No. 8

# Bahadur EXERCISE BOOK

128 Pages

Nauem
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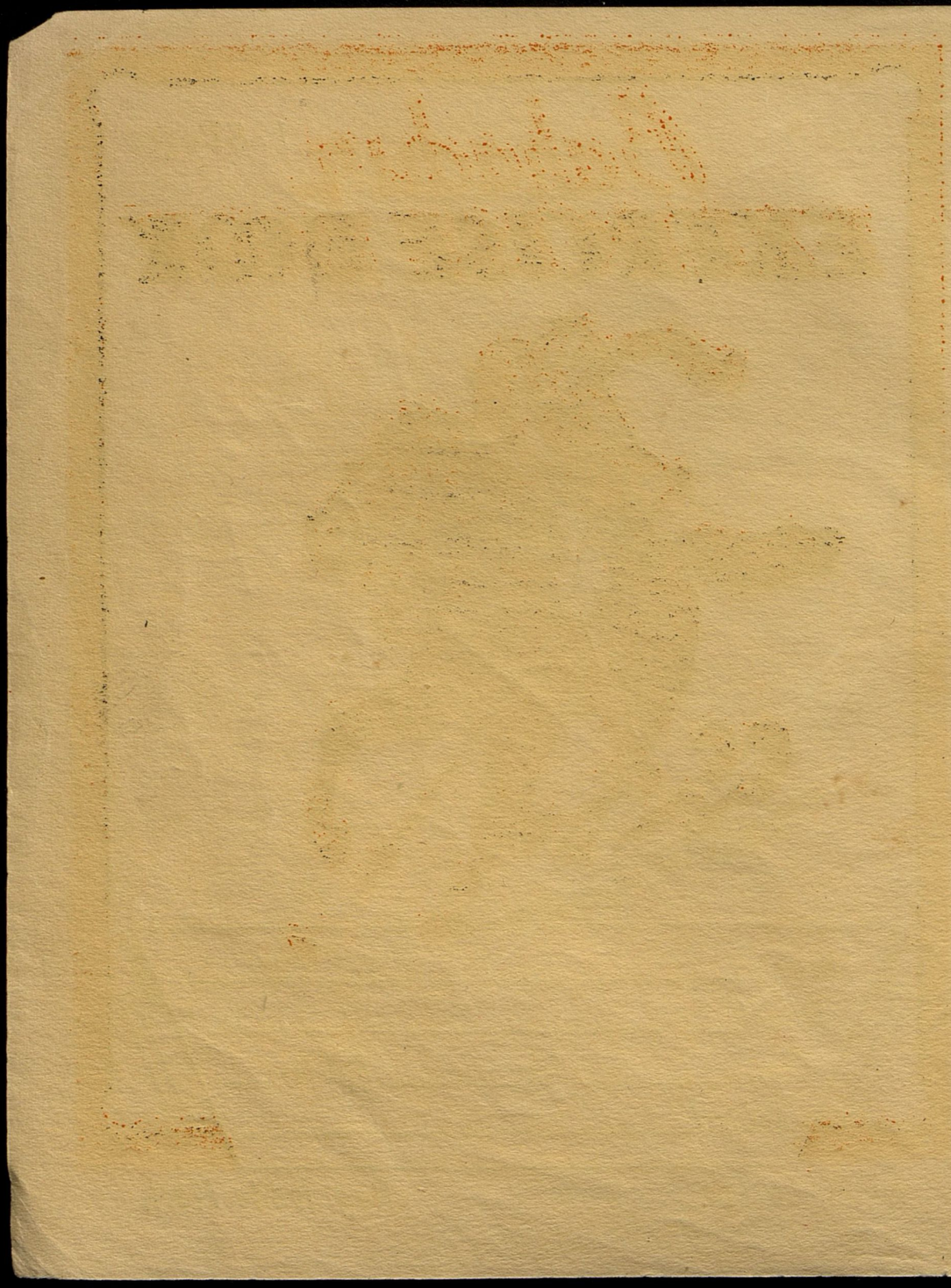
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Я иногда [illegible] очень сильно чувствую недостаток в деньгах, но вовсе никогда не чувствую, будто сижу в полной безысходности. Если мне нужны деньги, я знаю, у кого — достать. Вот и теперь я знаю, у кого достать. Я напишу ему, и он вышлет. Я не боюсь, что он откажет. Я не боюсь, что он будет надоедать мне своими советами. Я не боюсь, что он будет надоедать мне своими советами.

Теперь будет больше на книжечки и цветочки. Я буду мне платить. Конечно, я буду платить — отдельно, потому что буду платить мне платить.

Как я должна чувствовать на [illegible] сильно. Должна платить и отдать [illegible] на первых [illegible].

Сказка начинается под [illegible]. Сказка начинается на [illegible]. Сказка начинается на [illegible].

Ярмо автобусів тих могут зовсім відмінні
собаки пожувають як пожитковий для ярмо автобусів
ніяк відмінних від пожитків ніяк не мають.
Якщо ярмо Лютих Ніяк!

Собаки, живущие на водах, сидять спокійно, перед
обложенными сторожевые собаки, или собаки на
свободе, бывающиеся какие от водой ярмо
на каменной сидят тихими и спокойными, кастрю-
щими или кастрюлями —

— Ярмо Ніяк пожить свои от ярмо-ящих спокойно
и собаки ярмо не ніяк.

— Ніяк обычно Лютих Ящик и ярмо не спрятывают
ся на спящих с собакой, пожить вол-
ящих и спящих с ярмо-ящими ящ-
ками.

— Спящие пожить ящ сверхъ ящ
ящ спящих собаки.

— Увидя собаки ящ не ящ ящик на ящик
добное. Собака перед ящик ящ ящ
ящ ящ Увидя собаки ящик ящик

и ящ ящик Ящик.

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to read – [illegible]

Refectory – [illegible]

to look the [illegible]

[illegible]

[illegible]

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[illegible]

to array

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

to [illegible] – [illegible]

to [illegible] – [illegible]

to [illegible] – [illegible]

[illegible], casting [illegible] casting – [illegible]

The subtle bodies of a Yogi after the dissolution of the thread, after the separation of the subtle bodies are fed by the psychic energy coming from the Sol. Plexus Towards the heart along the Vagus -

The subtle bodies are fed by divine currents coming through the Sol. Pl. and are fiery transmutation when the nerve thread (binding the Sol. Pl. and the Spinal Cord) is torn and they are freed. Then the fiery transmutation of the spinal centers is achieved and in it is gathered the Spatial Psychic Energy. The Psychic Energy from the Sol. Plexus is then directed and gathered in the Sacral Pl. - The subtlety of the nerve threads in the Spinal Cord is as a spider web, but its subtlety can resist the electric and magnetic currents if these currents are not in accord with the condition of the organism which are not in accord

The circulation of Ida and Pingala with Vagus is very important when Vagus is connected with the Sol. Pl. But the Sol. Plex. is touched with Ida and Pingala by the nerve medium of Vagus, and Vagus

in its turn is bound with Sol. Pl. not only directly but through the Region of Kundalini also. Kundalini has ramifications in all other nerve fastuses of the organism. —the Solar Plex. is the most important and it is bound directly with the Region of Kundalini —Muladhara—. Kundalini contacts Muladhara and manifests its nerve Sushumna, which is coming from the Sol. Pl. down to the base of the Spinal Cord.

