

1
SECOND YEAR

GROUP FOR CREATIVE MEDITATION
ON
THE LAWS AND PRINCIPLES OF THE KINGDOM OF GOD

SET VI
(Second Year)
(October 21st - December 20th)

Survey on Radiation

Quotations from the Tibetan's Writings

A SURVEY ON RADIATION

I. WHAT IS RADIATION

Radiation of the unit and radiation from the unit.
Spiritual radio-activity - The Law of Radiation.
The Aura: The Sphere of Radiation.
The Cause of Radiation.

II. DIRECTED RADIATION - Types and Methods of Radiation.

- 1. Telepathy
 - a. Receptive
 - b. Active
- 2. Impression
 - a. Receptive
 - b. Active
- 3. Projection
 - a. Upwards (Alignment - Building the antahkarana - Ascension)
 - b. Outwards
 - c. Downwards
- 4. Penetration
 - a. Upwards
 - b. Downwards

III. ORGAN USED IN RADIATORY ACTIVITY

The Head Centre
The Third Eye
The Ajna Centre
The Throat Centre
The Heart Centre.

IV. EFFECTS

- 1. Creativity
- 2. Illumination
- 3. Dispelling of Glamour
- 4. Blessing (Transmission of energy)
- 5. Healing.

QUOTATIONS FROM THE TIBETAN'S WRITINGS

ON
RADIATION

I. WHAT IS RADIATION.

We must ... consider:

- a. That which radiates.
- b. That which is the subjective cause of radiation.

It might be very briefly stated that when any form becomes radioactive, certain conditions have been fulfilled and certain results brought about, which conditions and results might be summed up as follows:

The radioactive form is one which has run through its appointed cycles, through its wheel of life, great or small, which has been turned with adequate frequency, so that the volatile life-essence is ready to escape from that form and merge itself in the greater form of which the lesser is but a part.

Radiation comes about when the internal, self-sufficient life of any atom is offset by a stronger urge, or pull, emanating from the enveloping greater existence of whose body it may form a part. This is nevertheless only true when it is caused by the pull upon the essential life by the essential life of the greater form; it is not due to the attractive power of the form aspect of that greater life.

Finally, the attractive pull of the greater centre becomes so powerful that the positive life within the atom (whatever type of atom it may be and in whatever kingdom) feels the force of the central energy which holds it, along with other atoms, coherently fulfilling their function. This energy penetrates through the ring-pass-not, evokes no response from what might be called the electronic or negative lives within the atomic periphery, but does evoke a response from the essential, positive nucleus of the atom. This is due to the fact that the essential life of any atom, its highest positive aspect, is ever of the sameness as that of the greater life which is drawing it to itself.

Through this process (which is found throughout the solar system in all its departments) every atom in turn becomes an electron. The positive life of any ^{atom} in due course of evolution becomes negative to a greater life toward which it is impelled or drawn. ... Within the three lower kingdoms of nature, the process is undergone unconsciously, it is consciously passed through in the human kingdom, and in the higher spheres of existence, with an enveloping consciousness which can only be hinted at in the ambiguous term "self-conscious group realisation." (Cosmic Fire, p.1063-1065)

The Law of Radiation.

Radiation is the outer effect produced by all forms in all kingdoms when their internal activity has reached such a stage of vibratory activity that the confining walls of the form no longer form a prison, but permit of the escape of the subjective essence. It marks a specific point of attainment

3

in the evolutionary process, and this is equally true of the atom of substance with which the chemist and physicist deal, when working with the elements, as it is of the forms in the vegetable kingdom, the forms in the animal kingdom, in the human, and, likewise, in the divine.

(Cosmic Fire, p.1063 -1061)

The Sphere of Radiation.

This obviously concerns the radius of influence or the outgoing vibratory effect of the centres, as they are gradually and slowly brought into activity. These centres, or their vibrations, are in reality what creates or constitutes the so-called ^{aura} of the human being, even though that aura is frequently confused with the health aura. ...

