an occasion when I shall be in Calcutta. If so, I will make it a point to obtain a copy of those papers.

I trust you will reply to this letter at your earliest convenience. Although an introduction via correspondence may be difficult I hope this won't be an obstacle in ours. Your letter & future ones will be most welcome & a source of morale for me.

Trusting you & your family are well,

Yours sincerely
David H. Fogel, Capt MC

51ST FIGHTER GROUP
APO 629
POSTMASTER, N.Y.

March 26
1948

Dearest O.I. :-

We are all deeply concerned about your health. Many loving and healthful thoughts are sent. May this letter find you completely recovered and rested before resuming your work.

I hope you do not mind being addressed as "O.I." because this is how you are spoken of in conversation. Please understand that no reply to this letter is expected. It is known what little time you have. So please do not write to me - as it will make me feel very badly. Whatever you may choose to tell me, can be enclosed in a letter to Katherine. At the same time, allow me the joy of continuing to write to you.

Past letters may have appeared impersonal & formal. They did not bespeak the warmth in my heart for you. Katherine's visit with you has opened my eyes to several unknowns and has removed doubts.

Thank you so many times for the wonderful care & happiness given to our Katherine. She is truly enriched. It was such a joy to see her again. Never was she more beautiful & radiant!! (and I do not think it was the 5 months of separation that makes her so) My heart is so completely hers!!

It was a joy to see Inga & Kadya once more. Inga looks very much better - but one can see she has limited physical stamina & requires much, prolonged rest. Her patience is truly commendable. I feel that Inga has inner conflicts which drain her energies & cause unhappiness. One is anguished to witness this. There are many times when I feel compelled to help her. Yet, refrain from doing so since harm may result from these efforts. Please tell me if & how I can help her.

Kadya has improved greatly. She is taller and her cheeks have a faint, red color. She is care-free & happy. At last, she seems to be losing some of her sense of insecurity and is more openly demonstrative. The change in her hands is remarkable - they are long, esthetic and warm.

Have just finished reading, "Agni Yoga". In truth, it should be - I have just been exposed to this book for the first time. I don't think I will ever be finished with it. Much more time must be spent by me in reading the Teachings and much more effort must be made to live them. The little time already in the Teachings is enriching me as a person and Physician. One can see that my few patients are receiving greater

benefit as a result.

A most welcome surprise was experienced in reading Dr. Alexander's book, "Psychoanalytic Therapy." For in this volume was seen for the very first time the term, "psychic energy", used. In all my medical reading this has never been observed. Perhaps, it was not looked for. Nevertheless, finding the term used in a medical text was exhilarating.

Just before leaving a note was sent to Lina in which she was told that the reason for going to Switzerland was "to see Katherine & Inga who I miss very much." Thought it best not to mention anything else and perhaps avoid undue suspicion. I have left power of attorney with Aunt Emma ^{in Conn.} Brookfield. That Lina knows of. So, she can have all her legal documents signed.

It is Sunday 11:00 A.M. and Katherine and I plan to go for a walk, get some flowers. Following this, we shall have the pleasure & joy of seeing Inga & Katya who are at Morges, 15 minutes by train, from here.

Again, dear E. L. all loving & healthful thoughts - so many thanks for the wonderful care given to our Katherine

Love
David

6
1380 Bedford Street
Stamford, Connecticut,
U.S.A.
April 30, 1948

Dear Mme. Roerich,

This is another of the many letters, prompted by Prof. Roerich's passing, which you have received. And, like so many of the others, his passing is felt as a personal loss. On this occasion there is so little one can put into befitting words. It seems they are always found wanting when they are needed most. His death is a great loss to the world. As great as is the world's loss -- how much greater must be yours!

Perhaps, it will alleviate partially the acuity of your sorrow to know that we are steadfastly working for Prof. Roerich's ideals in his name. We are determined to continue sowing the seeds, he advised. We shall be guided by the wisdom of his past advises. There is much work for us in the present and future. We shall need your wise counsel and deep understanding for many occasions. So, please take care of your health - that we may have your needed assistance at those intervals.

At last, the office is open for the practise of medicine. It seems a long time was required for that. The actual number of patients is small, as expected. But, I have high hopes that the near future will change this. At present the spare time is occupied by hospital work, locally and in New York.

I understand that Katherine has written to you about Mother Schafran. She is improved since a month ago. Her blood pressure has gradually fallen 70 points while on a strict rice diet. Now, she is taking a complete vegetable diet without salt nor milk. Although she has improved, her condition is not satisfactory to me. For she still continues to have heart pain on mild exertion. She is, at present, on a medicine which enriches the blood supply to the heart. Am considering the use of digitalis. If you have any suggestions for treatment, please know that they are welcome.

If there is any manner in which I can be of some help, please do not hesitate to call on me. Perhaps, you may have need of some medicines not available locally. If so, let me know and I shall be happy to procure them for you.

I do hope this finds you in good health, so necessary to sustain through this trying period.

With affection,

David
David H. Fogel

March 15
1958

Dear Mme. Roerich:

This is written to inform you about Inge. One month ago she started to have severe back pain which I thought might be due to pressure on the spinal cord. At the start of her trouble examination revealed no involvement of the nerves. Yesterday her back pain became worse. This time examination revealed that there is early involvement of the nerves in her legs. I feel she has some type of benign tumor which is compressing the spinal cord.

Inge has been partly informed of the above. We have curtailed some of her many activities. I will make an appointment for her to see a neurosurgeon in Stamford who is very good. I feel that a surgical procedure or some substantial operation is required to correct the trouble. Inge is anxious to receive the opinion of a neurosurgeon. However, most

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important is the advise & suggestions which
we will await from you. (David)

March 30

Dear Mrs. Lorick

Katherine has allowed me to read your recent letter. It was welcome and joyful news that Inge does not require an operation. We have been so worried since she persists in disregarding her own welfare while caring for others.

Thanks to your letter we have been able to impress upon Inge the need for her own care. From the news of your cable she has already been started on ultra-violet light treatments. Tonight she will start her first dose of strychnine. The bright picture in all this - is that Inge will make a genuine effort to rest. Arrangements have been made so that she is absolved from all household and manual chores. We shall do our utmost to exact her compliance with all the necessities for her complete cure.

I have informed Inge that she should try to sleep on a mattress which does not sag. In other words, to place a board

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between the mattress and the spring. We are told
this device rests the back better. Do you think
it advisable?

Little Katherine is now completely over
her case of pneumonia. We are now attempting
to re-build her strength. Today, we took
some pictures of her. Hope the pictures develop
well. Would you like one?

Our dearest Katherine is beginning to
regain her health. How joyous this is to all
of us. She has had such a difficult year
and it has taken so much of her strength.
But, at last, we begin to see her former
energy and strength return. She is still
troubled with herpes. The latter seem
always to develop before her menstrual
period. I have tried many "remedies" — all
to no avail. However, I now think that
her herpes are due to an allergy or
sensitivity to the hormones secreted about
the time of her menstrual ^{period}. We hope to
give her one of the new anti-histamine
(neo-antergan) drugs. Perhaps this will

prevent her outbreak of herpes. Do you have any suggestions on this? I am most anxious to have Katherine obtain relief, since her herpes are very painful at times.

Dear Mrs. Roerich, please know that I understand how very busy you must be at this time. Also how taxing and exhausting these times are to you. I sincerely write these lines so that you may know, - please do not address a letter to me. Instead, conserve your much needed energies for the trials ahead. Please know that the Teachings are a religion to me - which I hold very dear. My great sorrow is that my actions are not the complete pattern described in the Teachings. At present we are reading "Heart." It is ^a tonic to my soul and heart. After reading several paragraphs I feel as if I emerged from a bath - clean and exhilarated. "Heart" has been a very significant instruction for me. For, among my chief

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faults - paragraph 493 reveals what I believe
is my chief one. Enough of me -

We all wish so strongly and lovingly
for your good health. May the future find
your energies and strength only slightly taxed
by the awesome catastrophe ahead.

With Love

David

19
Oct. 6

Dearest Ed

Katherine has suggested that this be written to you. I do not wish to burden you since K. & I feel something is wrong, as reflected in the long interval without word from you or Olga.

Nevertheless, I am in need of your counsel & hope you can find time to offer it. It would be greatly welcomed & followed.

As you know Dr. B is in the U.S. & soon will leave. I have had the great honor & pleasure of being with him for a number of hours. His creed is one of service to his country & mankind. And this generous soul offered an attractive opportunity — namely, I should come to India & work for a ^{trial} period of 4 to 6 months in his scientific organization.

He desires the close cooperation of the research scientist & physician. Apparently, it does not exist. Perhaps, I can be one who can help in this respect. In practice, the opportunity would avail the equipment, scientists, drugs, & patients. It is an unusual offer. Dr. B was told that I had no wish for personal success, only to serve & contribute to humanity. There was no discussion of salary since it never entered our minds. He would like

AIR ~~XP~~
MAIL

to have me in India soon since there are already several drugs he desires me to investigate for medical usage.

Besides the great service this opportunity may be to cooperative science & humanity, it may afford another; namely a means or tool for the study of True medicine. If I am to undertake the latter in that cooperative plan there will be the great need of the Higher Source. I shall work diligently & selflessly to earn this Great Help.

The only factors which prevent my acceptance of Dr. B's offer are your approval & the situation on the farm. As the father now exists (apparently without the priest & his wife) I must remain in Conn.; for I will be needed for farm matters when Katherine leaves for India.

Also according to Dr. B. the work done by me in India can be taken to the U.S. for corroboration & collaboration. Thus, a closer tie between the countries can be established in that aspect.

Dearest O.D. all this is very wonderful to me but I knew it is due primarily to the generosity of Dr. B. & Katherine that this attractive offer is made. Yet, I can give it no real thought until I know whether

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The G. L. wishes this undertaking for me. Can I best serve in this capacity?

Would it be possible to let me know what is advised via cable to Katherine?

Katherine has been & is working very hard. Her stamina is amazing. She is constantly active & her motherly ministrations are being diffused among a widening circle of family. There are times when it seems impossible for her to continue without some physical catastrophe developing. The following day, she dispels this anxiety by her beaming, fresh & rested expression, again complaining about her hair. This complaint apparently is expressed when she feels better.

Belling was seen this week & his intestines are no longer troubling him. He looks very well.

I do hope this finds you & Inga in good health. You are sent many loving & grateful thoughts.

Affectionately
David

At the meetings were held, Belling, Madeline¹⁴
Lehrer, S & D. Mr. Belling greeted me as a long-
lost-first-found brother. He put his arm around
my waist etc, etc. & I told him to contact me
about getting some prescriptions. I informed him to
write the details on what I suggested for his
medicine & then he would have the prescriptions
sent. I have no doubt that we can keep him
as a friend. But, Lina will drive him away
sooner or later.

During the meeting Lina informed us that she
had received word ^{from India} that Belling's lawyers were dis-
honest. And she said, "This information came from
the Lord." Now, why does she have ~~to~~ to put
it in that fashion. It is known from whence it
comes — & if it is not then it is not nec-

What tremendous effort must be exerted in the present war.
G.T. & co. confirm a curious fact. In fact, it is the first American-Russian war. I
fear that it is the first & the last one. Of course there
is the personal element — I am fed up & flying
soldier. Sweetheart, please let me know at
the earliest moment when you hear from E & P
and thanks for the short note.

Belleme was finished yesterday. Although
some of the weather was inclement in June, on
the whole it was not bad. Yip, it was tiring.
But only physically, Sweet — when the fatigue
became too great, time was wasted to get
rest and that's all that was done for
July, I go into Belleme on Monday for the

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easy to mention his name. There is no question but that she dislikes Bolling intensely & behaves childishly to him. Bolling made the statement that he was advised by India. Lina interrupted & said "let us get the record straight - it was I who was told & then relayed the information to you, Mr. Bolling."

Another incident - I told Mr. Bolling I had no business sitting in on the A. of meeting since I was not a director. This, he could not believe & when I assured him it was true, while the others were present, he said laughingly "won't Mrs. Busch allow ^{I guess} to be a director?" I answered, "It appears so" & we both had a good laugh. Lina exploded & wrote & told Bolling scornfully "Perhaps we have some plans with that the matter was closed just what their plans are no one knows."

A question of money matters came up in which Mr. Bolling's donation for the rent on the building should be made & appear as a donation so that he should not have to pay taxes on this. Lina & Stanley were most diffident on how this could be handled. I championed quite vigorously for Bolling. Mr. Wood, strangely, had very little to say. The whole conversation 45 minutes, was nothing more than trying to make Lina understand simple issues.

In summary, one can say these meetings could be held in 1/3 the time if Lina & St.

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MAIL

3/ had the most elementary judgment & considered themselves only 90% infallible instead of 100%. Sina assumes the role of high priestess, as you know as for Dudley — I'm truly surprised that his views are not more constructive nor comprehensive. In truth, Sina & Dudley are children, sometimes ^{naughty} ones.

Please extract what you think & I might want to hear & write her. I do not want to burden her with a letter from me when she is not well. Sina & I looked ok.

Oh yes, I saw Mother's for 10 minutes — she, as usual, was not happy & asked that I send her love. She also had one request, which she asked very melodramatically, "I want to see the girls, once more before I die!" When I answered, ~~me~~ "me, too" — we both had a hearty laugh.

Just spoke to Em on the phone — Marta's sister just arrived. She is healthy but very fat. Marta's niece is on the farm at present. I will try to get to the farm on July 4th. There is too much for me to do before that.