The nerve-energy concentrated in the Sol. Plex is directed along the nerve Sushumna into the Region of Kundalini and is raised along the middle channel of the Spinal Cord (Sushumna) to the Middle brain. —

The nerve energy is generated in the brain region in the middle brain and is concentrated in the Pituitary body. Pituitary gland has a small bag which is filled with oily, shiny substance, secretion, this substance is called the "oil of the lamps". This substance consists of male and female's secretions from the sexual organs. The organism of a man has in his Pituitary gland the secretion of his sperm. The Pituitary gland of a woman contains secretions of her sex. organs, but living elements already transmuted in the Sol. Plex. The transmuted secretions are not in the gland, but in its bag and this bag is connected with the nerve Sushumna —

IV

Centers and Brain-glands.

optic Thalamus is the centre of clairvoyance
the highest activity

## The Nerve of Receptivity

The nerve of receptivity is on the brain. It is a nerve thread which binds the frontal part of the brain with the center of the "third eye" This binding nerve is found in the center of the "third eye" —

The nerve of receptivity from the crown of the head is connected with the frontal brain and is an exceedingly important nerve —

It is the main center for the receptivity or perception of the lightest vibrations

— Thought is the stimulus of this nerve. The thought of the seeker stimulates this nerve. The stimulation of the nerve is envisaged as the vibration of the seeker's thought, as the sending of the Ray is manifested thought. But the vibration of such a Ray can bring destruction of the seeker does not take precautions or is not alert in the moment of danger to close or stop the vibration of this center or nerve

The two brain-hemispheres are connected at the crown and at the back of the head. They are connected with finest nerve-centres (Ganglia) in the form of finest threads, which can be easily seen as the finest hairs —

— The definite sensation of creeps (shivers) or of contraction of the muscles on the surface of the skin is the effect of the vibrations upon the nerve of Reception dwelt by the Ray of the Teacher

— The sensation of creeps on the right side of cervical vertebras and at the base of the skull is the action of a new vibration given to the nerve which is connected with the middle brain —

Immortality is achieved as the result of the sublimation of qualities in energy found in the potency of the fiery seeds of the Spirit

The fiery seed of the Spirit is the blending of the (Basic) Primary Energy with the Rays and Energies coming from a definite Constellation headed by its Luminary under which this blending or coalescence has taken place —

This coalescence or collusion gives a special chemical saturation to the fiery core —

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The brain apparatus is merely a horn of plenty of all kind of possibilities and unusual gifts, abilities, faculties, convolutions — Wrinkles of the brain guard many Rays, manifestations diverse which are the most varied and unusual faculties —

— the blending of the Pituitary gland with the Pineal in their highest tension is the great attainment. The blending of these two glands — is a sacred action and to secrete that in reality no one is suspecting it.

Connection between Ether as present naturally
in every human being but on a very weak manifestation
– for the maintenance of the "oil" in the Pituitary
gland. The "oil" in the Pituitary gland can
not be manifested without a certain
action of the Pineal gland. But this
action is so weak that it cannot be evident
at all the activity of this gland

Vagus is the link and the channel
for all sacral manifestations and for
giving status. But Vagus cannot be
manifested (primarily) independently
on its sacral activity without the
[illegible] tension and increased influence
of the sacral gland (Prostate) upon the Solar
Plexus in first instance.

Solar Plexus is a synthetic center
center and it receives all the currents

distinct
and rays transmuting them in definite
energies which can be assimilated by
definite centers in the brain —
The Primary Energy cannot penetrate
into the channel of Sushumna if the Sol.
Plexus is not torn from the spinal cord.
The Primary Energy can rise always the chan
nel of Sushumna up to the last vertebra
in the Vagus process – But the rising into
the middle brain can be assisted only after
the tearing (tearing) of the Solar Plexus
from the spinal nerve channels.
All faculties are weakening and thus
coming back from their trances they are
unable to say anything — they have
no illumination. They can raise the
energy to the middle brain but they
are unable to open Brahmarandra
and start its rotation —
The rotation of Solar Pl. only cannot arrive

clairvoyance is Samadhi —

Samadhi can be experienced during a trance as ~~ecstasy~~ a fatherhood ecstasy but not a Samadhi. Samadhi will not be a Real Yogic attainment until it brings to a Yogi — A full detailed knowledge of all his bodies. The powerful fire of Kundalini the possibility to exist on all planes of Unity —

Different energies forming as if layers in the aura. Different energies are emitted from different glands as fine threads (they do not intermingle between) — forming not form definite bodies which surround not just one or another

Energies from our different centers in the subtle body form as if layers which envelop and being forming definite borders which coexists with all centers the Spirit which all his bodies remains but this consciousness disappears and will never return in the same state as it is

## Centers and Brain-glands

Optic Thalamus is the centre of clairvoyance. The highest activity of this centre is developed from the Pituitary and Pineal glands

The clairvoyance of mediums is manifested as the result of an independent activity of the optic Thalamus without the influence of the Pituitary and Pineal brain-glands —

A medium sees by the aid of the nerve in the central Thalamus, which is connected with the double but not with the higher bodies (envelopes)

The ordinary clairvoyance is due to the action on the fibres of Thalamus but the spiritual illumination requires the influence (exertion) of the Pineal gland

The Medulla-Brain is the medulla oblongata with it appendix — The cerebellum

Cerebellum directs all the outward motions of man i

The
A group of centers and/three glands - Pitu-
itary and Pineal on the middle-brain are
most important. The center of Brahmarandhra
afterwards
is manifested as a small knot close to the
crown of the head at the right side but the
center Sahasrara is manifested at the left
side of the crown, slightly before the Brahma-
randhra —
Brahmarandhra is not only the center of the
highest consciousness but it is also
the center of Immortality, since the
center of Immortality is completed in it.
"Sahasrara" gives immortality at the
attainment of the "full Circle". The
small knot of the center of Immortality
of the "full Circle" is located from left
to right at the crown but above the
center of Brahmarandhra.