The "sphere of radiation" is a potent instrument in service, and its extent and purity of contact should be cultivated by the pledged disciple. There is true occult teaching in the statement in The New Testament that "the shadow of Peter passing by healed." His aura was of such a nature that it had a beneficent effect wherever and whenever it touched or contacted those in his environment. The control of the Christ over His aura was such that "He knew when virtue had gone out of Him" - He knew, therefore, that healing energies had poured through one of His centres to a needy person or group of persons. It is the aura, and its potency of attraction, and its stability, which also holds a group together, which also keeps an audience listening, and which makes an individual of importance along some definite line of approach to his fellowmen.... One radiant, creative life, consciously using the heart or the throat centres, can carry inspiration to hundreds. These are points well worth careful consideration. You must, however, bear in mind that these centres are brought into activity by the cultivation of certain major virtues, and not by meditation or concentration upon the centres. They are brought automatically into the needed radiatory condition by right living, high thinking and loving activity.

(Telepathy, p.173-175)

This whole question of spheres of influence is one upon which you need to ponder. It is closely related to the problem of the aura and its esoteric circumference; it concerns the "sound" of a disciple's life and the nature and quality of the radiations which emanate from the "place where he stands." It is tied to the whole theme of orientation and of spiritual location and to the magnetic effects of the at-one-ing of soul and personality. The problem of radiation and of magnetic influence is apt to be viewed from the one-sided point of view of the disciple who considers the results of his radiation and of his magnetism upon those he contacts. There is however another point of view; these qualities - inevitable and inescapable - lie behind the entire theme of karma. They draw to the disciple that which can hinder him as well as aid him; his aura - which is a combination of radiations, energies and arranged forces - can repel the good or attract the bad, and vice versa; it can determine - through the contacts made and the relationships set up - the trend of the disciple's life. It is one of the main factors in the presentation of choices....

(Discipleship in the New Age, Vol.II.p.537-538)

I would have you distinguish carefully between the astral and the mental bodies and that which they emanate. The bodies (so called) are substantial in nature; the aura is essentially radiatory and extends from each substantial vehicle in every direction. This is a point which should be most carefully noted.

The study of occult psychology involves a true conception of the nature of the Ego, or the arousing of the Ego to full activity in manifestation; it will necessitate the sound formulation of the laws of egoic unfoldment, of the methods whereby, petal by petal, the lotus may be brought to perfection, and of the triple nature of its evolution; it will bring about an eventual apprehension of the true meaning of force, and of energy in its dual aspect - internal vibration and external radiation; it will produce the centering of the attention of all advanced students upon the centres - in this case not the physical centres on etheric levels but upon the psychical centres, such as the Ego in the causal body and egoic groups. This will produce later a better comprehension of the effect of one consciousness upon another consciousness on the physical plane, and this knowledge will be scientifically utilised to produce specific results in group evolution, and thus some of the world problems will find solution. Finally the laws of fire will be studied, the nature of heat, of radiation and of flame will be occultly investigated, and the action of one fire upon another fire, the result of radiation from one conscious sphere to another will be realised; the method of arousing consciousness on the different planes by action upon the fires of the causal body and their stimulation will be gradually revealed.

The whole question is slowly, very slowly, coming to the fore in human thought (even though this is little realised) through the study of vocational education, business efficiency, and the place of the human unit in any trade or enterprise. Men are being spoken of and considered in terms of potential force factors, and this is a step in the right direction.

(Cosmic Fire, p. 548)

People are apt to regard magnetic potency as evidence of love; it is in reality, evidence of the radiation of love when enhanced and strengthened by First Ray energy. It is the admixture...of love and will which produces radiation.

(The Seven Rays, Vol.V, p.374)

Radiation and magnetism, invocation and evocation, are four aspects of a dual whole and all must be unfolded by the Server.