Oh yes, Sweetheart, this is good news that Sina told us at the meeting. She & Dudley have already translated one-half of "Community" & I have the translation. "Community" must be finished before the end of the year as well as "Leaves of Mr. Garden, Vol II." Sina & Dudley have much work there. When Sina made the announcement that these 2 works would be

ready before the year was out, Mr. Bolling said, "I
 would like to offer the money for their publication." Sena
 sat up in her chair, looked down her nose at him &
 obvious scorn & replied, "we will see; There are others
 who want to help in this." I wrote about this —
 not to be a grapevine transmitter of these petty reactions
 of Sena — but to point out, Mr. Bolling has every right
 to wash his hands completely of Sena. And we know that
 his efforts are needed. I for one, would never condone
 these actions if I were Bolling. In truth, know that
 I'm most concerned that Sena will soon screw
 away Bolling — unless, we can cultivate him as a
 friend & keep his genuinely good & sincere efforts
 directed in the work. Please inform E & I that Sena
 resents Bolling's efforts in the same way she re-
 sents anything which does not originate & her.
 (Imagine, instead of thanking Bolling for his spontaneous
 generosity — she tells him scornfully "we will see ----"
 She is impossible!) I do feel that E & I should know
 this reaction & other towards Bolling — because Sena
 has been told to get along & him & she obviously can
 not. Also, Bolling perhaps can be encouraged by
 E & I to look more to us as his friends & co-
 workers. He helps considerably & I'm sure he can
 be of more help if he receives some consideration
 & friendship & understanding. I do not believe I
 am exaggerating the above points. Although Bolling
 won't seem to turn away from the work or ^{refuse} ~~just~~
 help towards it in the immediate future —
 There is the obvious possibility that he will

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 MAIL

change in the not too distant future if he...
must only work to be exposed to him now.
Please don't be upset by these incidents to Bolling &
Sonia — It is best that these be aired & recognize
the issues so that some constructive or preventive
action can be taken.

July 27

Sweetheart, This is not much of a day to remember
for the American newspapers & columnists are whipping up
much war propaganda. It is distressing & yet the course of
action is mandatory. What will the next few weeks or
months bring? In the meantime the Korean war is
crystallizing rapidly into a definite American-Russian war.

Since this letter is much of a book - it is
best to start closing — oh yes, last night I had
dinner at the Resnik's & present was Mr. Chas. Steger.
He is vice-president of Harry Winston, Inc. The latter
is the largest & most renowned jewel & gem dealer.
It is he who now has the Hope Diamond, once
worn by Marie Antoinette. Mr. Steger also breeds
Great Danes. He has a prize Dane he wants to give away,
(has 7 of them) — would take him for the farm, since he
is beautifully trained — but he eats 2 1/2 lbs of
meat a day. This dog could make much money as a
stud, too.

Write how you are. Hope you can write
through this in a couple days. So much love on
our day — do you catch my thoughts? They are
filled to love & healthful emanations —

All my love
Blair

and originally stolen from the eye of an East Indian child.

17
1380 Bedford St.
Stamford, Conn.
December 14, 1948

Dear Mme. Roerich;

Yesterday, I saw Mother Schafraan and took the opportunity to check her. I found her condition very poor. She has become unusually tense because of the changes which are in order. As a result, her angina now comes on more frequently and is caused by very little effort. (Her blood pressure is not high). In addition, she has a bladder infection which has caused her considerable discomfort.

The bad feature of her present condition is the knowledge that she cannot help Sina and Dudley with the necessary changes, due to her illness. Consequently, she feels she is hopelessly dependent and a great burden. She has taken to brooding over the situation.

This is written with the hope you may find the time to pen a few words to her. Your note would give her more than the necessary comfort and joy she requires.

Please know that we think of you ever so often and continually wish for your health and happiness. Hearty greetings for the coming holidays.

With great affection,

David

My dear
 Royal
 Charles
 Graham
 Sybil
 Frank
 Alice
 John

100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000

Dear Mrs. Location:

Yesterday, I saw a doctor, somewhat and took the opportunity to
 check her. I found her condition very poor. She has become in-
 capably unable to move of the changes which are in order. As a
 result, her spine now comes on more frequently and is caused
 by very little effort. Her blood pressure is not high. In
 addition, she has a higher infection which has caused her con-
 siderable discomfort.

The bad feature of her present condition is the knowledge that
 she cannot help find any relief with the necessary changes, and
 to her illness. Consequently, she feels she is helplessly de-
 pendent and a great burden. She has taken to brooding over the
 situation.

This is written with the hope you may find the time to send a few
 words to her. Your note would give her more than the necessary
 comfort and the relief.

Please know that we think of you ever so often and continually
 wish for your health and happiness. Heartly greetings for the
 coming holidays.

With great affection,

Frank

Charles

April 10, 1949

Dear Mme. Roerich:

Katherine and I went into New York yesterday. We passed a most enjoyable afternoon with Sina, Mother Schafran and Dudley. All of us discussed at length the inevitable catastrophe for which we have made some preparations. It was a joy to behold the complete absence of tension among all. Personally, it was the first time that I have ever seen Dudley, Sina and Mother Schafran calm, all at the same time.

I thought perhaps you would welcome the tidings contained in this letter since it is really a health report about your loved ones and it is a favorable one, too.

Dudley has never looked better. He appears years younger and his face and mannerisms are truly serene. There is no longer any pain over the gall bladder and his heart is normal, except for a slight elevation of blood pressure. He has been urged to use the present time to adhere strictly to his diet, rest, walk and attempt to correct his posture. He is immensely stimulated by and interested in his new courses.

Sina looked well, except for the remaining signs of a recent cold. She was cautioned to return gradually to her daily routine. The next days will be difficult for her because of the few who will ask - "We did as you advised. Why didn't something happen?"

Mother Schafran appears much the same and continues to have angina on effort. However, her mental outlook is much better since she now prepares the food for Sina and Dudley and feels she is of some help in this trying period. No doubt her cooking has greatly contributed to Dudley's gain in health since she prepares the foods allowed only by the diet.

Ingeborg is much improved. The pain in her back is now confined to a small area and occurs at infrequent intervals. Fortunately, the pain no longer occurs at night so she can sleep now. Inge has been following your advices strictly. Without the stimulating effects of coffee, tea and her inner energies one can see how really tired she is even now. I do feel it will be weeks before the tender spot in her back disappears.

Katherine continues to feel well. She is doing much work about the house since Inge's illness. It seems to agree with her for her mood continues to be loving and buoyant.

Little Katherine now goes to school. She is completely over the effects of her pneumonia. She is a very lovely and lovable child who gives untold joy to all. It will be a sad day for all of us when she returns to her parents.

AIR 3P
MAIL

Panasenko is now enjoying the farm to the fullest extent. His heart does not seem to bother him at all. He has much to attend and we must restrict his activities repeatedly since he wants to work all the time.

Marta Sturans was examined. She is not a very robust person and there are several conditions which we are now trying to correct. She must definitely be seen by a dentist. In addition, she has a slightly enlarged heart with high blood pressure and marked hardening of the arteries for her age. However, she has shown considerable improvement since her anemia has been under treatment.

This is a personal comment which may interest you. About one year ago I read in the Teachings that there would be a new malady characterized by a throat irritation. This past winter I have seen and heard of many such cases. I can not recall a similar type of illness. If neglected, this throat irritation - usually accompanied by fever - develops into a diarrhea, pneumonia or neuralgia. It seems to be caused by a virus. Therefore, I have given to several patients the new drug, Aureomycin. The latter apparently clears the condition.

Again, my work at Bellevue Hospital, New York City, resumes. During the month of May I must attend Bellevue Hospital every day, including Saturday and Sunday. Am trying to rest this month for the daily trip to New York next month.

Hoping this finds you well and rested and with fondest Easter Greetings,

Love,

David

AIR 18
MAIL

20
May 8, 1949

Dear Mme. Roerich;

This is written to let you know that Katherine read to me your last letter. Please know that I am deeply grateful for all the advices and instructions. They shall be followed to the finest detail. Rather, I shall make every effort to do so.

During the month of May I must go into New York daily to work at the Bellevue Hospital. Therefore, your advices will be acted upon beginning June 1st. In the meantime the required food and medical items will be obtained.

Inge has had 2 episodes of marked pain in the solar plexus region; the last one occurring 2 weeks ago while taking 7 drops of Strophantus twice daily. She now follows your latest advice and has no ill effects. She continues to improve slowly. We are all so happy with her good progress. Inge feels so well she occasionally forgets she is a "sanatorium patient". She still has some aches in her back so the light treatments have not been resumed yet.

Katherine has been quite miserable with a severe case of poison ivy; contracted while clearing weeds from her flower garden with bare hands. She used your prescription of cocaine, talc and rose water with great relief of itching. She is still looking for a "herd of goats", one of which is due to arrive next week.

Katha is very excited and happy about her horseback riding lessons. She has had three already and is a very apt student. Her great love for horses is responsible for the extraordinary progress made.

Recently, the American Heart Journal had an article written by two doctors from Cairo, Egypt. They described a new drug, khellin, which is a great help to people with coronary heart disease. An air mail letter was sent to Egypt with the hope some may be secured in order to help perhaps Mother Schafraan. Do you feel this new drug is harmful?

Martha has had all the diseased teeth extracted. Panasenko is working his large vegetable garden. Unfortunately, he has pain in his right shoulder and back which has been present for many years. This seems to be due to a large growth over the upper spine, which he has had for some twenty years. I am weighing the possibility of eventually having the growth removed.

With deep appreciation and great affection on this, Mother's Day,

Love,

David

AIR 12
MAIL

21
June 12, 1949

Dear Mme. Roerich;

Yesterday, Katherine, Marta and I attended an Agni Yoga meeting which as usual was thoroughly enjoyed by all. Prior to the meeting we had a short visit with Mother Schafran, Sina and Dudley. We are so very sorry to learn that you had been ill. We hope you are completely recovered and as always wish deeply and constantly for your good health.

Sina and Dudley appeared to be very well. Mother Schafran is as usual. Since she is cooking for Sina and Dudley her mood is gay and cheerful, feeling that she is not a complete burden to her children.

Marta has finished the course of penicillin and appears to be improving all the time. Inga is now taking light radiation three times weekly. For the first time color has appeared in her face. For the last two days she has been nauseated. It was suggested that she omit one dose of strophantidis. Her improvement is apparent to all, although there is still an underlying nervous tension.

Unfortunately, Katherine continues to have her herpes which are quite painful. Enclosed is a snapshot of Katha which I feel is really the child.

About myself--the advised routine was started; even the strict discipline is attempted. At present, one week of the milk diet has been completed in which seven pounds of excess weight were lost. I feel so much better! My only unpleasantness was the first dose of lithium which had a marked effect. I am continuing the strict milk diet for another week before any change is entertained. Please be assured of the sincere and deep gratitude for not only your interest but also the genuine improvement in health you have made possible.

With ever constant thoughts for your good health and with great affection,

David

P.S. Katherine has just informed me of the wire received today concerning the few second light radiation for Inge and the light diet for me. Again, warmest thanks for your counsel.

22
July 27, 1949

Dear Mme. Roerich,

Katherine told me about your last cable regarding the use of plain arsenic. Have made many inquiries about sodium cacodylate. Unfortunately, it cannot be obtained freshly made. Following your cable advise, it was learned that arsenic trioxide is available. As you know this is a powder which is taken by mouth. The daily adult dose is 1/60 grain or 1/30 grain in capsule form. Can we use this preparation and dose instead of cacodylate in the previously advised schedule of treatment? Of course, Katya would receive one half the dose. We will await your answer before starting the arsenic. Are there any books that I could read to become better acquainted with some of the advised prescriptions?

The weather has been hot and humid for several weeks. Because of this it is hard to evaluate the state of health. However, I do feel that Inga is much better. No doubt, she will tell about her condition. She tolerates light exercise and short auto rides very well. Panasenko is taking strophanthus and yesterday he began to complain of some stomach pain. He was advised to take his medicine while at rest. Katherine continues to have her herpes. The weather has prevented her from obtaining her much needed rest. Marta looks well and is now on the diet prescribed for all. Katya has been tired and upset this past week; I think due to the heat.

Enclosed you will find a newspaper clipping which explains in part the current interest of American doctors and also myself. It seems the higher the cholesterol content of the blood the more prone one is to have coronary thrombosis, high blood pressure ^{AND} arteriosclerosis. Before all went on the advised diet, blood cholesterol determinations were made with the following results:

Panasenko	320	
Aunt Emma	290	Normal Range;
Marta	260	150 - 260
Inga	220	
Katherine	208	

After some 3 months of diet my cholesterol was 150. (I am feeling well for the first time in years. But I must continue to work at self-discipline) The above determinations will be repeated every 1-2 months. What the answer to the problem is I just don't know. But it seems that animal fats, eggs, emotions and the pituitary gland all play a part, in the development of arteriosclerosis and its complications. Your advises regarding diet and calmness are really at the basis for the probable causes mentioned. Is there any information you can give or have me study in better understanding the problem? It would be so genuinely welcomed.

May this find you well and rested. With great affection,

David

1380 Bedford Street
Stamford, Conn.
September 5, 1949

Dear Mme. Roerich;

Your advise for Katherine and Inge was such good news for me. They have both needed a vacation for some time. In the face of coming events they were reluctant to leave for a holiday. Now, they are filled with so much joy in the contemplation of seeing you and visiting Switzerland.

At the present writing Katherine is having one of her severe episodes of Herpes. Inge is feeling very well and does too much work about the house. Panasenko is looking much better after an episode of angina pectoris. Katya and Marya (Marta) are well.

All, including Katya, are taking Nux Vomica and Fowler's Solution. These medicines are freshly prepared. Because of her Herpes, Katherine was advised to temporarily discontinue her medicine.

Sodium Cacodylate was obtained, although it is not freshly prepared. It is being given to one of my patients. Truly, I am very happy that the Cacodylate was not given to the family here since it appears to be a painful injection. Painless injections are terrifying to Katya and Panasenko, and are most undesirable to Katherine and Inge. Marya confesses a liking for injections.