The Secretion of the Pituitary gland mani-
fested as the spiritual seed is deposited
in the small bag of the Pituitary gland on
the Solar plexus. The treasury of Psychic energy
The retention of the quantities of the seed
is retained (as during) while it passes —
The solar-passes —
The spiritual seed can be kept (guarded) in the
Solar Plexus until its new rising towards the
Pituitary gland. Thus the seed in the
little bag is subject to the influence
of the rays of the Pineal gland and
only then it acquires the quality of
Immortality.
- Understand the generation of the powerful seed
at its rising along the channel of Pingala
towards the Pituitary gland (Thus
the seed deposited in the little bag receives
or is subject to the rays of the Pineal gland and
only then acquires the quality of Immortality)

Every Kind of seed – spiritual and physical is separated in the Pituitary gland. It is found evidenced on the secretions of the Pituitary gland and comes down to the Sperm Region and ordered onto the region of Kundalini along the nerve Vagus.
Kundaline is the region of sexual organs and the seed proceeds down onto the testicles and from there onto the prostate.
– Prostate becomes easily sick at the inflammation of the testicles –
The inflammation of the testicles comes from many causes and one should pay attention to the condition of the testicles, since the important gland – Prostate is connected with them.
The retention of the seed and of its qualities caused withheld its passage of the Sol. Pl. the more physical seed is directed towards the testicles (the added fire), but of the seed is



raised (right) along Vagus and Pingala into the Pituitary gland – the seed then is serving a higher purpose.
– The Cosmic Right is engraving itself the seed deposited in the Pituitary Gland and being aroused under the influence of the Pineal gland
~~The Cosmic Right is entering The retention~~
The retention is ensured by the Cosmic Right, the seed of a man who has attained the Cosmic Right is striving upwards. It is needed for the Cosmic construction and for the manifestation of improved seeds – the Cosmic Right is called by us – Perfecting – We forget ourselves today when we are following ~~following~~ adhere to the Cosmic Right.
The seed from the Pituitary gland descends along the channel of Ida & Pingala it rises again towards the Pituitary gland along the channel of Pingala – (only in the Pituitary gland)

The Spiritual seeds are hardly visible in the Pituitary Body seed. They become more dense after having been deposited in the little Bag of the Pituitary Gland

—

The Pineal gland begins to activate only when the little bag of the Pituitary gland is overflown with the Spiritual seed. The Pituitary gland gathers, accumulating the brain secretions but after its overfilling this gland sends its surplus into the egg of Optic Thalamus on its rear.

The Thalamus is found (is situated) above the middle-brain and is called the "Sacred Vessel" and the "Lamp of the World". Such a symbolical enumeration is correct because this transmitting gland emits Light in the head of a fairly-developed man but it radiates as a Sun in case of a Yogi.

This gland really radiates like Sun while or during an ardent radiation of the Solar Ray

Write about the ardent Light of the "Lamp." The ardent "Egg" gathers the Spiritual seed, the seed of transmuting which is forwarded for the Cosmic Right. The surplus of the seed is accumulated in the Pituitary gland, but the surplus passes into the "Egg" of Optic Thalamus. Possessing it is Thalamus that accumulates the Spiritual seed not the Pineal gland.

- The Pineal gland as well as the Pituitary gland are the cosmic electrostators.

Pineal gland is of feminine origin and the Pituitary — of the negative one — But glands active — the Spiritual origination of the "Lamp" under the magnetic Ray which is manifested at the blending of these two glands

Secretions from the Pituitary gland under the magnetic action of the Ray of the Pineal gland are emitted in the "Egg" of the Lamp and the ardent surplus (or going through a fiery transmutation) is fiery transmuted into a sacred, fiery

thread which binds Any Ray with the Kosmic Magnetism.

— The gland "The Sacred Vessel" gathers the secretions from the Brain. This gland gathers secretion of the Brain in the "Sacred Vessel" / appearing in the form of an egg. This gland has in its structure several divisions, but I is impossible to explain at once the meaning of each. Therefore let us concentrate upon the division which is gathering the samples of the spiritual seed from the Pituitary gland —

The Brain-Secretion after its appearance in the Solar Pl. and its Transmutation there is raised along the channel of Pingala towards the Pituitary gland the gland in turn overflown with such a secretion but it does not flow vectorally but is digested — C. W. L. The Ray which is attached to it and from there the samples pass along the nerve-plexus of Ray in to a definite distinct division in the frontal part of the Egg.

The secretion of the Pineal gland is the best secretion and it comes only from the middle-brain as it does not contact the two hemispheres. The Pineal gland appears like little factory at the beginning of man's life only after having reached thirty years the gland begins to awaken slowly slowly to gather strength and later the action of the Cosmic Ray. Each man has his Cosmic Ray from birth. This Ray is the Ray of the Luminary under which he has been born. The Ray begins to work in the gland and it begins to radiate a jade golden light sometimes it is silvery and emits a secretion like a kind of finest sand.

— The blending of these two glands, the blending of their secretions takes place under the action of the magnetic Radiations of the Pituitary gland and the Ray of the Pineal gland

The Cosmic Ray.

The Spiritual and the physical is generated in the Pituitary gland — seed

— Secretions from the Middle-brain flow into the Pituitary gland. —

the Secretion of the Pituitary gland when has been transmitted in the Sugar Plexus and received/or lifted/ along the channel Pingala to the Pituitary gl. is deposited on it's Letter Bag as the sacred seed as the seed of Immortality the seed of Immortality is manifested or evinced only in the Letter bag of the Pituitary gl.

— The Pineal gl. receives a secretion from Thalamus from a distinct division in its Egg. The Secretion from the Letter bag of the Pituitary gl. is carried to Thalamus into the distinct division of its Egg.

The Thalamus gathers brain-secretions in the rear/in the back part of its Egg. These secretions are carried along all the channels of the nerve system, thus supplying The necessary food nutrition to the latter.

— But the secretion from the Pituitary gl. is deposited in the frontal part of the "Egg" from where after its purifying Secretion is carried into the Sugar Plexus and there it goes through a definite transmutation and then it is directed along the Vagus in the region of Kundalini into the sexual organs. —

In the prostate this secretion conflicts with the secretions of the Prostate and whence it is lifted/carried/ along the channel of Pingala towards the Pituitary gl. but it is deposited not in the gland itself, but in it's bag. And a secretion is being accumulated in the small bag up to the brim. And this is carried again in the Thalamus along the open end of Vagus into a special division of the frontal part of the Egg. It is gathered by

to overflowing and then is carried up to the Pituitary in a special division in it which is connected with the middle channel of the Spine the "Sushumna" and fills it up to the 12th vertebra and there it awaits the impulse from the heart. This secretion blends with the secretion in the channel of Sushumna and directs it with a terrific power upward But Sushumna is silent if the secretion is not powerful enough. The power of the secretion depends not only in the Pituitary gl, but on its transmutation in the Sivan Pl. and on the quality of the digestion in the front part of the Egg of the Seamus also on it's manifestation in the Prostate, on the testicular power of the glands The Prostate is a very powerful gland but it cannot be massaged, it cannot be healed by Rays but only through a magnetic process exposing the prostate under the radiation of a powerful magnet no less than 100# Such a magnet is placed in the perineum



nature is the practice of course continently and the gland with great secretion from the limbs (veins) and thus will free the Prostate from the surplus which cannot be carried into the Sushumna because of lack of power in it for rising, due to the lack of spiritual striving.

