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July 3rd 45.

My dear Miss Mullie,

Your letter from Lima saddened me greatly. I did not answer your first one, as I was waiting for some good news to give you, but they never came. I am very, very sad that I cannot help you in your grief.

But do not despair, keep courage and faith in the higher wisdom. Who knows! perhaps all is for the best. Every one of us has some kind of trial to pass before we can really appreciate the significance and real value of one's life.

The great wisdom says - "only that heart that knows what real suffering is can be trusted" -

A new life, a new love and work, a new happiness
may be yet in store for you. Life has so many gifts
to offer us, we are surrounded with possibilities if
our heart and mind are open to receive them.

I am sending you my inward desire to help you
and hope my thoughts will reach your heart and
give it strength to endure

Joy will come, joy will prevail. - let it
be your banner.

Lovers affectionately

Helena Rverick