(Discipleship in the New Age, Vol.II, p.47)

...The whole question of radiation and magnetism lies at the foundation of the hierarchical method of work. A disciple becomes spiritually magnetic; his radiation begins to make itself felt; this must inevitably be the case when head and heart are consciously related. Gradually that magnetism and that radiation make their presence felt in the disciple's environment and evoke response from others. Not only so, but the magnetic-radiatory vibration attracts the attention of the Master, and the disciple finds his way into the Ashram along the line or the beam of his own radiatory activity, which has been akin to that of the Ashram.

(Ibid, p.560)

When one comes to the consideration of the sphere of radiation of these three major Centres, it is interesting to note that, at this time and in this present world cycle, the most potent radiation and the widest range of influence is that of the Hierarchy. Apart from "giving life" to all forms upon and within the planet, the influence or radiation of Shamballa is definitely and consciously restricted, until such time as the Hierarchy and Humanity can respond constructively. ...

4

The centre called humanity has as yet an inadequate radiation because of its - at present - inadequate development; its sphere of influence is relatively limited, though men are beginning to work outward in the direction of the subhuman kingdoms and to attract more forcefully the kingdom of souls than heretofore. The Hierarchy has, however, no interior restrictions such as are consciously and deliberately imposed upon itself by Shamballa or which are unconsciously imposed by humanity; any blocking of the hierarchial radiation (if I may use such a term) will come from the forms on which the impact of its radiation is sought, but the outgoing influence of the central Triangle of the Hierarchy is unique and far-reaching.

(Telepathy, p.137-138)

The work or the radiatory activity of the Hierarchy is today more potent than at any time in human history.

(Discipleship in the New Age, Vol. II. p.409)

Every Ashram radiates some one major quality according to the ray of the Master at the centre; in the same way the Hierarchy radiates the quality of the second divine aspect.....

The Master's aura (which determines the aura of the entire Ashram) has three outstanding radiations as far as the responsiveness of the disciple is concerned:

1. The radiation which comes from the higher levels of the mental plane, or from the lowest aspect of the Spiritual Triad. The potency of this radiation and the extent of the sphere of influence will be determined by the extent to which the Master is spiritually in touch with the Mind of God. ...
2. The radiation which comes from the plane of buddhi or of the spiritual intuition. This is an expression of the love nature of the Master and is that which enables Him to be in touch with the Heart of God. ...
3. The radiation which comes from the atmic level or the will aspect of the Spiritual Triad. This is the emanatory expression of the capacity of the Master to enter into the Council at Shamballa, to register the purpose of God and to work with the Plan, which is the expression, in any given cycle, of the working out of the divine Will. This aspect of the Master's radiatory activity is of so high a nature that only the advanced initiate-chela can register it. ...

This threefold radiation of the Master, as it expresses His planned activity and sphere of "influential emanation" is that which draws the disciple into His aura - not in this instance the aura of the Ashram but of that which makes the ashramic aura possible - the Life of the Master.

(Discipleship in the New Age, Vol. I. p.754-757)

II. DIRECTED RADIATION

Radiation is a tangible substance and potency, producing effects.... It is the subjective, consciously focussed radiation to which I here call

attention. This should produce effects without physical contact, and this should constitute your joyful service. Joy is the most powerful impulse behind the right kind of radiation.

...How does a Master reach his group of disciples? Through direct radiation. It is the basis of all telepathic communication, group interplay, and potent usefulness. (Discipleship in the New Age, Vol. I. p. 185)

As the vitalisation is pursued and the energy is poured from one or other of the centres into the thought-form, the conscious builder begins to extend this influence in order to send it forth from him to perform its mission, whatever that may be, to make it occultly "radiant" so that its vibrations will emanate, and make themselves felt, and finally to make it magnetic, so that something in the thought form will call forth response from other thought forms or from the minds it may contact. (Cosmic Fire, p. 973-974)