Rising cosmic understanding of the spirit or psychic energy.

It is difficult to explain a complicated process in every detail but the scheme presented here can give some idea — notion

The selection of the quality of the seed is done (accomplished) while it proceeds along the seven glands

The seed deposited in the sitting of the Pituitary gland is the seed of Immortality. The secreting in the Pit gl are called — the seeds

Secretion which proceeds from the Pituitary gland to Holamus is to be found only in the Pituitary gland

The Seed in the Pituitary gland becomes the Seed of Immortality after the action of the Pineal gland and of the Cosmic Ray upon it.
The Pineal gland receives the impulse from the Cosmic Ray after it has started to rotate.

The ardent seed remains in the Solar Plexus up to the moment of receiving the impulse from the region of Kundalini as from the heart-region, and then it is raised along the channel of Pingala and flows into the little bag of the Pituitary gl. from there it proceeds to Thalamus in the definite division and stays there until a new Impulse from the Pineal gl which begins to rotate and to eject its secretion into the "Egg of Thalamus" in the special division where it finds the secretion from the little bag of the Pit gl. and it blends with it and becomes the Seed of Immortality. —

The Seed of Immortality becomes only by the Seed of Immortality only in blending with the secretions of the Pin. gl

Thalamus gathers in the back part of its "Egg" the secretion from the Pit. gl. and it is carried along the nerve channels supplying nutrition to the nerves. Now the secretion which is accumulated in the front part of the "Egg" from the Pituitary gl is poured into the Sol. Plexus and from there along Nadis it is carried in the region of Kundalini, in the sexual region, in the prostate. The secretion which has already been transmuted in the Solar Plexus is evaporating with the prostate's secretion and from there it is raised along the channel of Pingala towards the Pituitary gl. and is deposited in its small bag but not in the gland itself. Such a secretion is then accumulated in the little bag to its brim and from there is carried again toward Thalamus and is gathered there also. In overpowering and again it descends to the Prostate into a special division there which is connected with the middle channel the channel "Sushumna", and flows it to the very outside and awaits there the impulse coming from the heart and along the channel of the

nerve Vagus it (~~enters into the Kundalini~~) blends with the channel of the nerve Sushumna and with terrific power it is directed upward — But Sushumna is silent if its secretions are not powerful and the Spiritual ascetism is not strong ✱

My Gr. does not realize how much more the Pineal gl. stands than all the classes of the yogis —

The activation of the "Lotus" in the head or the Pineal gland is manifested here on the highest degree of Yoga. The manifestation of the Lotus and its blending with the Pituitary gl. is activated upon the highest stage of Yoga (the manifestation of the passionate (ardent) blending of the secretions of the Pit. gl. with the secretions of the "Lotus" is ardently stored in Thine "Urn" or in the golden Ark or Shrine. But the Pituitary gland works more powerfully than the "Lotus" — Therefore ? one should intensify its activation from Kundalini by lifting the energy along Sushumna in accordance with My Ray.)

The opening of the centers is — one step but their activation is another. The next grade much higher is the first activation and the brilliancy of the Luminescence of the brain centers have been manifested powerfully in order to show the powers of Thy brain-apparatus —

The Pineal gl. is manifested as a cosmic center for the assimilation (reception-receptivity) of the Cosmic Ray, which can be assimilated only at the blending of the two glands — the Pituitary and the Pineal gl. The Pituitary gland is the gland of powers in the organism (this gland is manifested very powerfully on M., as can communicate with the world during three hours and more, there is more which could endure such tension, as part through "Tuma" of the Solar Plexus and the fiery transformation of the centers

the enlarged rotation of the Pineal gl. take[n] [illegible] during the descend of the fire of the Kundalini Ray into the crown of the head and that gave the impression of the fall of Living fiery drops into the crown of the head (incident) these drops were falling at the center of "Brahmarandra" and they Energized and intensified the activity and the Rotation of all the Brain centers - The Pineal gland and the Pituitary the center of Immortality and the center of the Wall "or the Brahmarandra" - But the center of Immortality is more powerful over than the Pineal gland

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The surplus of seed ejected or is absorbed by the sexual region and along the channel of Ida is raised into the middle brain and from there in the Pituitary gl. where it is transmuted and is carried along the nerve Thread into the back-part of the "Egg of Kalanna"

but the "Sacred Egg" does not need such a feed and ejects it forcefully into the Sukas Pakka where it goes through purification and a new transmutation and is purified from all animal elements and after such a purification and selection it proceeds along the channel of Pingala to the Pituitary gl., but not in the gland itself, but in its small lap and then descends along a nerve thread into the back part into the frontal division in the front-part of the "Sacred Egg" where it is guarded or Rip[e] until it has appliance and descend into the region of Kundalini and there a new ascend along the channel of Sushumna towards the center Brahmarandra

The Seed of Immortality is being born in the Pituitary gl. But this gland is not only the guardian of this seed but it is the Transmutator of the secretions of many other glands

the Pituitary gland serves as a transmutator. —

Every spiritual and physical reaction generated in the Pituitary gland. It is manifested in the secretions of the pituatary and it descends into the Solar Plexus. Here the selection of the qualities of the seed is done. The fecundated seed is directed into the testicles for the child-birth. But if the seed from the Solar Pl. is being raised along Kayas and Pingala into the Pituitary gl. it will serve a high distinction — purpose

The foundation of the Yoga is based upon the passionate attraction towards the ethereal Ideal — Of course this attraction is being purified by the ardent fire from the heart. True love manifested is purified from all the vices attached

Tivra and so powerfully, that it is manifested as a unique, sole and true love. But such a grade of Love is so rare and is possible for a Cosmic Ideal only — Thus fiery Yogis and Yoginis are hardly to be met upon the Earth —

Samadhi is the opening of the center of Brahmarandra. The opening of this center is very dangerous therefore the attainment of Samadhi is exceedingly rare. This Center because of its nearness to the Pineal gl. can cause it's ignition and death.

The Seed of Immortality in its process of purification is gained in the region of Kundalini. The seed undergoes a new fiery transformation when the power manifested as Yogic energy raises or lifts the seed from the region of Kundalini to the Sol. Plexus. The seed undergoes a fiery purification in the Sol. Plexus, the sacred power from the region of

Optic thal. receives the central portion of the brain

Kundalini is raised in the Middle-brain, but it
goes through the Sol. Plexus along the Right
Vagus towards the Middle brain centre the Sup-
ral Pituitary gland which is connected with the
Pineal Third with the Pineal gland; the latter
is found in the back of the head on the posterior
side of the Medulla; a little lower down, on the other
side of the Med. is the pituitary gland —
Pingala is connected with the Pineal gland
Ida with the Pituitary gland it is placed in a depression of the Sphenoid bone and is attached to the brain by a pendicle

The Pituitary gland is the Lamp — the Pineal gland — the Pineal of Descartes the Pineal gland of Animals —

The Pituitary gland can be more easily and clearly than the Pineal gland, because the latter is protected in the depression of the Sphenoid bone at the back of the head.