Thank you so very much for your letter of August 9th. Isn't it possible that the American people consume such excessive quantities of animal fat and cholesterol that his Arteriosclerosis is accelerated or premature? Do you feel that Arteriosclerosis per se is caused by imperil which precipitates the poison associated with the condition? Modern scientific thought looks upon Arteriosclerosis as the "inevitable aging process" -- to which belief I do not conform. The specific urine odor and crystals mentioned have not been encountered, although the search for them has begun.

At last the weather has turned cool. Our past summer heat and humidity established some sort of unwelcome record. For the past month I have had another doctor's practise. He is a nationally known diagnostician and heart specialist who will vacation for another 2 weeks. It is gratifying to be entrusted with his voluminous practise. It is keeping me confined, welcomely busy and medically stimulated. Unfortunately, the reading of the Teachings has lagged which is partly due to reading the autobiography of Gandhi. The book is so honest, clear and filled with so much humility that it leaves one ashamed of his so-called civilized and Christian demeanor. His quest for the truth is exhilarating.

Again, thank you for your most welcome advises. With all warm and joyous wishes for your good health and,

With Great Affection,

(over)

David

AIR MAIL

1500 Bedford Street
Stamford, Conn.
September 3, 1919

P.S. Just a few words to let you know that
the required certificates for vaccinations will be
accomplished by me. Actually, the injections are
necessary for return to the United States. Be
assured that your cable advice will be
followed regarding the vaccinations.

All, including Kavya, are taking the vaccine and looking well.
When these medicines are freshly prepared, because of her
disease, Kavya was advised to temporarily discontinue her
medication.

Robert Goochill was obtained, although it is not freshly
prepared. It is being given to one of my patients. I am
very happy that the Goochill was not given to the fam-
ily. It appears to be a painful injection. I believe
injections are necessary to Kavya and Kavya, and the
most important to Kavya and Kavya. Kavya confesses a
liking for injections.

Thank you very much for your letter of August 28th. I am
glad to hear that the American people consider such extensive
injection of animal fat and cholesterol. I am glad to hear
that it is considered an important part of the diet. I am
glad to hear that it is considered an important part of the diet.
The patient associated with the condition of Robert Goochill
thought looks upon Anticholesterol as the "inevitable" thing
process. -- so which better I do not conform. The specific
value of the patient mentioned have not been encountered.
I should like to see the section for them has begun.

At last the weather has turned cool. Our patient, Kavya, has
been established some sort of reasonable record. For the
past month, I have had another doctor's opinion. He is a na-
tionally known physician and heart specialist who will
vacation for another 3 weeks. It is interesting to be interest-
ed with his voluminous practice. It is Kavya, we continue,
with my day and monthly administered. Unfortunately, the
resting of the Kavya has been which is partly due to
resting the autobiography of Kavya. The book is so honest
of me and Kavya with me much difficulty that it leaves me
reached of his so-called civilized and Christian democracy. His
quest for the truth is exhausting.

Again, thank you for your most welcome advice. With all
warm and joyous wishes for your good health and

With Great Affection,

David

(over)

Nov. 15th 24

1912

Dear Mme. Roerich

Last week Marka and I attended an Agni Yoga meeting in the new headquarters at 319 West 107th St. It was the first time the house was seen.

Dina & Hedley have really done a wonderful piece of work. Prof. Roerich's paintings are hung in very good taste. It is the first time I have ever seen the paintings hung to such excellent advantage. It is really a joy to view the thought and love which attended the hanging of the pictures.

The large portraits of Prof. Roerich and yourself occupy very central places. One can not help but observe them — yet, one just expects that the portraits should be there. They add so much warmth and color to their respective rooms which are painted in very light colors. (No doubt, Dina has written to you about this.)

The Agni Yoga reading was done in the room where your portrait hangs. It is so placed that your image looks upon the audience. I, for one, continually looked at you, feeling you were with us and would speak to us at any moment. You seemed to permeate the entire room with the benevolent love,

AIR  MAIL

patience and beauty which emanates from your
fascination. What a joy it must be for you to know
and see the new headquarters undertakes its first
program. You would be so very pleased with it.

Ira and Dudley still have much work
to do. They are very tired from all the manual
labors they had to perform. It appears that the
arduous work is almost over. They were given
an address in New York from where they can
obtain Hospital & Medical insurance which is a
great security. Also, a very substantial financial
saving in the event of an illness which re-
quires Hospitalization.

Mother Schepman had a very bad attack
with her heart. She looks fair and retains her
sense of humor. The joy she has with the new
place appears to be her best medicine. Her
tenacity for life is remarkable.

Katherine has kept me posted about
Dora. We all hope so strongly her recovery will
be complete in the very near future. It must
be a great disappointment to her that she must
miss the trip to India. Yet, she will have the
joy of the trip through Katherine. The latter
is now realizing the hope and dream of a
lifetime. And we are all so very happy for her.

AIR 38
MAIL

All of us are awaiting so impatiently her return so that we may know of the future work for us in the new world. To know that "the difficult forbes" are behind us and the joy of our work and in our work begins!! May we all & individually live up ^{to} and honor the role we will play!

Katherine has told me that you have sent a book to me. Thank you so very much. It has not arrived. When it does a prompt acknowledgment will be sent to you. Please know that there is so much gratitude for your many personal considerations and care given to me. May the very near future afford the opportunities to reveal by concrete actions some measure of this gratitude.

With loving thoughts
David

P.S. Have requested Katherine not to ask you for medical information about heart trouble since the opportunity to act upon your advice does not seem present. May I have the privilege of doing so when that opportunity may present itself?

Jan. 3

27

Dear Mr. Loeck

Yesterday, a visit was made to the Todicks and Mother Schapan. They are all so much better since the previous ^{week}. It seems the ARCA recital was primarily responsible for their improvement since they had a really good affair. The people who attended the function were all loud and enthusiastic about the recital. So Linn & Dudley feel they have accomplished something.

They are very impatient to have their new quarters become a hive of activity. Of course this takes time and they do not seem to have the patience. Perhaps they feel disillusioned because they expected so many friends to flock to them upon the opening. Whatever it may be, I feel that they are lonely & have need of talking to and seeing people. So, I shall try to see them as often as possible with the hope some-

thing may be impressed upon them.

That patience is required in their new

AIR 12
MAIL

quarters.

Dudley's sprained back is better & he has been persuaded upon to take some Citralgen pills for relief. Mother Schapan is the same - Nina looks fine.

Thank you ever so much for all the advice & information given to me. Please know that every effort will be made to justify the faith and interest extended to me. The article on Shrothman has been tentatively translated; a Russian grammar has been obtained and am now finishing the second book on Paracelsus. Will soon begin reading about the hermetic system.

Marta has begun to translate from Russian to English, the book Community. She does very well. Am so proud of her! She is such a remarkable person; intelligent, cheerful, versatile, inwardly calm, loving and ever so generous. So many heart-felt thanks to you for sending Marta to us. She is unquestionably a gem.

AIR 10
MAIL

with all her attributes and complete devotion to the work she will accomplish much in that direction. At present she is learning to drive a car which is so important in our vicinity. But after this it will be urged upon her to learn to type in Russian. A friend has a Russian typewriter. Once she learns that, we hope letters to you will be written on this machine, hoping to spare your eyes & consume less of your time.

We are greatly concerned that you are so tired and work with such inferior spectacles. Would that we could be of concrete help to you at this moment. Please tell us if we can help in any fashion.

With loving thoughts & great affection
Blair

Jan. 5-14 30
1950

Dear Mme Ruerich

Am enclosing some bulletins on the newest anti-biotic medicines. No doubt you are familiar with streptomycin and aureomycin.

The latest is chloromycetin which is still not available for commercial use. Am sorry that the print is so small but I hope Katherine is still with you when these arrive. She will help you with the reading.

Will hasten to mail these so you may receive them early.

Just spoke with Lina over the telephone - she is better, more rested & seems to have enjoyed our visit of January 2nd.

With loving thoughts for your health & happiness and with great affection

David

AIR MAIL

31

REGISTERED
3833

VIA AIR MAIL

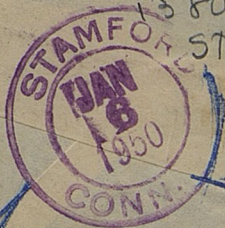
REGISTERED

Mme. H. Ruerich
"Crookety"
Kalingpong, India

D.H. FOGEL

1380 BEDFORD

STAMFORD,



Stamford, Conn. Jan. 15, 1950.

32

Dear Mme Roerich:

This letter promises to be rather long, since it will be typed by someone else, in addition to the fact that some fairly recent events in the field of medicine will be described. I hope you may find them interesting and that Katherine may help you with the reading of this.

The phase of medicine focusing on the glands of internal secretion has arrived. This has been brought about by the introduction of a drug known as "Cortisone". The latter is an extract of the adrenal gland.

The history of Cortisone briefly is this: Dr. Hench and Dr. Kendall, Mayo Clinic, began looking for adrenal hormones during World War II. They hoped to find more potent adrenal gland preparations for use in Addison's disease, where the adrenal gland secretion is greatly diminished. They finally obtained an adrenal gland extract which they called "Compound E". The latter was found to be absolutely without effect in Addison's disease. Quite by chance they gave this drug to a patient with severe rheumatoid arthritis (the crippling variety seen for the most part in younger people). The effect and relief were extraordinary. The fever came down and joints which had not been used for years could now be moved without pain. The drug was further given to patients with rheumatic fever and a host of other diseases which primarily effect the Collagen tissues, connective tissues of the body, with great improvement.

The problem which presents itself in this respect is the synthesis of Compound "E", whose price is exorbitant. Dr. Kendall was able to synthesize the drug from Ox bile. This is the preparation that is now being used, but again it is much too expensive. At present the scientists are in Liberia, Africa, trying to manufacture the drug from all types of Strophanthus. They have had no success at all and an inexpensive preparation seems remote. The trade name of Compound "E" is "Cortisone". The implications of this drugs are profound, since it is making obsolete modern knowledge of physiology of the adrenal gland and opening up an entirely new approach to the study of incurable diseases whose causes are unknown.

An extremely interesting parallel to Cortisone is the injection of Adrenocorticotrophic hormone in the same conditions listed above. The remarkable effects are just as striking with this drug. This one is an extract of the pituitary gland which stimulates in turn the secretion of the adrenal gland. Again the drug is very expensive. This and Cortisone are still in the experimental stage and it is not known what adverse effects may be experienced from continued use of them.

Enclosed is an article which is focusing on the most recent treatment on Coronary Thrombosis. It is interesting that the new drug was discovered in Switzerland. The drug which gave impetus to the treatment in question is Dicumerol, whose history is interesting. In 1921 a hemorrhagic disease of cattle was found to be caused by eating spoiled hay. It was named "Sweet Clover Disease". It was found that there was a reduction of the pro-thrombin content of the blood. This constituent is needed for normal coagulation of the blood. After 7 years of work, Prof. Link, University of Wisconsin, isolated the ^{factor} effect in the spoiled hay and was able to chemically synthesize it, calling it Dicumerol.

CAUSING THE HEMORRHAGIC DISEASE

Dicumerol is given in all conditions where Thrombosis of blood vessels takes place; the rationale being the further prevention of the Thrombosis. At times it is given where no Thrombosis has occurred, but as a preventive measure. The drug acts after a latent period of 48 to 96 hours by decreasing the coagulation time of the blood. Unfortunately, one must take a daily dose of venous blood from the patient (about 2 teaspoonsful) in order to

PREVENTING HEMORRHAGE

measure the pro-thrombin time each day. This is necessary since the following day's dose of Dicumerol depends upon the exact reading of the pro-thrombin time.

Dr. Irving S. Wright, in a large series of cases of Coronary Thrombosis has reported that only 11% treated with Dicumerol die, whereas formerly 20% died who did not receive Dicumerol.

I do not think Dr. Irving S. Wright's series was rigidly controlled, since the patients untreated with Dicumerol did not receive the daily withdrawal of venous blood (about 2 teasononsful). Since this treatment extends over a 4 week period, the total amount of blood withdrawn is more than 1 pint. Perhaps the favorable response in the Dicumerol treated patients is the result of small daily withdrawals of blood. This, of course, is in keeping with the old medical practice of "Barber Surgeons" who tried so many of their illnesses with repeated Venesections. This view is not entertained by any one that I know and it has been in my mind for several weeks. It would be an interesting experiment to actually have a large number of cases of Coronary Thrombons treated only by daily Venesection (withdrawal of venous blood) over a period of 3 to 4 weeks.

Sometime ago, I wrote about a new drug, Khellin. This was discovered by Dr. Anrep in Cairo, Egypt, who reported excellent results in the use of Angina Pectoris. If you recall, I had tried to obtain some of it, without success. For the last year, it has been extensively studied by scientists in the United States. Nothing has been published in the American literature concerning this drug. It has been learned from a prominent heart specialist in Stamford, also interested in Khellin, that the drug in its present form cannot be used. Almost every patient who receives the drug has a very bad reaction. What the future status of Khellin will be, only time will tell.

This is certainly a long letter, which I sincerely hope is not too tiring. Please let me know if this sort of information is of interest. In the event that some of the above is not clear, please do not hesitate to ask for clarification. If at all possible, I shall try to ascertain more or clearer information for you.

With great affection and loving thoughts,

Love
David

January 27, 1950 34

Dear Mme. Roerich,

Your most welcome letter was received and it gave much joy. Even with Katherine's help, it is understood that the letter must have been an arduous undertaking.

I was very happy to learn from you that Katherine has improved greatly. Frankly, I do not believe that she tells me all the details about her health. Yet, I have had the impression that her continual gain in health was not entirely uneventful. It is really grand that Katherine has been able to remain much longer than originally planned. For your mutual joy must be so much the greater! We, at home, have our measure of joy in knowing this.

All were distressed to learn of Inga's fall. It is surmised her right wrist was injured since no mail has been received. It is hoped there will be no aggravation of her back injury.