... The Knowers of the world have ever referred to the dual action of the mind as it is sensitive to the higher impressions and active in the mental creation of the needed thoughtforms. The mind, rightly trained, will seize upon the fugitive impression, subject it to the concretising effect of mental activity, produce the required form, and this, when correctly created and oriented, will finally lead to the externalising of the registered impression. ... You will see also why disciples and world workers have to function as MINDS, as receptive and perceptive intelligences and as creators in mental matter. It is all related to this Science of Impression with which we have been dealing. You will note also that this whole process is capable of expansion in the processes of meditation. ... (Telepathy, p. 49)

... The method of work of the Hierarchy is that of impression upon the minds of Their disciples, of telepathic work carried on with the Master as broadcaster and the disciple as the recipient of impression and of energy....

It is necessary for you and for all disciples to grasp the correspondence to this hierarchical effort and any effort which you may make in order to work as a group of individuals with groups or individuals. (Ibid. p. 40)

You might here ask: What can we as a group accomplish? What is it that we can do? You can, for one thing, begin to work as an Ashram works, using the power of thought, originating pressures, directing thought currents along specified lines out into the world, creating thoughtforms which will make clear-cut contact with other minds and which will bring about definite changes in the consciousness of humanity. ...

... An Ashram is an emanating source of hierarchical impression upon the world. Its 'impulsive energies' and its inciting forces are directed towards the expansion of the human consciousness, through the magnetic lives of the group members as they carry on their duties, obligations and responsibilities in the outer world. ... (Discipleship in the New Age, Vol. II. p. 36)

... Radiation should form the key of your life.... The peculiar type of radiation which I want you to endeavour to express is that light which reaches others upon the wings of joy.

5

I would remind you here that happiness is the result of achieved personality desire; joy is the expression of the soul's surety, whilst bliss is the consummation which the monad bestows upon the initiate.

...Focussing yourself at as high a point as possible and using the creative imagination to your fullest capacity, see the radiation of love as light pouring from the soul and raying forth as a mental influence to others, as an emotional benediction to others, and as vital life in your aura and physical presence. (Discipleship in the New Age, Vol. I. p. 181-182)

Take long breaths, saying as you inhale:

"I gather life and strength."

As you exhale say:

"In love I send them forth."

Thus the rhythm of the life of service is indicated and expressed.

Words of Power must go forth from the soul (whose nature is love and whose purpose is solely group good), backed by or "occultly propelled forth" ... by the dynamic will aspect, and carried outwards as an integrated thoughtform upon a stream of living, illumined mental substance. (The Externalisation of the Hierarchy, p. 145)

...The Act of Projection and the saying of the words of power which - again naming the particular glamour which is the subject of attention and thus bringing it consciously into relation with the focussed light - begins the task of dissipation. (Glamour, p. 233)

... "The wheel of living fire which burns not but ever heals."...

See before you a wheel of fire with seven spokes. See it immediately before your eyes. Then, by an act of the creative imagination, see yourself standing in the centre at the hub of the wheel; there regard yourself as if you were that hub. From that central position, send out the seven streams of living love, radiating upon the world. When you do this you serve and are, at the same time, completely protected. This exercise can become instantaneous and effective. It generates a protective force and at the same time makes you a living centre of light and love.

(Discipleship in the New Age, Vol. I. p. 156)

He (the aspirant) must demonstrate the laws of radioactivity in his own life on the physical plane. His life must begin to radiate, and to have a magnetic effect upon others. By this I mean he will begin to influence that which is imprisoned in others, for he will reach - through his own powerful vibrations - the hidden centre in each one. ... I refer to that spiritual radiation that is only responded to and realised by those who themselves are becoming aware of the spiritual centre within the heart. At this stage the man is recognised as one who can speak occultly "heart to heart." He becomes a stimulator of the heart centre in his brother, and one who arouses men into activity for others. (Cosmic Fire, p. 863)

1. The Ashram pulsates with life. Its radiation penetrates the outer gloom and dark; waiting aspirants, one by one, and all alone, appear within the beam of light.