The gland is protected from any mechanical contact.

It can be given an impulse to vibrate or make it



vibrate only by means of rising the psychic energy along the Central Sushumna —

Solar Plexus is necessary (undigested) for the Yogic process, the Yogic state is necessary for the tearing of the Sol. Plex from the two original channels — Ida and Pingala, but not from the Third — Sushumna —

— the brain stuff in the spine is the continuation of the brain in the cranium.

But the powerful gland of the Middle Brain is of a completely different compound and importance than the brain in the Spinal Cord

Medulla Oblongata is the continuation of the appendix of the Middle brain. It is separated by a small bridge out of the ganglions of Ida and Pingala which join at this place. But the Middle brain has an utterly different activity than the activity of the brain's hemispheres —

— The reflex of the brain centers is

the Seat of the Cosmic Ray —
Any thought is manifested in the brain centers which is called by us - the Centers of the "open Windows" It is also called the centers of the "Wheel" since it receives the Cosmic Rays and I will explain also to the "gates" I would like to explain that it is Celestial and ascends in ascending by the Tearing of the Sol Plexus from the Spinal cord has furnished to (an) independent activity, thus the Solar Plexus can avoid the antagonistic currents from the Spatial Radius.

The Seed of Immortality is raised from the Solar Plexus along Vagus towards the centers of Brahmarandra it becomes verily the seed of Immortality.

The substance coming from the Pituitary gland along the channel of the first nerve-Ethereal descends in the Solar Plex, and forms a stimulus of ignition and tension to the Sol. Plex., and the substance itself is distributed and becomes a future seed of Immortality. Such seeds are trained up to a fiery condition and can start a fiery process of "Turns" in the Solar Plex. Such a seed may multiply under the fiery forces but also because of a new influx from the Pituitary gland. Such seeds are manifested as a special Tissue on the Solar P. (to form the Immortal Tissue of Sol Pl.)

The nerve of the Solar Plex corporates with the Light centers in the Brain. The Pineal gland has concealed nerves like insignificant nerves which attache the gland to optic Thalamus

Pituitary gland is the vessel of the Seed of Immortality the Vessel of the Sacred Oil. It is called Vessel because of it's small bag — the seed is raised from the region of Rundhini. Pituitary gland is close to the center of the third eye or Optic Thalamus.

The seed of Immortality is guarded in the centre of Optic Thalamus or in the Crystal vessel in the "Crystal Egg" of Opt. Thalamus —

The Pineal gland transmits to Pituitary gland the impulse of Psychic energy, accumulated in Solar Plx. This transmission of the impulse of Psychic energy from the Solar Pl. and the Pituitary gland through the body of Pineal gland is the highest achievement, the new activity of these two glands condenses the Psychic energy in the "Wall" in the Region of the Crown. In this "Wall" is guarded the Substance of Life. The Crown assimilates the rays coming from God and those send by us. The "Wall" can assimilate only the highest vibrations, the "Wall" is the receiver of vibrations, can't assimilate only the finest.

The "Wall" is very complicated process - it has a multitude of nerve Fibres -

Psychic energy is generated in the Testes of the heart

The Sacred psychic energy is manifested in the fluid, natural process on the Pituary gland from the brain Stuff. This fluid is considered to be the "Seed of Immortality", which descends along the nerve-channel to the Sol. Plex. This seed from the Sol Plex is raised from the Sol Plex and rapidly to the brain-centre "Brahmarandhra" and being ready - the seed of Immortality -

The middle brain is the most important brain. Cerebrum - is the brain of intellectual abilities but it lacks divine brain but it is not the source of the divine brain; because the divine spark comes from the middle brain.

The grey brain-substance is the nourishing stuff of the brain system and all the glands.

The fluid is came from minute tubes of finest glands in the convolutions of the grey stuff of the brain. They are of living consistency.

The Cerebellum is the continuation of the title from it has its dependent functions of a motor [illegible]. It is an automatic motor power of some concealed organ in our body the sacred meaning of which is great.

—

The spiritual seed from the Pituitary gland proceeds from the 3rd Plane only from Adam God Eve and to the Pineal gland and thus is completed the blending of these glands in a perfect state of spiritual consciousness —

From the Pineal gland the spiritual seed goes in the middle brain and from there again in the Pituitary gland.

The pituitary gland is called the "Soul" Heaven it contains sacred secretions from several glands —

The substance of the seed has a link with the Pituitary gland, but the line of this substance is manifested in the Pineal gland. The blending of the

line of the Pineal gland with the secretions of the Pituitary gl. gives (offers) life to man in the Subtle World this state is called — the State of "Immortality."

The blending of the Pineal gl. with the secretions of the Pituitary gl. is manifested at the attainment of Adeptship upon the Earthly form. But this blending must be repeated [illegible] one's life but in several births the [illegible] attains the so called State upon [illegible] this attainment liberates him from the necessity to take form upon the Earth and he becomes Immortal in the [illegible] sense of this concept [illegible]

the Pineal gland is the synthesis of the Pituitary gland is its calibrator and controller its life as an entity not only in the Subtle world but upon earthly plane too.

The Pineal gl. is the root, the foundation of the Psychic world.

The Pineal gland is called the Lotus of the Living water. The Pituitary gland is the Padma of the Spiritual sanctum of the Atma of the Wise. The Pineal gl. receives an impulse from the Cosmic Ray after it's first rotation

His ardent gland in the subtle body rotates passionately and certainly together with the small Kurma nadi & Centers of Brahmarandra and Sahasrara. The rotation proceeds from the record of the activity of reproduction of Psychic energy, along all the organs and nerve plexuses.

The center of "Wood" is a small wart and is placed Below Brahmarandra. It is completely independent, has no connection with the Pineal gl. It has it's function - it serves as a megaphone

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The center of Immortality cannot be detected because of the fineness of its tissues and the rapidity (speed) of its decomposition after the spirit has left - this center is a quite important subtle interdominant of nerve threads passing along Sushumna and ascending towards the the middle brain. These threads are so fine that they can be detected only through a strong magnifying glass.