Much thanks for all the Indications and Advises. There is no major question that can be raised at the moment. There is so much to study before relevant questions can be asked. And I have studied very little. However, an important consideration is the Vagus nerve terminals to the abdominal organs. Hardly anything is known of this in American medical books. This also pertains to the Solar Plexus. So, the recommended books are greatly anticipated.

Mention is made of Salve with almond milk as the best remedy for irritation of the intestine. We speak of the term salve as any ointment. It is understood then that "Salve" is a specific kind of ointment which is not known to me. Could you give more information on it?

To date I have had no success in detecting cholesterol crystals in the urine of Arteriosclerotic patients. It is probably due to faulty technique which centrifuges urine and the sediment is then examined. Will try to crystallize with 95% alcohol.

My trip to Switzerland presents one difficult factor at the moment; namely the new departure date, March 21st. But, something will develop to take care of this.

Yesterday, a meeting was held to decide on the incorporation papers. As a preliminary background, one must bear in mind that federal and state govt. are more strict with the issuance of these papers. Now, they are used more often to hide individuals' profits. And, worse yet, educational institutions like New York University actually operate private industry (spaghetti factory, etc.) to make substantial profits which cannot be taxed by the govt. since the industry is owned by a tax-exempt, educational institution.

It is for these reasons, not explained by the Bolling lawyers, that additions were made to the draft model of "World League of Culture". At least Mr. Weed and I felt that way.

AIR 18
MAIL

The opportunity was presented to read all the correspondence concerning the incorporation papers in question. I have the firm conviction that Bolling's lawyers are doing a very commendable job and that they are very thorough in their efforts. Sina's overly-cautious attitude, which is understandable, occasionally prevents her from grasping the beneficial ideas and motives of others.

The points in question were quite simply solved in the following manner:-

1. Instead of using the word and in the phrase, "charitable, religious, scientific, literary and educational" - - it would read and/or.

2. The clause "dissolution of asstes to a similar organization, etc" - - is corrected to read the dissolution will be accomplished by the Trustees.

3. It will be Roerich Foundation, Inc. rather than Roerich Institute, Inc. The latter name might call for further regulation by a governmental, educational agency.

These points will be sent to the Bolling lawyers for final inclusion in the incorporation papers. It seems most unlikely that Michigan State law will refuse them.

Dudley looked very well. Sina had a badly-cut finger which is well cared for. Mother Schafran was seen for a fleeting moment as I had to rush off.

A letter was sent to Mr. Bolling in an attempt to encourage a meeting between us. Enclosed is his acknowledgement, for what it may be worth. In the event he can be seen, please be assured I shall try to cultivate a friendship. The difficulty in this effort is Sina who discourages his association with others in the group, as you may know.

There is much hard and constructive work that must be done. May I prove equal to the given opportunity and faith!

Thank you for your thoughts and wishes.

With heartfelt sincerity and loveto all,

David

AIR MAIL

Feb. 8

36

[1950]

Dear Mother

Many loving thoughts for your birthday. I know that you are sent them throughout the year, hoping they will help to keep ^{you} in good health & joy.

Please accept the enclosed. You & others must have need for some miscellaneous items. It would give me much joy if you did. And it is only a small way in which I can repay so much that has been given to me.

Last October was spent in Virginia Beach. I studied the original Edgar Cayce, medical records. There is a vast difference in the medicine I was taught & what Edgar Cayce received.

Yet, I have a fir grasp & understanding of it, now — which I did not before. It is a great stimulus to read these records & learn True medicine. Some of the advised therapies have been put to use. The patients are pleased with results.

The Cayce group, headed by his son, wish me to work with them. They have arranged to send me ^{true} copies of the readings. I will index & help to analyze them. There

AIR MAIL

about 12,000 of these medical readings. I have found that the accepted condition of "Ulcerative Colitis" is entirely different from what allopathic medicine believes. This type of medicine (I was placed in it) considers the problem hopeless. According to the Cayce records, it is due to an incompletely - healed intestinal flux. It responds to a fusion of wild ginseng & wild ginger. There are several patients I will treat with this. The wild ginseng is difficult to obtain.

It is such a joy to have Katherine & Lya back. No doubt, they keep you posted about little George - he is loved by all.

From time to time will send via Katherine information of interest about the Cayce records.

Please do not write - save all your energies to be well & strong

Love

David

38
April 14, 1950

Dearest EI,

There has been so much to do that time has been very scarce. Yet, this is no reason for being so late in acknowledging your kind and most welcome remembrances. The ivory letter opener is beautiful and so very useful. And thank you ever so much for the picture of the Teacher. It is in a locket which also contains the picture of Katherine you like so much. The locket rests in the shirt pocket over my heart. And it is always with me.

We have been very worried because of your recent illness. It is indeed good news to know that you are better. We all hope you are completely recovered and send you so many loving and health-giving thoughts for your continued well-being.

Katherine speaks of you so often and with such great love. It is a joy to see her heart fill and her face illumine when she merely mentions your name. She is complete happiness when she can speak of you at great length. Her thoughts are with you so much, always surmising or questioning what you are doing at the moment.

The portraits of you and Katherine are truly beautiful! For the moment my room has the portrait of Katherine in the orange colored blouse and white shawl. It is the best of Sevtic's four portraits. In Katherine's room is your lovely portrait. I find myself just going into Katherine's room to look at your likeness. Someday, I hope also to have a likeness of you in my room. At present, it is most fortunate to have you both so close and so constantly.

We have been doing much reading, almost all of it about the Teachings or related to it. Dr. Overstreet's excellent book, "The Mature Mind", was completed. Manley Hall's "Twelve World Teachers" was also read. This is very basic reading but most necessary and desired. The wonderful book by Sister Nivedita about Vivekananda was also finished. Most of this book was read aloud with Katherine - and it was a mutual joy, education and inspiration. Also read were excerpts from the "Mahatma Letters" and "Isis Unveiled". At bedtime and upon awaking "Heart" is read. If only some of these wonderful philosophies and advises can be absorbed and become the yardstick of daily actions. At the end of the day, self-inventory finds our actions so short of the attempted ideal !!

My experience with Swiss medicine and doctors has been mixed. Much time was required to establish medical acquaintances. Also, the Easter Holiday week put a halt to all activities. It has been only since April 11th that the medical doors have been open to me. Swiss medicine is greatly influenced by America and the doctors look to the U.S. for the latest developments. At first Swiss doctors were suspicious when told I wanted to learn from them. Now that they have opened the doors, a flood of desired material has come to me.

The Ultra-sonic machine has been seen and discussed at great length. I have many German articles on it. Also, a scientific paper, describing its use in 9,065 cases of various illnesses. It was fortunate that I was able to speak with the technician who has given about 5,000 Ultra-sonic treatments. The inventor of the machine, Dr. Paulman, is in Berne. If there were time, I would like to see him as well as study some other aspects of Swiss medicine.

There is a smaller Ultra-sonic machine which sells for \$1,000. This machine has now replaced the former larger one which is priced for \$2,500. It will be sold in the U.S. by a firm in New Jersey.

The presently-known, physiological action of the Ultra-sonic is its penetrating, massaging effect and its capacity to dissolve oils in water. Could the latter possibly dissolve the sediments of imperil in the body fluids and then be excreted???

The acquaintance of Dr. Marc Lob was made. He is one of the head doctors in Internal Medicine in the Hôpital Nestlé of the University of Lausanne. He has made several things possible, including daily visits to interesting Hospital cases. These have been most instructive. One is surprised to find so many cases of tuberculosis in Swiss.

The new drug discovered here in Swiss called Tromexan is an anti-coagulant. It is the same sort of agent as the American drug, dicoumarol - only it is superior. This is being studied. It was a surprise to learn that the University of Lausanne Hospitals do not recommend Strophantus to be taken by mouth. They claim it is not absorbed by the intestines, so it is only given by injection.

Inga's doctor was seen and he talked about her case. The diagnosis is Osteochondritis of the spine (Scheuermann's Disease). It is the first time I have ever heard of this illness. The doctor was pleased with Inga's improvement but did not know what would develop in the future.

It will be saddening for the moment to leave Katherine and Inga. But the time will pass quickly and they shall return healthy and happy in spirit and body. How much rest they both need now!! And how much Katherine gives of herself to others! There are times when there is deep guilt because I take so much of her that she can not afford to give.

Please, again be reminded that no answer to this is wanted. And please tell Katherine whether my letters are too tiring for you. Your energies must be conserved and I shall not feel a personal slight if informed that my letters are a burden.

This time in Swiss has given much joy and knowledge and, I hope, some very necessary spiritual growth. It has been a heart-gladdening experience to come to know you through Katherine. May the time arrive shortly when you will be known in person!

With loving thoughts and affectionate gratitude,

David

40
May 6, 1950

Dearest El,

It has been only two weeks since my return. It seems much longer! The first week was spent on the farm helping with some of the responsibilities. During this time, it was surprising to see that Katya adjusted quickly to the change. One wondered whether she were ever away. Katya seems to appreciate the farm more than ever. All remark about her great improvement in health and spirit. She has an inner joy which is most contagious.

After Switzerland one can observe that the people here resemble charged dynamite. And in truth they are! For they explode so easily and violently. This is especially noticed in New York City. Is it not strange that in this atmosphere is located the headquarters of the United Nations??

On May 1st the patients began coming to the office. In my absence they all behaved well, except one who had a stroke at the age of 83. At this rate, perhaps I should remain away longer??? A note was sent to Sina announcing my return. As soon as time allows they will be seen.

The data on the Ultrasonic machine was presented to Dr. Richards, Bellevue Hospital. He is the Director of our service. Dr. Richards will try to interest the Orthopedic specialist of Columbia Univ. Dr. Resnik, Stamford, was also informed and he advised contacting Dr. Howard Rusk, Bellevue Hospital. Dr. Resnik practises here in Stamford. He is an Internist of national reputation, although not connected with any University. He has been most helpful.

It has been learned that the Ultrasonic machine can be obtained in the U.S. - but only for research purposes. The anti-coagulant, Tromexan, which is commonly used in Switzerland, can only be obtained in the U.S. for research purposes.

Here, the greatest emphasis still is focused on Cortisone and ACTH (Adreno-cortico-tropic Hormone). Enclosed is a short article by Dr. Thorn on this study. Another important trend in American medicine was given impetus by Dr. Selye's theory, The Adaptation Syndrome. The latest anti-biotic drug is Terramycin. If a more comprehensive review appears, it will be forwarded. Please let me know, THROUGH A FEW WORDS TO KATHERINE, whether the enclosed material is of interest.

Some time ago, it was mentioned that a new apparatus for the detection of heart disease would soon appear. Enclosed is an apparatus advertising such. Could this be the machine in question? A question which recurs is the use of the Ultrasonic in Arteriosclerosis. It was mentioned that mechanical stimulation to the Arteriosclerotic patient could be harmful. One wonders whether the Ultrasonic would be harmful.

Katherine has written that she has again been cautioned to rest and diligently take care of herself. It is good to know this - since she always takes her health very lightly. Just as soon as she stores a little energy it is expended completely. One finds that Katherine must be continually reminded of her health which

AIR 12
MAIL

she generously discards for others.

So many times I have thought of you, hoping that you are in good health; also wondering if suitable spectacles were ever received. I feel much guilt to always receive from you and giving nothing in return. Is it not at all possible to be of any help or service to you? Surely, there must be something that can be done for you! Please write to Katherine and she will convey your requests. You will give great joy if there is something that can be done for you. Please grant the favor of serving in some manner.

Since returning the weather has been continually rainy and dull. Today is the third day that some sun was seen. Soon, I shall leave for the farm and have the joy of seeing Katya. Perhaps some quiet reading hours which are coveted.

Katherine's Aunt Emma has been helping in the office these last 2 days and has been a great help to me. She has just returned from seeing a motion picture - so we shall have to leave for the farm.

With so many loving and heart-felt thoughts for your continued health

Lovingly,

David

AIR MAIL

May 14, 1950

42

Dearest EI,

All week it had been planned to write a few words to you, Sunday, May 14th - the day after the Agni Yoga meeting. It happens that today is a special occasion. For in the U.S. it is Mother's Day. On this Day and all days loving thoughts are sent to you. May you be well and strong for the future achievements and soon have the happiness from them.

Marta and I attended the A. Y. meeting. One is always impressed with the reading room. It is light, clean, quiet and Prof. Roerich's paintings give it a dignified beauty. Marta obtained a mixture of blue iris and yellow gladiola which were placed beneath your portrait. Also, there were lilacs and Dudley got some lovely red roses. You would have enjoyed the flowers. They were beautiful.

We read from Fiery World III. As always it was ^{AN} enriching experience to me. A question arises regarding the use of the word, "domination", paragraph 27. Do you not think it should read "dominance" or "pre-dominance"? Sina announced at the meeting that Community was being translated, but it will not be ready in the near future. Its completion is eagerly awaited.

Sina, Dudley and Mother S. looked well. This was surprising when it was learned they had undergone a recent, emotional ordeal. They appeared calm. They asked no questions of me. It was most surprising that Katherine's name was never mentioned. The conversation was cordial.

Conditions on the farm are good. All are well, except Marta who has now developed a second abscess in the outer ear. But this should not be troublesome. Our beloved Katya continues to thrive. I have not seen her in one week. How sorely she is missed! Katya is my most loyal supporter at the moment. At the dinner table she voiced her solution for the World's troubles, by saying - "The world needs a good, wonderful king and David must become king". Of course, for the remainder of the day, Katya could do no wrong. She has the charm and goodness of our Katherine. In my heart, I have always felt that she is Katherine's child. She gives so much joy and beauty. Often, she gathers and arranges flowers beautifully which she places on the table. Unfortunately, Katya must learn several difficult lessons of maturing. This is a great concern to me, since the parents do not seem to be able to help her in this respect. May time prove this wrong!

