



MASTER INSTITUTE
OF
ROERICH MUSEUM

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NEW YORK, N. Y.

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CABLE ADDRESS UNITAR, N. Y.

November 21, 1931

Mme. Helenas de Roerich
Naggar, Kulu,
Punjab, India

Dear Mme. de Roerich:

We are sending you today a very touching tribute from our Junior Art Center. The children have worked on these drawings under the supervision of Miss Kettunen in the last few lessons, desiring to have them reach you for Christmas. A little note from the class accompanies these drawings. You will be glad to know that this class is growing beautifully and there are several very talented children who have been with us for a few years and are showing signs of fine growth.

I am sure that everybody, including Miss Kettunen, will value greatly your thoughts and suggestions which you might send for the furtherance of the spiritual and artistic development of our children.

Yours devotedly,

Sina Lichtmann
Director

2

Course for Little Children in
Beauty, Truth and Goodness

Master Institute of the Roerich Museum, 1930-1931

Lesson 1 Sarakha and His Blessed Arrow

(Method: Patanjali Sutra 17) (Used in each lesson)

- (1) Observation: Children make a list of what they see in the painting; 9 trees, mountains, valleys, snow, clouds, grass, branches, dead trees, man, Lama, red cap, arrow- etc.
- (2) Quality
Relation of Sarakha and his arrow to me, the child. Story of his compassion and the fashioning of his thoughts into the swift arrow. Have I ever sent arrows, blessed or poison?
- (3) Meaning for me; the child:
I grow still and look within, and see Sarakha fashioning his arrow for me because he loves me. Now he is sending it to me. This makes me happy.
- (4) Identification to the child:
I am Sarakha. I fashion an arrow of my thoughts. I send the arrow. I see it as a ray of light. I send it to my Mother- to India- to a children's hospital- to Professor Roerich, to Madame Roerich.

(All the children in unison, standing and with motions:

I send a blessed arrow to the	East,	(used with variations in each lesson)
" " " " " "	North,	
" " " " " "	South,	
" " " " " "	West.	

Create in me a clean heart, O God, and renew a right spirit within me.

(Pasting, cutting, drawing, writing in note books, following trip to the Museum.

Lesson 2-

Buddha the Conqueror

(4-fold method of Patanjali 17)

Story of Lord Buddha.

Trip to the Museum to study the Painting.

- (4) Identification: I am Lord Buddha sending the light of happiness to the world. I meditate and grow very still.

Let the words of my mouth, and the meditations of my heart, be acceptable in THY sight, O Lord, my strength and my redeemer.

(Pasting, cutting, drawing, writing in note books.)

Lesson 3

Buddha the Testor

Story of his preaching to the fish, and turning all who heard Him gladly into gold-fish- the sorrowful Sword and Devil fish and the Snapping turtles who turn away and so miss the shining glory.

(3) Meaning for me: I will be one of the gold fish and hurry toward Him to hear the teaching. He will turn me to shining gold. He is turning me now.

(4) Identification: I am Lord Buddha, preaching to the fish. I carry the light in my heart and I turn them to gold.

(All the children in unison send the light about the world in the name of Lord Buddha.)

Lesson 4

Milarepa

Story of the Saint.

(4) Identification: I am Milarepa listening to the angels and singing a hymn of joy.

Hymn of David from the Psalms: Bless the Lord, O my soul; and all that is within me, bless His holy name.

Each child wrote a hymn:

Jean: Praise the Lord, all ye people, for the love and sunshine He has shown toward us.
I love the Lord for all the gifts and joys he has given to me.

David: A Thankful Heart
I am thankful for what God has given me.
God has given me two eyes to see beautiful things,
two ears to hear beautiful things;
two feet to walk to beautiful places to see beautiful things,
Master Institute of Roerich Museum.

Teddy: God is in everything. I praise God for all the things he did for me; food, shelter, two eyes, two ears, two feet, Father, Mother.

Lesson 5

Jeanne d'Arc

(Lesson of obedience to the Heavenly Voices and of Courage)

Story of Jeanne d'Arc. Acting out of the story scene by scene.

(4) Identification: I am Jeanne d'Arc leading an army for Peace.
We gather all the children of the earth into a great, triumphant army marching for peace. Jeanne d'Arc is leading us on her great charger, with the banner about her.

Lesson 6

Moses

- (1) Observation of painting.

Story of Moses

- (3) Meaning for me: I will be still and see him on Mount Sinai, receiving the Commandments of the Lord, with the curtain of glory about his head.
- (4) Identification: I am Moses, bringing the good law to the children of Israel- obedient to God, and expecting obedience from my children.

The ten commandments- How we obey them.
(Pasting, cutting, writing in note books.)

Lesson 7

Thoughts

Lesson on blackboard with colored chalks- auras, thought-forms- meaning of colors.

(Children write in note-books and illustrate with colored crayons-)
Blue- prayer and love sent to God - clouds and a lotus blossom
Red- anger- darting like lightening or explosive
Yellow- clear thinking- knowledge
Orange- ambition- (may be selfish or unselfish) hooked figure turning inward-
Rose- love for Mother or friend
Green- may be sympathy or jealousy-
Lavendar- self-sacrifice

(With spontaneous action, Jean wrote in her book:)

Jean is going to send lovely thoughts of love dressed in colors: blue, lovely green (not selfish green) of sympathy, gold, rose, lavendar.

Teddy wrote: Teddy is going to send these colors all over the world- blue, yellow, green and rose.

(Children make up stories illustrating various emotions and color them in note books.)

Lesson 8

Symbols for Numbers+1-10

Meaning of circle, dot, line, triangle, square, five pointed star, six pointed star, and combinations. A child's universe.

Lesson 9

Earth, Air, Water, Fire

The elementals of each kingdom without and within a child- their effect on the Self- (A lesson given me directly by H.P.B.)

(Note: More than one class session is usually spent on each lesson)