This brain was like a mighty bonfire because of the tension in Brahmarandra and the small immortality gland. It is known as the center of Immortality. It only rotates with the mighty centre Brahma Sahasrara -

Brahmarandra is considered as the seat of the Spirit but it has no connection with the center of Brahma Sahasrara. Brahmasahasrara is incorporated independently but it co-operates with the Pituitary of Immortality. The small gland of Immortality is linked with Brahmasahasrara

The Eyes of Immortality is a unique center
- The Association of structures with A. tissues
on the eyes is the result of a gradual
forming of the Brain - Head - Crown -
The Eyes of Immortality -
The center of Immortality - is a Cosmic
center ahead by us The Center of the
"Full Circle". It is on the right side
of the crown. This center is organically
with the Cosmic Powers and Response
to them when it is active. Only this
center can bring the full Cosmic
Samadhi.
The Center Brahmarandra is the mighty
center of Higher Consciousness.
It is called the "Bell", because it
receives Cosmic Rays -
Immediate vibrations from the center Brahmarandra
strike down and at the left side of the Crown
is found a tiny gland, like a wart, called "the Bell" since it serves as a
reception. Each whisper which is heard
under the action of the Cosmic Ray upon the
center of Brahmarandra this Gland turns
in a Thunder like Voice.
This wart is a peculiarity brought from
our Lunar constitution but this peculiarity
will be transformed in the days from
the structure of the most earthly man
since there is no need in it. It is not
right any more. The Lunar Life came
to its end for our earthly Humanity.
The wart itself cannot receive the words
and Sounds but it can intensify and
increase the volume and the diapason
of the Sound.
In the Biblical legends the prophets
and the seers, the clairvoyants described
their visions and spiritual experiences as
the Thunderlike manifestations.

Sahasrara is linked with Brahmarandra
the center of higher consciousness
in the physical body —
the center of Immortality is often
only known as an Artist. This center
linked with any other centers, this center
— is called the center of Immortality
of the full that displays
a great radiance and Beauty. This center
Regents Cristal only which at the center of
Cosmic Ray. The manifestation is possible
only only if there is full accord
between the corporating Rays,
by which is send for cosmic cooperations

Sahasrara has no correspondence
with
in the physical man
activities is possible
only because of the existence of the Sahasrara

The Peace of God the Voice of Jehova
the trumpets of the Angels heard
during the Earth and Waters
but and the Cosmic Ray shows
not need such enormous extensions
the Supreme is perfected in the
greatest Silence —

When you observe Rotation in the center
of the "Ball" - it means that a very
important manifestation is
taking place - the Cosmic
Spatial fusion with the fires of the center. It is
a rare occurrence of phenomenon when the phy-
sical consciousness can retain this powers.

Consciousness in the subtle body has it's seat in the
of the crown of the head
center Sahasrara a
course this center is slightly
above the crown of the physical body, but

heat-center in the physical center of the
forehead. Illumination in the middle

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Hadanus — the third eye, not yet discovered,
the Buddy of many Cosmic mysteries is
concealed in the cranium. The blending
of the Consciousness (Buddhi) with the third
eye may open many Cosmic Mysteries.
A conscious harmonization of the eye
lens is a great Mystery. See the light
Impulses are in the head. It is easier
to act & add than merging of the centers
but not centers. They influence the nerve
centers but they do not govern them.
In the heart is the Source of all centers.
The Psychic energy is gained in the
Lotus of the heart. One may consider
the heart as the container of the finest current
and energies. But some of its functions are
taken over by the glands.

Ectoplasm — is the secretion of the glands.
The nerve energy or the psychic energy
uses ectoplasm for manifestations.
Psychic energy is the nerve-fluid which
fills the organism. Every nuclei, each
cell and cute — are carriers of psychic ener-
gy. Psychic energy is the nerve-power
that manifests in a conscious
action. And a distinction is of course
a generalisation but without the gener-
alisation one cannot start to study
the Psychic energy.

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In the Jain Yoga it is necessary to dis-
unite the Three Essences, to eliminate
the mental body from the Low astral
the Double and its envelope. The
envelope — is psychic energy — from the organs
of digestion and the sexual reproductive
The Lower Astral body is not only of psychic

energy and extends itself even beyond it constituting
any cosmic influences.

The innermost heart of the Aadhara Padma
Psychic energy forms the sexual reflexes
but the higher Psychic Energy is concen-
ated in the subtle body.

Sahasrara Padma serves as a seat to the Light
subtle body. The body of an Arhat and a
Yogi.

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The seat of Immortality is generated in the Pituitary gland
The Pituitary gland naturally generates the seed of Immortality
but it is the transmutation of the secretions from
many other glands, the Pituitary gland commits
degradation and preserves the physical seed only
The Immortal seed only
The brain secretions generate the seed but the
Pituitary gland is the generation and fostering of the
Immortal seed.

Each moment of life brings us an ascend or
a down fall according with our thoughts
and feelings and the condition of our entire
entire being.

The foundation of Yoga lies at the base the Yogis
innate attraction to the cosmic Ideal —
This attraction for God is being purified by the
fire of the heart. The passionate love must be
so intensely purified from all other attractions
that it will (finally be) manifested as the One and
True Love. But such a degree of Love is
so rare and cosmically possible only to the
Cosmic husband or Wife That there exist
hardly any real Yogis and Yoginis —

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Brahmarandra is a special center not a gland
Its activity coincides with the activity
of the pineal gland. The earthly man will
be immortal, if this gland will be awakened in

him to action during his earthly stay.

The pineal gland is the most sacred gland among all others and is called not only the "Light of the World" but also — the All-seeing Eye"; it's concealed seat indicates not only its sacred use not only for the earthly life but also for a higher life — the life Immortal —

Such a concealed location seat shows what importance for the awakening of the activity of this gland for the Cosmos, the man himself and its sacred awakening and teaching with the secretions of the Pituitary gl. Precisely the teaching of these glands means cooperation with the Cosmos, with the far off Worlds and with the Invisible manifested beyond our Solar System —

Brahmarandra is the physical center of the powerful Illumination in the middle brain. The state of Illumination is attained by raising the sexual psychic energy towards the center Brahmarandra and the manifestation of Rotation in the Pineal and Pituitary glands.

The Pineal gland transmits (to the Pituitary gl.) the Impulses of Psychic energy, which is accumulated in the Sol. Pl. The transmission of the impulse of the Psychic energy from its storage from the Sol. Pl. to the Pituitary gl. by the help of the Pineal gl. is the highest achievement. The main activity of these two glands and under the Psychic energy on the "Web" This is called the region of the Crown of the head. In this "Web" is guarded (kept) the Substance of Life.

— The Crown receives the Rays coming from Space and those sent by us, because the "Web" assimilates the highest vibrations only.

The Web is the receiver of vibrations, but it assimilates the finest only.