The initial adjustment of returning is over. I am trying to concentrate all efforts to the reading and work before me. So much time is needed and I am not economical with it. The outside influences and diversions take too much time. If only one could develop an inner strength to resist the time-consuming trivia!

Please let me know if there is anything that I can do in any sort of capacity. With heartfelt and loving thoughts for you, always,

Love,

David

AIR MAIL

43

INDIAN POSTS AND



TELEGRAPHS DEPARTMENT⁸

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NA

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Words

325 Stanford Conn 23
TO

Recd. here at

H.

M.

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Loving thoughts for holidays and
future

David

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44
May 16, 1951

Dearest EI;

This is just a short note about Miss Spatz's operation. She conducted herself magnificently from the very first. Throughout a trying operation she remained calm, confident and courageous.

The operative procedure went well with one exception. A thin piece of tissue overlay the thyroid gland tumor. Unfortunately, this was cut. Although it did not appear so to the eye, the microscope subsequently revealed it to contain a small amount of thyroid tissue.

Had I been more vigilant the surgeon's knife would have been arrested. My heart is very heavy; not so much because of my personal failure - but for Miss Spatz's sake and the future effect on her.

Neither Miss Spatz nor Mrs. Fosdick know about this. They were both told that all went exactly as Advised. I feel that they should not know. Am I wrong in hiding this from them? Please advise me.

Miss Spatz can leave the Hospital in a few days. However, she can use some rest. It was decided she remain in the Hospital for two weeks. I shall benefit from this. For it is a joy to have some one speak of the Teachings. And, of course she is a noble person.

Today, a package was sent via regular mail, registered. It contains two pounds of powdered Pepsin. Will more be needed? Previously, one-half pound was sent via air mail.

Loving thoughts fly to you often. May this find you well and the recipient of the affectionate and spoiling ministrations of Inge and Marta. Greetings to all.

Love,

David

AIR ¹⁰
MAIL

May 27, 1951

45

Dearest EI,

I ~~am~~ very sorry to learn that you had been ill. May this letter find you well and again in your fruitful and beneficent work!

Miss Spatz left the hospital May 26th and was advised to remain at home for one week before returning to work. It was learned that she has an anal ulcer which was unknown to her. This had contributed to her intractable constipation of many years. It is heart-rending to learn that she was almost a social outcast because she had to take an enema every day in the evening after an arduous working day. For the first time in years her bowels are regulated so that she has a movement daily without the aid of a laxative or enema. This alone is blissful wonderment to her. I think that eventually this ulcer will require surgery.

It was remarkable to see how Miss Spatz's mind cleared during the second week of hospitalization when she became somewhat rested and calm. Your advises of the past were recalled and assumed a deeper significance and reverence for her. How grateful she is! I am also grateful for the opportunity to have been ~~some~~^{an} agent in her care. Her sincerity, selflessness and courage are very heart-warming and at the same time stimulating to me.

There was one very difficult moment. The surgeon, unknowingly and abruptly, told her that the thyroid gland was withered away because of pressure from the tumor and only a small portion of the gland was left. Miss Spatz confronted me with this, understandably upset and indignant. She was told the true happenings; namely mistaken judgement had caused a small piece of the gland to be removed. It was a devastating blow to her. She soon came to accept the situation with her usual courage and now eagerly looks to her future service. She can not help but question whether now she will realize her full potential in Service. It was suggested that Sina should not be burdened about the unsatisfactory operation.

Miss Spatz was invited to work medically with me, in the event she planned any changes from her present, attractive position. I should welcome her assets and attributes. She will give this more thought. She lives in New Jersey and Connecticut may be a good change. I sincerely hope that this change will not interfere with her future work, nor cause any friction with Sina. She may accept the offer out of mistaken gratitude to me, which [^]should not ~~be~~ allowed.

Again, let me add that I am grateful for the opportunity to be part of Miss Spatz's treatment. She was a source of much joy, both as a patient and student of the Teachings.

Greetings to all!

Love,

Klaud

AIR ¹⁰
MAIL

June 17, 1951

46

Dearest EI,

Many thanks for your letter of June 5th. I send many good wishes and thoughts for your health and joy in work. May this find the weather cool so that the strain of your work may be eased. Is there any item that can be sent from here to make the heat more bearable for you? If there is, please let me know since it would be a joy to help in this matter.

This letter follows the cable sent last night about Baltzar Bolling. To explain further, although this is not probably needed; - your letter advised to take Donald and Donald's wife on the trip to Sweden. Donald is not married. We hope that your return cable will clarify this point so that specific reservations for the Sweden trip can be made.

Baltzar was fully receptive to the messages conveyed to him. All medications were stopped. His only medicine is the Strophanthus pills. The latter have not been located in any drug store. But I had some and he was given part of these. If more are needed, the remainder will be given.

He is very sad that you may have been caused any sorrow about his illness and its treatment. He is such a trusting soul that he thought his physician in Chicago was treating him correctly. It is known that this was an error. Dear EI, please understand that when one enters an American hospital, it is similar to an incarceration in the "Tower of London". The patient has no word in what treatment will be given. He is surrounded by an impregnable armour of nurses, doctors, technicians, etc, who forbid any medication or opinion - other than their customary protocol. Our friend could not overcome this without the help of a physician guided by the Gr.T. In the future he knows that he can reach me to break this impregnable armour, if such a need ever arises.

Prior to my appearance on the scene he was so restricted and suppressed that he could not even write to you. This greatly saddened him. His circumstances are so difficult that he must be driven to the privacy of his business office in order to write to you. This is now allowed so shortly you will hear from him.

While in Michigan the Bolling sons, Roger, Vernon and Donald requested information about the Teachings from me. This was an awkward situation for my knowledge seems so meager! Nevertheless, they were singly told what/could in reference to the problem raised. Baltzar was also given some medical (according to the Teachings) insight into his condition. And, I do believe he is the richer for it.

The entire family, including Mrs. Bolling, took me immediately into their hearts. In turn, I feel a great friendship and love for Baltzar and the sons. This was the first time Baltzar and I had a conversation. I have great respect and admiration for the man. It is unfortunate that Sina and Dudley just do not understand the intelligence and beneficence of this fine soul. It was suggested that he make time to allow for visits with Katherine and Inge so that he could come to know them. This he had planned, but never seemed to have the time for this when he came to N.Y.

Please know that I am truly grateful for the opportunity to help in the Bolling matter. It was a joyous effort which also

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MAIL

saw me the recipient of much love. Of this, too, I am so grateful, for it is love extended to the Gr. T. ~~only~~ through me. And I like to have the joyful thought that I was a mediator of this love.

About Miss Spatz; - She was seen last week and looked radiant. This is also the opinion of the doctors with whom she works. No, she is not aware of her great loss since she was told that the partial removal will only delay slightly her process. The regimen for the anal ulcer was sent to her.

Sina has translated the Advises for me. It is my firm and joyous intention to continue striving to the Gr. T. and to "continue the new attitude toward medicine". For the future, it is planned to spend time at the Edgar Cayce Foundation to study his case material. Enough of this - for I have the firm wish not to burden you with my plans, only dear EI, to equip myself adequately to perhaps lighten your burden in some measure. May future actions make this desire a realization.

It is very good news about Inge on the Yogic path. I am indeed happy for and with her. Please convey loving greetings to Inge and Marta.

Many loving thoughts,

David

made in Chicago
P.S. All the medical data on Baltzar was studied. The correct diagnosis based solely on this data is a profound exhaustion state. The latter resulted in spasm of the left diaphragm muscle, spasm of the descending colon and a transient narrowing of a coronary blood vessel which caused in turn a transient minor change on the electrocardiogram. This was written to the Chicago specialist who has just about made up his mind that this is the diagnosis, although spasm of the diaphragm is not mentioned by him. Baltzar with excess activity has left sided pain*which he has been assured is not from the heart, but from the diaphragm. His nurse says my visit, the significance of which is unknown to her, has boosted the morale of Baltzar greatly. She is unaware that he is taking Strophanthus since she was selected for duty by the Chicago specialist to whom she writes frequently.

* this was the pain, more severe in character, which was originally interpreted as arising from the heart.

AIR 18
MAIL

Aug. 12

48

Dearest Ed

This letter has been written in thought weeks ago. Please do not feel that this tardy reply detracts from the depth of my gratitude. Many thanks for all your generous and thoughtful help & advice. I am trying to fine the prayer contained in paragraph 7, Friday word III. The aerolite is with me constantly.

It is a joy to once again see & speak with Katherine. In spite of this difficult month she has never looked more radiant. And she is doing much work. Unfortunately, I do not see her as often as desired.

Enclosed are letters from Bolling & his son. In them you will find that he feels very close to Katherine & me. Soon, it will also be Olga. He continues to be disturbed about his wife. The latter looks upon me as a friend. I feel I could help her - but, is it wise to become involved with her?

Gida & his father have been examined. Gida has a Thyroid gland enlargement (goitre) which does not appear to be toxic. However, Katherine & I are concerned about him since she does not look well at all. He is very sense; the years of poor food and our present hot & humid weather are further factors in this. Gida is taking strophanthus as you advised & also Tinct. of Valerian, 30 drops at bed time. He will soon

AIR MAIL

take a Liver & Yeast medicine.

His father appears to have fair health. He has an enlarged prostate gland which is not causing trouble at the moment. He has some bad teeth.

A letter was received from Miss Hatz who writes "I feel that my health & energy have been completely restored." She continues to have her constipation which requires daily enemas. I have asked to see her in Stamford Aug. 18th for an examination - when I hope Katherine may meet her. I shall write of this later.

Ever since the end of World War II, there has been the pre-occupation of passing examinations to become a certified specialist in Internal Medicine. (It is the equivalent of authoritative recognition as a Diagnostician & Consultant.) In Oct. 1950, the first part of the examination was passed. This was a written one over a 6 hour period. The second & last part of the examination was taken this June 4th, in Philadelphia. This was an oral examination of 3 hours. The record says I passed this — in my heart, I know, that I did not but a higher source did. ~~At all~~ never theless, it is a fact that I am now a certified specialist in Internal Medicine. It carries great weight in the stage of ^{type of} American medicine — but it practices a "medicine" that is foreign to what

AIR MAIL

is the True Medicine. Of the latter I know indeed very little — but hope to learn so much more.

At least we have been able to have imported the Castillon granule of Strophantus. There is, I am happy to add, a supply in Stamford. Also procure to Stamford from Europe is some Livogen.

At present we are in the midst of hot & humid weather. I hope you have been fortunate enough to have a portion of cool weather during the monsoons. Often my thoughts wish your continued health for the great achievements of the future.

Again, let me add dear E & I how many thanks are expressed for all your help. I should like to feel that my ^{part} help in the Bolling affair was a small measure of help to you.

With sincere affection
David

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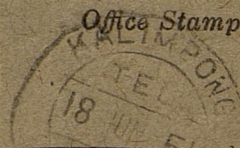
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TO

Recd. here at

H. 7-2 M

121 New York

10 21

Roerich KRP

Bolling following fully advises Donald
unmarried who should accompany Bolling on Sweden
Trip please cable reply immediately Stamford
wishing greetings etc

N.B.—The name of the Sender, if telegraphed, is written after the text.

52

INDIAN POSTS AND



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23 JUN 51

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Minute.

Service Instructions

Words

TO

Recd here at

H.

M

Roerich Kalchany
 Bolling has unsatisfactory boat reser-
 vations for July 6th trying for better reser-
 vations July 10th which reservation advised
 can Bollings wife make Sweden trip
 please cable reply immediately Stanford

N.B.—The name of the Sender, if telegraphed, is written after the text.

Aug. 19th
53

Dearest Ed

This promises to be another lengthy letter. With the help of Doga, perhaps it will not tire you. Many loving thoughts are sent for your health. And sincere & deep gratitude accompany this for all your many kindnesses & aides.

Katherine wrote the Advice given for me. They are before me at this writing. My heart is overwhelmed with the enormity of what is given. Advised & Guided. I pray that the future will find me worthy of the opportunities & completely selfless in the B.T.'s service.

Our Katherine is a continuous source of joy. She complains about her rotund figure. But I see no flaw in her. She is aware of this indulgence & therefore pays little attention to my appraisal of her physical charm. She had been concerned & worried about the farm situation & other ramifications.

At the moment, she appears more serene.

In Sept. I hope to be more concrete help to her & this seems to have reassured her in small measure.

Several months ago, Tina was asked about the Bhagavad-Gita version by Swami Prabhavananda & Christopher Isherwood. (According to the Edgar Cayce Foundation, it is the best version for the Western mind). Tina was recently able to secure a copy for me.

AIR ¹²
MAIL

2.

54

Hudley was so impressed with it that a copy was added to their library. Are you familiar with this?

Recently, again, I have come upon a beautiful reproduction of a sketch (in color) of Paracelsus. It is reputed to be the work of Holbein & done in 1526. It seems it was only recognized as the portrait of Paracelsus in 1929. Was Paracelsus ever a subject for Holbein?

Yesterday, Miss Spatz came to Stamford for an examination. She looks like a different person, is very well and most happy to enjoy this good health. Besides this, she is aware of activity over the solar plexus & thyroid regions. How very grateful she is! Her constipation continued. Strangely, the day before she came to the office she was "Told" to take Tinct. Valerian daily 30 drops twice daily (she was taking only 15 drops). For the first time in 2 months she had a normal bowel movement. In view of this, it was encouraged that the dose of 30 drops twice daily continue; also the potassium permanganate instillations. (The anal ulcer had partially healed). She was abstaining from chicken & was urged to take some in accordance with your earliest advice to her. She is also continuing on Struphanus. For her constipation she was given some Licorice & Alexandrian Senna.

AIR MAIL

Miss Hatz is now working 6 full days a week. Her company does much work for the U. S. Navy which is preparing for all eventualities. She is not tiring & most of all, is joyful in her work & the help she gives to the many people she contacts in her work.