2. Along that beam the chela travels towards the central point of light, the Master in His Ashram. The Master waits. He moves not forth but quietly radiates.
3. The chela enters through the door into the Ashram and stands before the Master of his life. He knows himself to be a soul. He knows that now his mind and all the lower natural forces must radiate the light he has attained.
4. As one by one the chelas find their way into the Ashram and to the central Light, the light therein intensifies. The radiation of the Ashram waxes to a great intensity. The tiny beam of light focussed within the chela's heart, directed by his eye, penetrates in turn the outer gloom and is seen by those who wait.
5. Within the Ashram I have taken my place. My little light is merged and blended with the greater light, for thus I best can serve. I face the Master and know His light and mine to be the same. I turn and send my light into the dark, to guide some wanderer home.
6. Grant me the light that I may shine. Let me throughout the world of time and space radiate light, create a light, transmit the light, and treading thus the Lighted Way (which is my Lighted Self), enter the light and so return the light to those who need, to Those likewise from whence it came.
(Discipleship in the New Age, Vol. II. pp. 650-561)

...An "Act of Penetration"; the light is then seen accomplishing three things:

- a. Making a definite impact upon the glamour.
- b. Penetrating the glamour and being absorbed by it.
- c. Dissipating it slowly (Glamour, pp. 218-219)

III. ORGAN USED IN RADIATORY ACTIVITY.

When, ... a man, in meditation, considers his work and builds his thought-form for service, he is occultly looking, and consequently energising; he begins to use the third eye in its secondary aspect. The third or spiritual eye has several functions. Amongst others, it is the organ of illumination, the unveiled eye of the soul, through which light and illumination comes into the mind, and thus the entire lower life becomes irradiated. It is also the organ through which pours the directing energy which streams out from the conscious creating adept to the instruments of service, his thought-forms.

...Just as long as the "Eye" is directed to the created form, the current of force will be transmitted to it, and the more one-pointed the man may be the more this energy will be centralised and effective. Much of the ineffectiveness of people is due to the fact that their interests are not centralised but very diffuse, and no one thing engrosses their attention. They scatter their energy and are attempting to satisfy every wandering desire and to dabble in everything which comes their way. Therefore, no thought they think ever assumes a proper form, or is ever duly energised. They are consequently surrounded by a dense cloud of half-formed disintegrating thought forms and clouds of partially energised matter in process of dissolution. This produces occultly a condition similar to the decay of a physical form, and is

6

equally unpleasant and unwholesome. It accounts for much of the diseased condition of the human family at this time.

Failure in thought creation is due also to the fact that the laws of thought are not taught, and men do not know how, through meditation, to create those children of their activity to carry on their work. Results on the physical plane are much more quickly achieved through scientific thought creation than through the directly physical plane means.

(Cosmic Fire, pp.974-976)

Intuitional telepathy is one of the developments upon the Path of Discipleship. It is one of the fruits of true meditation. The area involved is the head and throat, and the three centres which will be rendered active in the process are the head centre, which is receptive to impression from higher sources, and the ajna centre which is the recipient of the idealistic intuitional impressions; this ajna centre can then "broadcast" that which is received and recognised, using the throat centre as the creative formulator of thought, and the factor which embodies the sensed or intuited idea.

(Telepathy, p.19)

Down upon the level of daily living, disciples are today learning three things: the Technique of Impression, the generating of energy, and the use of the ajna centre. Many are responsive to impression, but fail to recognise or use the energy of which the impression is simply the forerunner; others respond to the energy, but fail to register the Plan which it is intended to implement, and the energy then leads to great but fruitless activity. Still others are learning to use the centre between the eyebrows, standing as silent and poised recipients controlling the third eye, the directing agent of the received energy.

(Discipleship in the New Age, Vol. II, p.374)

... The directing potency of the ajna centre (the centre between the eyebrows) will attract their attention and the triple process of impression, thoughtform construction, and energy direction will be mastered by them. ...