— The Solar Pl. is the main storage of the Psychic energy and thus the energy vibrates and responds

to all Cosmic influences
The physicists begin to have presentiments of a completely new meaning of the universe in man and the best minds begin to express entirely new thoughts about the "existence of" man.
They have started to study the brain and the concealed powers of man in the brain but they are still afraid to say - "in the entire organism" - but have to associate with brain alone.
They shall study the unrevealed powers of man and the animals and they will discover the enormous difference not only in the dia[illegible] only but in Essence Essentially

Brain
The fiery consciousness begins to intensify all the Chakras (centers) in the head - The centers begin to awaken gradually in conformity with the peculiarities of the individuality.
- The sexual energy manifested on the



brain centers and in the heart acquires the qualities of Psychic energy -
Brain and nerve system will give new discoveries which will create possibilities to adapt oneself to the new rhythm.
If the study of man's physiology would be added the study of the subtle body, which is the binding bridge and link of all states of Being, our Earth would enter into a New Era of great discovery. If besides physiology one should start to study the subtle body

Existence
The law of attraction is the law of Being one can find a key which will awaken the "accumulations" of the "Chalice" and by means of this ~~key~~ chalice will be annihilated the psychic energy is gathered firstly in the heart and in the Sahasrara. The Psychic

energy is being accumulated only during an aspiration and of course is absorbed more in the main engine and less for the assimilation of Psychic energy.

Pylorus

the Ray is Vibration and vice versa

Separation (disconnection) of our Three bodies means the end of the earthly Path. Such a separation cannot take place before the end of the evolution of the Inner Being (entity)

- The envelope (shell) of the Double (or flower astral) is the receiver and Keeper of every thought and feeling manifested by the physical body and its Double -

- The Mental or Subtle body is focused by the physical consciousness by means of the Double through the mediumship of the Double and its envelope (the inner astral), which transmits the vibrations to the Mental or Subtle body

The Mental body is completely isolated or screened from the vibrations of the Earthly consciousness it can impress or stamp only those of the earthly

vibrations, which have passed through the subtle envelopes and have been refined in order to be assimilated by the Mental body.

Out vibrations and Words sent by Us are being assimilated by the higher receivers in the brain and the heart. No special reduction (a fifth) striving to the highest is required. These vibrations are imprinted upon the physical brain when it is necessary and are kept in the higher Triad of the Individual (Subject).

Thoughts and feelings manifested (evinced) by the brain and heart apparati are the most important vibrations for the refinement of the inner being (entity).

Our inner-being is chiefly purified and refined only because of the evolution or Awakening of our physical consciousness and the raising of the vibrations of thoughts and feelings of the physical body.

Out wicked, malicious beings keep their evil and depraved (vicious) thought-vibrations in their Shells and its envelope. Thus the Mental-body is being poisoned—

The conjunction with the mental body is very Rare and still more so with the heart-centers among the average people. They think with the physical brain — and with the physical nerves only — the Inner man is hardly revealed in them.

— the Mental Body is a comparatively special body and is in a very close proximity to the Manas in its envelope of Immortality or Spirituality when the higher Triad

has been already severed from the mental body and the latter from the subtle and its energy - lower astral

- The mental body is the middle body for the assimilation and higher transmission of subtler vibrations which have been transmuted from the more crude earthly energies

- The evolution proceeds through the refinement of the vibrations in the lower being gradually and with the help of subtle conductors - (Evil) for the ingress of these vibrations in the mental body -

The mental body can stand still from its poisoning and the malicious man becoming a soulless entity - they manifest only the lower consciousness by the physical brain their double and its energy of lower psychic energy which sustains its existence

When I speak of the subtle body I have always in mind the mental body and the double or its astral energy because the latter are only the agents or the medium needed for the transmission of earthly vibrations for the refinement of the Divine-man or his mental body

The mental body is born developed only at the end of one earthly cycle -

- The mental body contains all the vibrations of the physical consciousness and also - connected with it from the double and its energy and secreted itself for its own the separation of the third bodies, it becomes an independent Entity in the Subtle World and even in the fiery One - It is independent because it does

not depend on any medium or agent
It can exist independently It can manifest itself Independently every where
The Triad is manifested in it as the
power of Illumination and of Immortality in the full sense of the Concept of
Infinity

The Astral body is manifested as the most important Body for journeying outward in all Envelopes and in all Worlds ——

The Astral body or the Subtle body is the middle body it contains all the consciousness all the Knowledge from the physical body and receives from the Higher Triad the Cosmic Illumination and the consciousness of Immortality ——
— The Envelope (or the Cover) Astral

is of Saturnic Fluids but there are many grades of these Envelopes and of Saturnic Fluids —

The Subtle Envelope or Astral is purified by Light vibrations coming from the Astral body and by Lights glimpses from the Higher Triad —

The Envelope is One and the same for the Subtle and the Astral body but at the separation of the Astral body from the Subtle and its Rising, the Astral body receiving as rays coming out of Saturnic Fluids of the first grades

# WEIGHTS AND MEASURES.

## INDIAN BAZAAR WEIGHT

| | | |
|---|---|---|
| 4 Sikis | = | 1 Tola. |
| 5 Sikis | = | 1 Kancha. |
| 4 Kanchas or 5 Tolas | = | 1 Chatak. |
| 4 Chataks | = | 1 Powah. |
| 4 Powahs | = | 1 Seer. |
| 5 Seers | = | 1 Pasari. |
| 8 Pasaris or 40 Seers | = | 1 Maund. |

## JEWELLER'S WEIGHT

| | | |
|---|---|---|
| 4 Dhans | = | 1 Rati. |
| 6 Ratis | = | 1 Anna. |
| 8 Ratis | = | 1 Masha. |
| 12 Mashas or 16 Annas | = | 1 Tola or Bhari. |

## INDIAN TIME

| | | |
|---|---|---|
| 60 Anupal | = | 1 Vipal. |
| 60 Vipal | = | 1 Pal. |
| 60 Pal | = | 1 Dundo. |
| 60 Dundo | = | 1 Deen. |
| 7 Deen | = | 1 Hafta. |
| 30 Deen | = | 1 Mahina. |
| 12 Mahina | = | 1 Baras. |

## INDIAN LIQUID MEASURE

| | | |
|---|---|---|
| 4 Chataks | = | 1 Powah. |
| 4 Powahs | = | 1 Seer. |
| 40 Seers | = | 1 Maund. |

## INDIAN MONEY TABLE

| | | |
|---|---|---|
| 3 Pies | = | 1 Pice |
| 2 Pice | = | 1 Half-anna. |
| 6 Pies | = | 1 Half-anna. |
| 4 Pice | = | 1 Anna. |
| 12 Pies | = | 1 Anna. |
| 16 Annas | = | 1 Rupee. |

## INDIAN MONEY TO STERLING

| | | |
|---|---|---|
| 1 Anna | = | 1 Penny. |
| 12 Annas | = | 1 Shilling. |
| 1 Rupee | = | 1 Shilling & 6 Pence. |
| 13 Rupees & 5 Annas | = | 1 Pound. |