Sina asked Miss Hatz to move from her home in New Jersey to an apartment across the street from 107th St. Miss Hatz would ^{have to} commute to New Jersey for her work if she moved in accordance with Sina's suggestion. Miss Hatz was advised not to do this if she would continue her work in N.J. The daily commuting would soon exhaust her limited stamina.

Miss Hatz is very comfortable & confident in my company. We both have a warm feeling for each other. And both feel we have been known to each other before this. Please know how lovingly grateful she is to you. It is a paradox that I should receive so much of her gratitude when the lion's share of it should be given to you, in writing or ⁱⁿ person. Have a guilty conscience about this - but take solace in the fact that Miss Hatz's heart has much gratitude for you.

I had hoped that K. would meet Miss Hatz - but this could not happen.

AIR MAIL

4.
At the moment it is just as well since Julia & Miss Spatz are very close. And Katherine continues to be latently irksome to Julia, I'm sorry to say.

Miss Spatz continues to have her high blood pressure with levels at 170-190. These are not of any concern to me; and she does not know of this. Is there anything that can be done for high blood pressure?

These past 3 weeks have been very hot and humid. Today, it is cool. In the bad weather there were several cases of people awaking in the morning with dizziness which caused enough alarm to precipitate a nervous chill. I myself had 2 episodes of this dizziness in one day. But it passed quickly & uneventfully. The inclement weather made much work for me - which was tolerated in fair fashion. Unfortunately, there has been no time to do reading which is depressing.

There are a few other personal notes I could add - but they are unimportant & this letter is becoming too long. Please, please do not feel that you must write. If I know that you really are not prompted to write, I shall pen more frequent letters to you. Of course, that is, if you would have

AIR MAIL

(over)

The time to read them. Please know, dearest El,
that I am most grateful and will be
distressed if you do not call upon me
to be of some service to you.

With my warmest wishes and loving
Thoughts

Sincerely,

David

Katherine sends you this page as it gives a good idea of what is going on in the U.S. Aug 57

Dear Al

Just a few lines for the second stage. I hope you are well and rested. And all the very best of loving thoughts to you. How are you? Are your "land pressures" only a memory now? I am I hope so. Do you find that you are able to spend much time in reading these days? ^{Here} It has become increasingly difficult in the ever-mounting tensions & pressures of the times.

No doubt you have this information from reading the Paris Herald-Tribune - but, maybe there are some points you have not learned. The situation in the U.S. concerning the present crisis has brought many changes. - The President now has the power to call (draft) unlimited numbers of men to the armed forces. A bill has been introduced into Congress which ^{make eligible for} would draft all civilian doctors up to 45 yrs. The synthetic rubber plants have begun operations, closed since the last war. Airplane factories are swamped with orders. The automobile factories have cut down production on autos to start production

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MAIL

on tanks. Smaller factories about the U.S. have been ordered to work on military materials & orders. (The ones which did this ⁱⁿ last war).

Congress is passing a huge Excise tax bill & next year the U.S. will have its greatest tax in history. There is a great deal of hoarding going on which is raising prices all over. Because of this Congress is debating another OPA bill. To play it for all they can get — all ~~commodities~~ ^{items} are being raised before a ceiling price is put. (The cost of living has risen 10% since the Korean war.) Have told you about sugar — to add to this the U.S. has brought up the entire sugar crop of Cuba for next year. An example of prices ^{today} is coffee which retails for 95¢ per lb.

Getting very close to home — The 43rd Division (National Guard) has been ordered into military service in one month. This division is made from Conn., R.I. & VT — one Stamford doctor & perhaps another will go. As for me, I get a letter ~~2x~~ ^{two times a week} asking me to join. You might know that Reserve medical officers can be drafted, irrespective. However, the Reserve Corps officials are trying to induce Reserve officers to volunteer now, giving them all sorts of inducements, extra money, etc. They have

January 6, 1952

58

Dear Mother,

I hope that you are not offended by being addressed in this manner. Katherine and Inga refer to you always in this way. You are the Mother of our group. And only a Mother, in the fullest sense, can give so fully and lovingly. Future actions will earn the premature privilege I have now taken.

Inga has written that you have not been well. May this find you better! I hope that this last postponement did not cause any difficulties for you. We were momentarily stunned since so much effort and plan were being pyramided into preparations. However, it was short-lived. The stunned feeling gave way to one of relief and then one of gladness when the broad concept is considered. If ^{it} is to be only a postponement I, for one, can use the period in which to more fully prepare for the eventuality.

I have written many letters to you in thought. The physical time has not been available, not only for correspondence but also for needed study. It is consumed too often with ext^eaneous matters. Something must be changed to direct my energies more directly into proper channels. I am working on that now.

The "Dayspring of Youth" has been read once and is being re-read. This book is remarkably informative. It furnishes a sound foundation for the understanding of the broader concepts contained in AY books. For the first time I can genuinely understand what is meant by the Subtle Body. Soon, the book will be sent to you. Katherine is reading it now. A second one has been requested. It is very difficult to get.

For unknown reasons Sina has repeatedly asked that I give her a complete check-up. She is coming to Stamford for this Jan. 8th. I can not see how I can help her directly since she is the recipient of continuous Help. However, observations will be made and reported to her. I shall write you of this, too. No profound therapy will be suggested.

Before proceeding further, please accept the enclosed to help defray some of the incidental expenses. It will give me great joy if you do, please?

Bolling was seen in N.Y. in November; after an active day his heart was examined and found to be overactive and fatigued. He was informed of this. Again, he was reminded of the Advises that he must ^{him} rest and be calm. He resented the rest routine and the fact that others remind of the Advises. He took the peculiar stand that in reminding him of Advises he was being told what to do. Repeatedly ^{by} he voiced the statement, "all my life I have received direct Guidance, even to ^{look} for the Roerichs - - now, everyone is telling me what to do". He was very confused and questioned the wisdom of the Advises, saying "How can I get rest and quiet with my home conditions (meaning his wife)" - - "A fine rest I would have had in Sweden with my wife along". His wife is a very heavy drain and that is why he wants to get away from home. In answer to these confused questions he was informed that the wisdom of the Advises is beyond our understanding, but he must understand that They are given also to help ease his karmic debt. This dispelled his resentment. Since then he has been at home. For a nervous diarrhea brandy for 3 days was prescribed and he writes, "I am really surprised over the help I got from the brandy. I am completely restored and my stomach is perfect for the first time in nearly a year. You have no idea how pleased I am!"

Katherine needs a change and rest very much. She does not get any rest on the farm. She is so depleted that every offered suggestion receives a negative response. Have tried to put some positive thought into ^{her} to take a trip to California without Leo. I think she sees that her insurmountable obstacles to this are either imagined or trivial. I shall exert every effort to see that she does get away.

Father John has started the routine for his prostate trouble on Dec. 24th. A few days ago he had pain. Examination revealed his gland to be larger than before but his urine was clear. Again, he was urged to get his teeth checked, and to drink more caraway tea.

Please know how grateful I am for all you have given and revealed to me. With everlasting gratitude and loving thoughts,

As ever,

AIR MAIL

January 10, 1952

59

Dear Mother,

Sina was examined. Nothing remarkable was found. She has sore, stiff muscles of the right shoulder and did not have time to take care of it. So, it continued to annoy her for several weeks. Besides this, she is very tired as a result of all the activity at the Studio. Mother Schafran has been very ill and continues to have attacks of pain; consequently Sina and Dudley lose sleep and are on edge. Sina was told she must take care of herself, applying heat to her shoulder and resting after lunch. I attempted to impress the fact that she is getting older and her work gets heavier. She was also asked to take more water and raw vegetables.

Bollöf just finished talking to me by phone. He is very worried over your long silence. He has written many letters to you from Sweden and from Michigan and hopes you have received some of them. In the meantime he is concerned about your health and prays it is very good. The reason he phoned me; - he ate infected salmon and is now getting ^{OVER} ptomaine poisoning; also wants to have some Catillon Granules sent. ^

Sina phoned today to let me know that Dudley had a head cold and desired a prescription for Aureomycin. He was informed that he was not to take this medicine since it was told that it had an adverse effect on the Subtle Body. About three years ago, this was given to Katya when she had a virus pneumonia and it was said that it was not to be used. Dudley was told to remain in bed and rest. Thus the cold would not linger for several weeks. Actually, it is not the Common Cold; rather an infection of the throat, virus in nature, which is usually neglected and allowed to progress to a bronchitis or pneumonia. Sometimes it is manifested as "intestinal Flu".

To return to the subject of Aureomycin, there are other similar drugs which have appeared, namely Terramycin and Chloromycetin. These are all of the Streptomycin Fungus family. Are they all harmful? These drugs and Penicillin are taken upon the slightest notion and are most promiscuously ingested.

Katherine phoned today and she, too, has come down with this throat condition. She was told to rest, take soda and water in conjunction with a local astringent.

So far this letter sounds like the voice of doom, but dear Mother there is good news, too. Katherine has been "let-down", actually depressed, since her return to the U.S. Her flushes are a part of this. I suffer when I see her in one and have listened to her booming heart sounds when at the height of one of these. It is a wearing process. However, she has gotten herself in hand and truly for the first time in months she is cheerful, alive, radiant and positive. It was a long time to await this change and it is all the more welcome. She is like her usual self in spite of the flushes and her present sore throat.

I can not tell you how grateful I am for the routine given for use prior to X-Ray work. The latter was always an exhausting project to me. Now, it is taken in stride. I have a very heavy work load. Of course it is tiring. But the next day dawns to find me prepared for another full day. In spite of working in much contagion, so far I've been free of any colds, etc.

Please take care of yourself. My deep gratitude for all the many things and help so generously given. And know that Katherine is so much better in spirit, even though she pines for you and dear Inga. Loving thoughts to you and Inga,

As ever,

David

AIR MAIL

Feb. 19

Dear Mother & Olga

I hope this post letter will serve to relieve Mother of the compulsion that she must reply. Truly, no letter is expected since it is realized what a great effort is required for this. I feel guilty when this effort is directed towards me, since it can be used for such greater & more lasting channels. The letter of Feb. 10th was most welcome news, namely that you are both feeling so much better.

I will reply to your letter as the points arise. Penicillin has become most ^a complicated drug since its first appearance. The drug houses, in their desire to make greater profits, continually add & modified it so that all ^{peculiar} types of Penicillin are available. It is very difficult to now obtain the simple form. Vitamin B has also met the same fate.

Regarding sulfa drugs — how Olga recall about 5-6 years ago. The conversation we had? It was then felt that sulfa drugs were not a good therapeutic agent & that Penicillin would completely replace it. It has just about done so. Unfortunately, the pressures of demanding patients compel the use of these unfavorable

AIR MAIL

Drugs. The circumstances of community practice of medicine too often dictate a therapy, known to have faults. But where there are the patients whose faith is strong, one (a doctor) can give real medicine.

A strange episode occurred which you may find interesting. One morning, as I was reading The Teachings, I came upon the advised routine for treatment of diabetes. The next day a very religious, Catholic woman (no education) who has visions came to the office. Her son is my patient. Although she came for different troubles the real, underlying condition was an unrecognized diabetes. She was placed on the advised regimen. Her improvement is marked in only a matter of one week without the benefit of insulin injections.

Katherine has had a very difficult time since returning from India. Life in these times in the U.S. is an ordeal. The combination of the Vickers group & Leo is a severe trial in these times or any time. Frankly, no one I know but Katherine could have handled the many ramifications of this combination. She is in dire need of prolonged rest. I can truthfully say that I have never ^{seen} her in this last period when she was not ailing with something. And in this state she had the above to contend with. I am happy to

know that soon she will be out of all this. It is very upsetting for me to see her like this, continually, knowing that all the time her energies are becoming more depleted. So, you can see how happy I am that soon she will go to Switzerland & India to have "her battery re-charged."

The two examinations were to certify me as a specialist in Internal Medicine. That means all the medical illnesses of the adult. To further be recognized as a Heart Specialist one must take another examination, provided he has certain Heart specialty qualifications. There are about 4,000 specialists in Internal Medicine in the U.S.; whereas there are only 300 in Heart.

The immediate plan for further knowledge in heart diseases is this. Go to Yale Hospital one day a week where I will study under Dr. Rush Whittemore. He is the outstanding authority on Congenital Heart Disease in New England having studied at Johns Hopkins. I know her well. We are both on the State Cardiovascular Committee. If I can arrange time off from Bellevue & Dr. Whittemore agrees, this will be started in March. When this was told to Dr. Resnick (Stamford) he was glad to hear this saying "I have also been trying to

AIR 
MAIL

find time to study with Dr. Whittemore. There is
no one in Stamford & vicinity who can do this
work — it is called Pediatric Cardiology. In
other words one will be diagnosing & treating
children who were born with defective hearts.

Please read paragraph 355 in Heart. Does not
mother think the ray mentioned is the ultra sound?

Inga, it is such welcome news to know that
you are getting stronger. There are many people
who have wished & sent thoughts for your
good health. How joyful they are at the good news.

The profession of medicine, I agree, is a
very noble trust. It is (should be) a selfless,
joy-giving role — To just have the thought
that one is an instrument through whom the
Lord works is a great joy. Enclosed you will
find some material from the Cayce Readings which
are interesting & instructive to me. About the
previous enclosure it should read "maintain".

The important aspect of Cayce's diets was always
Balance; so celery was to be eaten with dis-
cretion. Have given K. a pamphlet by Cayce
on how to eat. It is very good — let
me know if she ~~to~~ takes it to you & mo. Am
interested in your comments. It will answer
your questions about food. I am to receive more
of these pamphlets. When they arrive a copy

will be sent to you & Mo.

Inga dear, your reading & work must be so interesting & stimulating. I read a biography of mine. Plavutsky but it was not written by Soviet. Is there one of these on the farm?

Please know Inga dear, that I do want to write to you often — but there is so little physical time. Perhaps I will tell you of the work that keeps me so paddled. It is only now that maybe a nurse-secretary will be obtained. It will take 3-6 months to train her & she is a very nice person ^{or} is also an excellent pianist. She has given recitals. One of her great conflicts has been whether to go into music or nursing. Actually she has had some nursing, but never finished. I think the heart quality is there — it is all important to me & a very scarce attribute today!!

Please, please save me a copy of your work on "Centers" also "Psychic Energy". I am going through "Heart" for medical reasons & will save you a copy of that if you wish.

Mother may be interested in the fact that the topics of cholesterol (depriving ^{cardiac} patients of this) & dicoumarol (keep the blood from clotting in patients with coronary thrombosis) are

AIR 
MAIL

losing their adherents, fortunately for the stricken humans.

Oh yes, your old frames have had new lenses inserted. They have been lightened, washed, etc. I was disappointed to find how your old lens (the remaining) was scratched. You must learn to care for yourself so that you can continue your care for others & in service for the L. If you continue self-negligent there will never be the health to obtain your great potential in the logistic path.

Also write when you have the time & energy, I'm dear & please again assure Mother that I shall feel badly if she writes to me, directly. There are others who can convey her message to me.

Be well and joyful - you are both with me often during every day.

Loving Thoughts
David

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= David

Dearest

Your note from New Delhi arrived today. It had to be mailed from N.Y. special delivery. There is a Western Union strike also telephone & steel strike. Andrew was telephoned.

'Was sorry to learn that you had so much packing to do, especially in the heat of Delhi. Bless you & Doga bear up under it very well, hope so! Bless you finally with the Ford?

Some time ago I asked for the T's picture which Marta had. That was conditioned by, if no one else asked for it.

If I can be of help to the Kani well certainly try to do so. He will arrive however, when I have both Gale & Pellew on the schedule.

Was happy, too, that George was able to get a desired book. I still don't see why he just does not let us know that he wants them (books). It would give joy to the person who would make the desired book possible.

I am sorry to learn that Doga will be having pains while in Tunis. Hope she will regain some degree of strength shortly.

Bolling was seen yesterday - as usual he & Jira clashed. I have suggested that he propose to the Todicks they get a lawyer of their own choosing & let the lawyer handle the matters of law, taxes, funds, etc. In this manner

AIR MAIL

No. please note

— ~~anyone more good - It is a serious consideration~~ ^{needless} ~~and he was worried then good~~

Polling would be relieved of much of the tension about these matters. The lawyers would serve as an impartial collector of information from Le Forde & Polling - & accordingly make the decision. Polling tells me the Govt. knows that Dudley juggles the various R. accounts.

Have given Polling an E. Cayce booklet which says that "upon the religious development of Russia will depend the successful outcome of the world & the group of nations which remains close to Russia will benefit." Up to now Russia has been a red flag to him - as you know Cayce data has a great influence on him. I will also draw his attention to an excellent article, "The Russian People" written by an American admiral. It is in the Atlantic Monthly. If you want it, let me know. Polling firmly believes he must go to Sweden for his health. It must have been a great disappointment for him not to see Mother.

Thank you for writing of the kind thought Mother spoke about me. So much help has already been given to me!

I am really tired - am busy & seem to have a case of chronic fatigue as a result - The enclosed will be of some interest. What do you think of this woman (Polish) to be my housekeeper? Miss Lady is doing nicely - will write more of her.

Love
Blair

Amy H. Lay present is in your dresser drawer. "The Play of the Spring of Youth" is on the farm. Do you want it?

The Mothers

Being such a medium of the Polish woman as a housekeeper for Dr. Blair, what do you think of this idea - If the

April 20., 1952

65

Dear Mother,

Katherine has written that you are improving slowly. I hope that this letter will find you continuing your recovery, if not already in your normal routine. Many loving thoughts to speed your complete recovery!

Sina read to me your letter which contained the information about her painful shoulder. It was most stimulating and impressive. The practise among physicians is to inject these painful areas with novocaine, to afford relief. In certain batches of novocaine is contained Sodium Sulfite. I would inject novocaine into these areas and the novocaine I have contains the Sulfite. Without your information I would have continued the current harmful practise. Thank you, Mother, and again let me express my gratitude for all your thoughtfulness and aid.

Enclosed is a letter from Miss Spatz. I had written asking that she come to the office for a check examination after the year of prescribed regimen you had outlined for her. After the examination you would be availed of the findings. And perhaps prescribe for Miss Spatz further. The enclosed letter is exolatory. The long paragraph gave me great joy and it is for this that the letter is sent, hoping you also will be pleased with Miss Spatz's thoughts.

Regarding the information about painful shoulders; - I have seen 3 patients with the same condition in the last two weeks. They were placed on the "Sina routine". Two have showed great improvement; the third one just started it and he will be the difficult one since he is a barber who just opened his own shop.

A wonderful experience occurred in which I had a part. A very special patient, at least I should like to think so, came into the office. She is 56 years old, Polish-Catholic who speaks broken English and had no formal education. She is very religious in the real sense; very poor, widowed and dependent on her children for support. Two years ago she was seen by a doctor for the same trouble. Apparently the underlying condition was not detected.

Upon first seeing her I was struck by her eyes and the quality of her voice, speaking broken English. They appeared long-suffering and yet loving. Examination revealed diabetes, large liver, high blood pressure, ulcers of the feet, degeneration of the nerves of the feet and itching skin. She was placed on the regime for diabetes listed in Par. 536, FW III. Her improvement has been dramatic!

She has taken me into her to her confidence and has divulged that for years she has communed with the Virgin Mother and a Male Voice. They have Told her when to pray during the day and not to go to her church (Catholic) since the priests do not believe her. Before seen by me she was Told she would die suddenly at the age of 60 years. Now she will live to a very long life. She will not be a financial burden to her children but she will be in their way. Only one son has a partial understanding and belief in her. All about her think she is crazy. As a result she forces herself to go against the Advises that are given, like going to her church which she has been repeatedly Advised not to do.

She has spoken of many instances of her clairvoyant and clairsentient powers which she does not fully understand, but which are attested to by her son who has had a limited education.

One of her sons was crippled in the arms, legs and face with Poliomyelitis. The doctors were powerless to help. She called upon her "Voices" and prayed. Her son became normal and has just returned from combat service in Korea. While serving there the mother saw him and 7 other soldiers subjected to a merciless enemy artillery barrage. Again she called upon the Powers and her son was the only one to remain alive and without injury.

The woman does not understand fully her gift. She suffers greatly because of it. She is lonely. Her people and her church for years say she is crazy, although her predictions like the war in Korea made 5 years previously, does not impress them. Her great ordeal is the vision of so many terrible things she sees through these powers of hers. In agony, she ^{desires} she just ^{does not want to} can not see. On the other hand she speaks of "fighting with the devil". She is happy about this for she has the confidence that holding ^{on to} her neck charm her Forces always help in the victory over the devil. (This I have read in the book, "Dayspring of Youth"). She has always overcome the devil.

There are other instances, I can relate to you but I shall conclude on this last one. Her daughter-in-law, wife of the son who understands some of her gift is now 7½ months pregnant. Earlier, I had continually urged the daughter-in-law to be frequently checked by her heart specialist, Dr. Resnik. She has a severely damaged heart due to Rheumatic Fever. It was Told to the mother-in-law that the foetus would be crippled because the daughter had an instrumentation for a urinary stricture. The mother, future grandmother, prayed and was Told that at 6 months the foetus would be normal. Now the difficulty is; although the future grandmother has seen the foetus normal, it was Told that the delivery would be dangerous. And she senses that either the baby or the mother will be lost in childbirth. She does not know which one, yet.

In retrospect, if she had been seen by another doctor she would have received insulin injections. Would these have not had an adverse reaction on her subtle body? Many years ago she was a vegetarian for 6 years. It was then that she became very close to her "Voices". Now that she is once again a vegetarian one wonders about any further development.

Mother, I may be wrong about all this. Yet, I have the strong conviction that this is very real.

This is a massive letter which I hope you will read in successive stages and perhaps find some measure of interest.

Many loving thoughts for your health.

Love,

David

P.S. Have checked Bolling and he seems improved. He is convinced that he must go to Sweden to completely recover. His prostate gland was good; the only abnormality was an enlarged (slightly) liver and higher than usual blood pressure. The latter was due to a long night meeting and no rest before the examination.

1380 Bedford Street
Stamford, Conn., U. S. A.
November 5, 1953

67

Dear Mother,

I have had a month's vacation which has just ended. Most of the vacation was spent in studying. Ever since my return I have had the strong urge to write you. However, this letter is not in regard to this desire. It concerns Baltzar Bolling.

About 5 days ago he had an episode of angina pectoris. This is the first one such episode he has had. It all came from a great deal of tension associated with expansion of his business and other responsibilities. He is very tired. I examined him today and found a very tired heart and an enlarged liver. It was suggested to him that I treat him in a Stamford Hospital for a period of one week, during which I plan to give him Lithium Salts (Citrates). Then he will return to Michigan for a week after which he will proceed to take a one month vacation. Before all this happened he was advised to take one month vacation after every five months of work. This was not followed.

Bolling will probably be admitted to the Stamford Hospital on November 16th. Please advise for his best care and treatment.

I have also seen Sina who is suffering with a severe muscular condition. She is somewhat improved today but will probably cable you.

Katherine and Inga are having their hands full with the farm and the child's mother. They have my profound admiration for the great amount of patience they have. I know of no other people who could have a part of the patience and kindness they show. They both need a rest and I think they will perhaps get some with the colder weather coming.

I will write again in answer to the strong urge that has been with me since my return from vacation.

I do hope you are well. Do know that you are in my daily prayer. May the T. suffuse you increasingly with His Ray of Love, Wisdom and Power. Bless you.

Loving thoughts,

David

AIR
MAIL

68

D. H. FOGEL, M. D.
1380 BEDFORD STREET
STAMFORD, CONN.
—
3-8700

November 8, 1953

Dear Mother,

Katherine has just told over the telephone that you are not well. I sincerely hope that my recent letter was no burden to you, and regret deeply to disturb your recovery with it. Do know that many healing and loving thoughts are sent for a speedy recovery.

Loving thoughts,

David

December 13, 1953

69

Dear Mother,

I sincerely hope that this letter finds you well and completely recovered from your recent illness. Thank you again for the note about Bolling. He has just written that he is much better and is now fully convinced that he can eat milk products without having any adverse effect. He will be spending the month of January in Lugano. Switzerland was decided upon since he knows too many people in Sweden from whom he cannot remain away.

Am most interested in learning about the jen-shen plant. It is not listed in any of the pharmacopeias that are available.

This letter has been in thought for some time. There are a number of situations which have lately developed and I sincerely hope that you may be able or wish to give me guidance in them. I do try to prepare myself as an effective instrument for the Gr. T., although there are times when even I lose patience with myself.

Lately, I have felt that I should be giving up private practise and devote full time to teaching and research. Perhaps, a position will make itself available at Yale where I am now a part time Asst. Clinical Professor. In private practise I take too much time in helping the patient and do not subscribe to the usual income-deriving injections. As a result, there is little financial return. But most important is the lack of research opportunity and teaching. If I do go into full-time teaching and research I wonder whether our group can be effectively helped? One wonders whether this is the right time to undertake a change of this sort? Could you help me in this matter and please know that it is my earnest desire to be in the place and position where I can be of the greatest service.

This past October I met a Mrs. Julia Yates Chandler. A note about her was attached to a Christmas greeting which I hope was received. A most interesting sequence of events took place which brought us together while I was doing some work in Virginia with the Edgar Cayce records. Subconsciously, she was directed to send me a book, "Forever" and re-read Browning's poem Evelyn Hope. Subsequent events revealed these to be indications that we are very close. During the playing of Wagner's "Rhine Journey" she got a series of flashes of previous incarnations showing us to be twin souls. In one of these I was seen as a priest renouncing our love to serve humanity. I feel there is a very strong tie between us and loveher. We both feel that this has been Given to us. Very frankly, we do not know what to do about it. She is teaching me so much at the present and is a very highly evolved spiritual person. She is about 71 years old and is lonely because of the her high evolvment. We both know that it is up to us to find the correct path for each or both together in His service. She is capable of excellent writing, having been a very successful writer, critic and playwright, also a fine teacher. Again, any advise will most welcome.

Mrs. Chandler referred me to a Mrs. Eleanor Strother Cooley. The latter is a famous esoteric astrologer with whom I am now studying. She, too, is an excellent teacher who knows her master to be K H. She kept on insisting that I learn the Qabbala and gave me a book to read. I could not get interested in it and discontinued reading it. (I feel very strongly that I must read the Secret Doctrine instead.) For the first time in some 3 years Mrs. Cooley was awakened at 3:00 AM and was given a message in automatic writing. (She knew absolutely nothing about me other than a friend of Mrs. Chandler). The message given to her said that "my master was M; I was with the Roerich group and I was never to be taught the Qabballa". She was also told that I was being instructed on the Inner Plane where she and a few friends, including Mrs. Chandler were receiving instruction. Mrs. Cooley has been studying astrology for 30 years and does not solicit students but waits until the student finds or is directed to her. I am very interested in this study and she is a fine and devoted teacher.

Upon the suggestion of Mrs. Chandler I am reading Paul Brunton and trying his formula for development through his book, "The Secret Path" and later the "Wisdom of the Oversoul". Do you approve?

I do hope that you will have the time, prerogative and wish to consider some of the above. May you continue well and joyous in your Great Service.

Loving thoughts,

David

AIR 32
MP

70
January 10, 1954

Dear Mother,

Thank you for your most welcome letters of December 19th and 28th. I can not express the deep gratitude for all your advises. They are being followed and will continue to be followed. I am happy to learn that an infrequent letter of mine is welcome. Please know that I shall try to take very little of your precious time.