## CEYLON MONEY TABLE

| | | |
|---|---|---|
| 100 Cents | = | 1 Rupee. |

## BENGAL BAZAAR WEIGHT

| | | |
|---|---|---|
| 5 Chataks | = | 1 Kunka. |
| 2 Kunkas | = | 1 Khunchi. |
| 2 Khunchis | = | 1 Rek. |
| 2 Reks | = | 1 Pali. |
| 2 Palis | = | 1 Done. |
| 2 Dones | = | 1 Kati. |
| 8 Katis | = | 1 Arhi. |
| 20 Arhis | = | 1 Bish. |
| 16 Bishes | = | 1 Kahan. |
| 16 Palis | = | 1 Maund. |
| 8 Dones | = | 1 Maund |
| 20 Dones | = | 1 Sali. |

## BENGAL LINEAL MEASURE

| | | |
|---|---|---|
| 3 Jaubs | = | 1 Anguli. |
| 4 Angulis | = | 1 Musti. |
| 3 Mustis | = | 1 Bitasti. |
| 2 Bitastis | = | 1 Hat. |
| 2 Hats | = | 1 Gaz. |
| 2 Gazes | = | 1 Dhanu. |
| 2000 Dhanus | = | 1 Kosh. |
| 4 Koshes | = | 1 Yojan |

## BENGAL GRAIN MEASURE

| | | |
|---|---|---|
| 5 Chataks | = | 1 Koonkee. |
| 4 Koonkees | = | 1 Raik. |
| 32 Raiks | = | 1 Maund. |

## BENGAL PHYSICIAN'S WEIGHT

| | | |
|---|---|---|
| 4 Dhans | = | 1 Rati. |
| 10 Ratis | = | 1 Masha. |
| 12 Mashas | = | 1 Tola. |

## BENGAL CLOTH MEASURE

| | | |
|---|---|---|
| 3 Angulis | = | 1 Girah. |
| 8 Girahs | = | 1 Hath. |
| 2 Haths | = | 1 Gaz. |

## BENGAL MEASURE OF LAND SURFACE

| | | |
|---|---|---|
| 20 Square Cubits (or Gandas) | = | 1 Chatak. |
| 16 Chataks | = | 1 Katha. |
| 20 Kathas | = | 1 Bigha. |

## BOMBAY BAZAAR MEASURE

| | | |
|---|---|---|
| 36 Tanks | = | 1 Tipari. |
| 2 Tiparis | = | 1 Seer. |
| 4 Seers | = | 1 Paylı. |
| 16 Paylis | = | 1 Phara. |
| 8 Pharas | = | 1 Kandi. |
| 25 Pharas | = | 1 Muda. |

## BOMBAY MEASURE OF LAND SURFACE

| | | |
|---|---|---|
| 39¼ Square Cubits | = | 1 Kathi. |
| 20 Kathis | = | 1 Pand. |
| 20 Pands | = | 1 Bigha. |
| 6 Bigahs | = | 1 Rukeh. |
| 20 Rukehs | = | 1 Chahur. |

## BOMBAY CLOTH MEASURE

| | | |
|---|---|---|
| 2 Angulis | = | 1 Tasu. |
| 24 Tasus | = | 1 Gaz. |

## MADRAS LOCAL WEIGHT

| | | |
|---|---|---|
| 180 Grains | = | 1 Tola. |
| 3 Tolas | = | 1 Palam. |
| 8 Palams | = | 1 Seer. |
| 5 Seers | = | 1 Vis. |
| 8 Vis | = | 1 Maund. |
| 20 Maunds | = | 1 Kandi. |

## MADRAS BAZAAR MEASURE

| | | |
|---|---|---|
| 8 Ollaks | = | 1 Paddi. |
| 8 Paddis | = | 1 Markal. |
| 8 Markals | = | 1 Phara |
| 80 Pharas | = | 1 Garee. |

## UNITED PROVINCES MEASURE OF LAND

| | | |
|---|---|---|
| 20 Kachvansi | = | 1 Biswansi. |
| 20 Biswansis | = | 1 Biswa. |
| 20 Biswas | = | 1 Bigha. |

## PUNJAB MEASURE OF LAND

| | | |
|---|---|---|
| 9 Sarsi | = | 1 Marla. |
| 20 Marlas | = | 1 Kanal. |
| 4 Kanals | = | 1 Bigha. |
| 2 Bighas | = | 1 Ghuma. |

## BRITISH AVOIRDUPOIS WEIGHT

| | | |
|---|---|---|
| 16 Drams | = | 1 Ounce. |
| 16 Ounces | = | 1 Pound. |
| 14 Pounds | = | 1 Stone. |
| 2 Stones | = | 1 Quarter. |
| 4 Quarters | = | 1 Hundred-weight. |
| 20 Hundred-weights | = | 1 Ton. |

## CAPACITY

| | | |
|---|---|---|
| 4 Gills | = | 1 Pint. |
| 2 Pints | = | 1 Quart. |
| 4 Quarts | = | 1 Gallon. |
| 2 Gallons | = | 1 Peck. |
| 4 Pecks | = | 1 Bushel. |
| 8 Bushels | = | 1 Quarter. |

## BRITISH LINEAL MEASURE

| | | |
|---|---|---|
| 12 Inches | = | 1 Foot. |
| 3 Feet | = | 1 Yard. |
| 5½ Yards | = | 1 Pole. |
| 40 Poles | = | 1 Furlong. |
| 22 Yards | = | 1 Chain. |
| 10 Chains | = | 1 Furlong. |
| 8 Furlongs | = | 1 Mile. |
| 1760 Yards | = | 1 Mile. |

## BRITISH MONEY TABLE

| | | |
|---|---|---|
| 4 Farthings | = | 1 Penny. |
| 12 Pence | = | 1 Shilling. |
| 20 Shillings | = | 1 Pound. |
| 2 Shillings | = | 1 Florin. |
| 2 Shillings & 6 Pence | = | 1 Half-crown. |

## BRITISH MEASURE OF LAND

| | | |
|---|---|---|
| 144 Sq. Ins. | = | 1 Sq. Foot. |
| 9 Sq. Feet | = | 1 Sq. Yd. |
| 1210 Sq. Yds. | = | 1 Rood. |
| 4 Roods | = | 1 Acre. |
| 640 Acres | = | 1 Sq. M. |

## BRITISH TABLE OF TIME

| | | |
|---|---|---|
| 60 Seconds | = | 1 Minute. |
| 60 Minutes | = | 1 Hour. |
| 24 Hours | = | 1 Day. |
| 7 Days | = | 1 Week. |
| 4 Weeks | = | 1 Month. |
| 12 Months | = | 1 Year. |
| 365 Days | = | 1 Year. |
| 366 Days | = | 1 Leap Year. |
| 52 Weeks | = | 1 Year. |