Bolling will be gone for a period of 7 weeks. He has been prevailed upon to take 2 vacations a year. It seems to be the only way of making him get rested. I shall see him before he leaves for Switzerland for the purpose of giving an additional supply of Tincture of Strophantis. Already, he has overworked in preparation for his trip. This manifests itself by very rapid food passage through his intestinal tract. This is what he calls his allergy and blames milk and dairy products as the cause. However, he has come to believe that he does not have an allergy. Now he eats dairy products which you have prescribed so long ago.

Could you please answer these questions? Perhaps you would send these to Sina and she could translate for me.

Do you consider salicylates as narcotics?

Do salicylates have an adverse effect on the organism? Especially, when there is the opening of centers?

What is another name for the Himalayan jen-shen plant? I cannot find it listed at all. What is it used for?

Why was Bolling changed from Catillon Strophantis to the Tincture?

I have not seen Katherine about the notes on glands and nerves. We do not seem to have the time to meet. Was supposed to see her today, but it is snowing. The Cayce records spoke very much about glands in a general way and very often advised Atomidine for the condition. Atomidine is a patented medicine by a Hindu named, Bisey. I use for patients and find it helps many patients. I believe Katherine sent some notes about this to you.


Saw Sina and Dudley last night. This was the first time we were able to see each other since Mother Schafran's passing. They look very well in spite of the recent illnesses and Mother Schafran's passing.

This was to be a brief note to you and already it is much too long. Again, my heart-felt thanks to you for all your many advises and guidance. May you always be suffused with Love, Wisdom and Power.

Loving thoughts,

David

P.S. I think Atomidine is an atomic iodine which is made from sea kelp.

AIR 
MAIL

71

D. H. FOGEL, M. D.
1380 BEDFORD STREET
STAMFORD, CONN.

3-8700

February 3, 1954

Dear Mme. Roerich,

Very best wishes and many loving thoughts for your birthday and the birthdays to come. May you always have the necessary and devoted co-workers for your Given Work in His Service.

The new Agni Yoga book has been received. It is very well done and a great improvement over the old one. It even seems to have a better aura! I am reading it at present.

Katherine has given me her notes received ^{from} you. They are a great help. I intend to study also Sercret Doctrine, Vol. 6, Adyar Edition for additional background on the subject. Will also re-read Dr. Rele's "Kundalini" which will be more understandable to me than 3 years ago.

It is a personal joy to know that your letters are to be translated and published. I have heard only one of these letters translated by Sina 4 years ago at an Agni Yoga meeting. It radiated so much knowledge and understanding and supplements so beautifully the Agni Yoga Series. This was my thought and was disappointed that the letters were not available in English, at that time. They will answer so many questions, when published, for the English reader.

Received my first letter from Mrs. Bolling. She and her husband are in Lugano. She thanks me for sending them there for it is the first time in many years that she is receiving attention ^{from} her husband. The latter can not talk any Italian so his only conversation companion is his wife.

Again many loving thoughts and may you always be strengthened in your Great Work.

Sincerely,

David

March 7, 1954

72

Dear Mme. Roerich,

It has occurred to me that addressing you in a more informal or endearing manner might be a source of embarrassment to you. Hence, the present salutation - but it is still replete with devotion and profound gratitude from the heart.

Bolling has returned from Switzerland and had a fair rest. While abroad, his wife wrote that she was having one of the happiest holidays in her life because Bolling did not know the native language and thus confined all his attention to her. I am so happy to learn about this since she was always skeptical that we were trying to pull him away from her.

Bolling has complained of a headache over his right eye. The retina on examination shows an exudate of remote origin. At the time of examination, March 5th, his blood pressure was 200/120, the highest I have ever recorded. Is the headache and exudate from undue pressure? He is taking the prescribed Strophantis pills. He now eats all types of dairy products which he formerly did not, believing he had an allergy to them.

As you must know Sina again had a severe neuritis which responded to complete rest. She still has residual difficulty. It was interesting that when I put slight pressure on her solar plexus she complained of severe pain in the neuritis arm.


Katherine and Inge also were ill; both had sinusitis. Katherine had a fever for 2 weeks and finally was given penicillin by mouth. Both need a rest. I sincerely hope that they will soon go to Switzerland.

I have been taking a corned beef or ham sandwich and wine with acid when doing X-Ray work. Is there anything I can take instead? If you have the time to answer these questions, please enclose them in your letter to Katherine or Sina.

Very best thoughts and deep gratitude and,

With devotion,

David

AIR 
MAIL

July 8, 1954

73

Dear Mme. Roerich,

I know that you have been ill for several weeks and not yet fully recovered. If you are not well enough to answer this letter, nor have the time - please do not bother.

This concerns Mr. Barscz who is on the farm at present with Inge. As you may know he has Osteomyelitis of the right thigh. This started as a young child and healed. Then began again in 1948 after working very hard. He has been seen by 2 surgeons who recommend an operation. Dr. Craig, New York City, says it will be a year of treatment and operations to stop the drainage of pus. Dr. R. Lippmann, also of New York City and a friend of mine says it is only a simple operation and will not require so much time. Frankly, I am in hopes he will not require an operation. I have started him on Strophantis, 2 pills daily, and Senna powder. He was also told to stop working in New York and get clean, country air. So, he is now on the farm at Brookfield. Do you have any suggestions? Also, is there anything which can be done for Katherine's nephew, Grant Smith, who is on the farm with Inge for the next 2 months.? He has severe hay fever and asthma. An electrocardiogram showed an abnormal rhythm of the heart. He has been put on Strophantis, 1 pill daily. Because of his allergy to milk and milk products he has been eating soy products as a substitute.

Again many thanks for your advises of the past. I am settling down to the study of the centers. Katherine's notes are a great help. Unfortunately, Inge left her notes in Switzerland.

May this find you well and rested.

With Loving Thoughts and much Gratitude,

David

AIR 
MAIL

Sept. 27

Dear Anne Rverich

A few days ago a parcel was sent to you. It contains several items describing the newer medications which may be of interest. Also enclosed were a number of newspaper clippings. A request was placed for the very latest anti-biotic medicines, Ichnomycin + Bacitracin. When they arrive these will be forwarded.

The real purpose of this letter is to tell you of the wonderful book which Anna, Katherine & Dudley have made with your letters. It is a genuine joy to even hold the book. I never realized how one such book could be a treasury of such knowledge, beauty and love. I am so very grateful to you and all those who have made this book possible — because it will always be with me. It is more than just a book of knowledge & beauty. It serves to give me greater understanding of the Great Teachings & the Gr. T. And it also awakens a new respect and gratitude to you. I do not make any promises to prove these — but pray that the requisite will & courage will reveal these in the future, in ful-

AIR 3P
MAIL

filling the Fr. T's bill.

I have begun to read through the AG books to extract all references on centers. At the same time, I am reading for the first time the Secret Doctrine (Adyar Edition). Will next ~~next~~ refer to Vivekananda and Avalon on the Centers. The month of October is my vacation. During this period it is hoped that I will find the material on centers in Vivekananda & Avalon.

Mr. & Mrs. Bartz were started on your recommended regimen. Who is the surgeon in Conn. referred to? Did you ever receive my letter in which I wrote asking for help with Mrs. Bartz & Grant Smith (Katherine's nephew)? In this letter I referred to a Dr. R.K. Lippmann who is considered an excellent orthopedic surgeon.

May this find you well and engaged in your papers constructions.

Living Thought
Klauid

D. H. FOGEL, M. D.
1380 BEDFORD STREET
STAMFORD, CONN.
—
3-8700

November 22, 1954

Dear Mme Roerich,

Many thanks for the Ginseng which Katherine gave to me. It is already infused and awaits the required time in the sun.

Katherine's heart was examined shortly after the new dose of strophantis was given. The quality of the heart sounds were only fair. She is tired and has been doing very arduous work on the farm, besides not having restful sleep.

Mr. Bolling was also examined. He is much better, although he still requires a mid-day rest. There is a wart-like growth in his right nostril. It has been annoying him in the past. Recently he has been applying white vaseline to it and it is not troublesome at present. Should it be excised under a local anesthetic?

I am continuing the study of the centers. Am reading Vivekananda's Raja Yoga, Avalon's The Serpent Power, and the AY Books.

Again thank you for the information about the new drug, Butazolidin. I am impatiently awaiting the letter containing the notes about Valerian and the thyroid gland. Is this gland related to the Arthritis of old and young people?

About one month ago an envelop containing news of recent drugs was sent. I hope it has arrived. Shortly another will be sent.

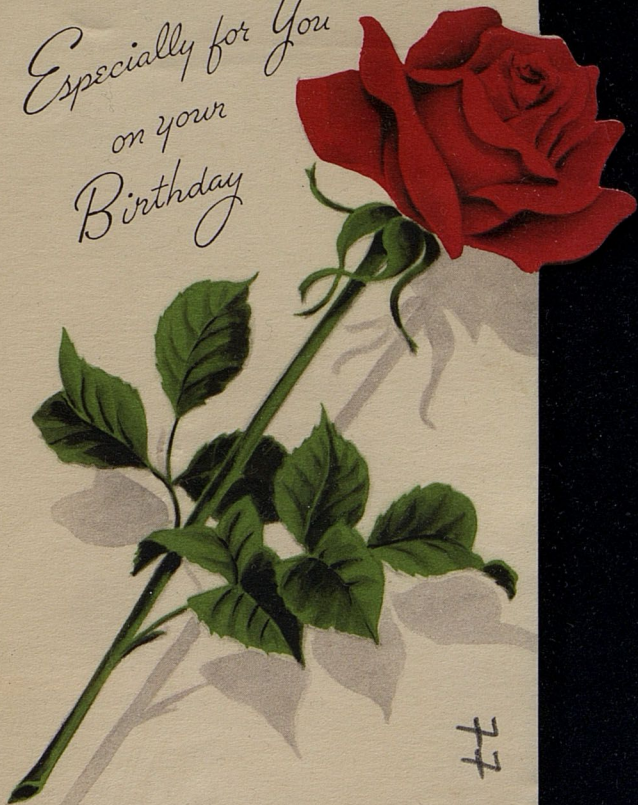
My heartiest gratitude for all you have given to me.

Loving thoughts,

David



Especially for You
on your
Birthday



77

With very warm affection

This message goes its way

To wish you everything
that makes

A very happy day, today
& every day.

Loving Thoughts
Klaved

78



87

Merry Christmas

and a

Happy New Year

Loving Thoughts
Klauid

Your note regarding Bolling
received. He is now on the Tincture
of Strophantus as advised. He is
to leave for Switzerland in January.

Have met a Mrs. J. G. Chandler,
a very spiritually evolved person, who
was the instructor of the young J. &
& leader of the Essenes at the time.
She is helping me greatly. Through
her clairaudience & clairvoyance she
has been told we are very close —
?Twin Souls?
Love David

1380 Bedford Street
Stamford, Connecticut
March 4, 1955

Dear Mme Roerich,

Earlier today a cable was sent about Mr. Barsz. I am sorry to trouble you when you are not well, but his case puzzles me and I am concerned.

Mr. Barsz was doing very well. He had gained in all ways, physically and spiritually, since remaining on the farm. Quite suddenly, he was awakened on March 2 at 2:00 AM with fever, chill and followed by severe pain in the right leg, knee and thigh. He thought that perhaps the usual drainage from the right thigh had lessened. The pain responded to Cibalgin partially but the knee continued to pain.

Aspiration of the knee was attempted for pus but none was obtained. The painful area was injected with novocaine and relief was obtained. His fever has been daily to 101° - 102° . Penicillin injections were started March 3rd and so far no results are noticed.

He is continued on Strophantis pills, 4 daily and 135 drops of Valerian daily in addition to soda and licorice powder. He is withstanding this fever satisfactorily at present.

If you have the health and the time, please advise. Also do tell me what is responsible for this unexpected relapse.

With many health sent thoughts and wishes,

Loving thoughts,

David

D. H. FOGEL, M. D.
1380 BEDFORD STREET
STAMFORD, CONN.
3-8700

March 20, 1955

Dear Mme. Roerich,

Have just learned from Katherine via Sina that Mr. Barsz is to receive Penicillin injections and the operation is postponed to October. Last night he was started on pure crystalline Penicillin, 100,000 units twice daily. It is planned that he will receive this dose for at least one week. He was also told about the postponement of the operation. He is continuing to take the same dose of the other medications previously advised.

On March 4th a letter was sent to you which will be summarised here. (Apparently it has not been received).
..... Mr. B had gained physically and spiritually on prescribed routine. On Mar. 2nd he was awakened at 2:00 AM with severe pain, swelling of the right knee and fever with chill. I attempted to aspirate pus from the knee without success and injected novocaine to relieve the pain. Cibalgine was also given. During the next 3 days he received 2,400,000 units of penicillin. (Unfortunately, the newer kind with addition to it)....

Since Mar. 6th he has gained slowly. His fever was normal and the knee stopped paining. The swelling continues to go down slowly and he walks about the house on crutches to rest the knee.

I am at a loss to understand why this unexpected relapse.

I was very sorry to learn that you are so weak at the present writing. May it soon pass and many wishes are sent that you will soon be well and strong.

Loving thoughts,

David

P.S. With the new penicillin, given March 2, 3rd & 4th - Mr. B. developed a skin rash

over the lower abdomen & thighs. It was especially marked over the affected knee. That is why the new Penicillin was stopped and your advice was awaited.

P.P.S. Usually my vacation is in the ^{entire} month of October. Planning to take the vacation in September this year. When you are feeling better - could you advise if there is some place where I could visit in September in order to study or gain knowledge. There is a world medical meeting in Vienna in September. If there are funds, I plan to attend this & then go to Switzerland. Please advise. Many thanks

David

INDIAN POSTS AND



TELEGRAPHS DEPARTMENT.

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Heartiest greetings for
 24 Hr
 David

N.B.—The name of the Sender, if telegraphed, is written after the text.