(Ibid, p.376)

IV. EFFECTS.

...The expression of the creative faculty is radiation and magnetism. These bring to its possessor the material for creation and a magnetic capacity which arranges in due form and beauty that which radiation has evoked. Creativity is a consequence of a particular state of mind and a specific state of being; it signifies a point in evolution wherein the disciple is definitely radioactive. He can no more help creating in some form or another than he can help living.

(Ibid, pp.539-540)

Having, as far as possible, achieved the needed concentration, realisation and relationship, the aspirant then (by an act of the will and of the creative imagination) turns on the searchlight and sees a vivid beam of light stream forth and pierce the glamour. He must visualise a broad brilliant beam, pouring forth from the illumined mind on to the astral plane.

(Glamour, p.218)

The healer must understand also how to radiate, for the radiation of the soul will stimulate to activity the soul of the one to be healed and the healing process will be set in motion; the radiation of his mind will illumine the other mind and polarise the will of the patient; the radiation of his astral body, controlled and selfless, will impose a rhythm upon the agitation of the patient's astral body, and so enable the patient to take right action, whilst the radiation of the vital body, working through the splenic centre, will aid in organising the patient's force-body and so facilitate the work of healing. (Esoteric Healing, pp.7-8)

The healer must seek to link his soul, his brain, his heart and auric emanation. Thus can his presence feed the soul life of the patient. This is the work of radiation. The hands are needed not. The soul displays its power. The patient's soul responds through the response of his aura to the radiation of the healer's aura, flooded with soul energy. (Ibid, p.643)
(See also pages 103-105 and 653-657)

Today, in our Aryan race, magnetic purity is not dependent upon the physical disciplines; it is still - for the mass of the people - dependent upon emotional disciplines, but in the case of the true healer in the New Age it is dependent upon the "lighted magnetic area in the head." This provides a field of activity for the soul, working through the head centres and focussing itself in the magnetic field which they enclose. When all the powers of the body and the directed attention of the healer are centred in the head, and when the astral body is quiescent and the mind is active as a transmitter of soul energy to the three head centres, you then have an established radiance, or energy emanation which is a potent force in healing. The radiation is intense, not so much from the familiar aspect of light, but from the extent of its emanating rays of active energy which can reach the patient and energise the needed centre....

When the karma or life-pattern of the patient permits, these energy rays (emanating from the magnetic field in the healer's head) become what is called a "dispelling radiance"; they can drive away the forces which create or aggravate the disease....

Healers would do well to remember that when the three centres in the head are linked up and the magnetic field is therefore set up and the radiance is present, the healer can then use the ajna centre as the directing agent for this "dispelling radiance." (Ibid. pp.580-581)

7

Kindly note Change of Address
from 15th March, 1962
SUNDIAL HOUSE, NEVILL COURT,
TUNBRIDGE WELLS,
KENT, ENGLAND.

October

Dear Group Member,

As usual with the last Set of the year's papers we are sending a form for your comments which we would appreciate having at the end of the year. This helps in several ways. The formulation of our thought helps to clarify and objectify it, the inflow to the group pool from each member strengthens and stimulates the pulse of our work, the contact with you affirms the subjective link joining the whole Group membership and assures us that you are getting the papers and taking part in this group endeavour.

In this set on Radiation we know you will find much of value and absorbing interest and we will only add the thought that Radiation is occurring all the time. We inevitably radiate what we are — as Emerson said "What you are speaks so loudly I cannot hear what you say."

We radiate unconsciously, but it is also time that we assumed conscious responsibility for this continual emanation into the world around us. Our radiation is both general, through our auras, and specific, through our projected thought, and through both these channels we have continual opportunity to build, to heal and to bless.

As we work with the Principle for our Group focus during these two months - Essential Divinity - as well as with this point - Radiation - their deep connection will emerge, and let us remember that the image of expressed divinity is a magnet to the unexpressed divinity in each of us.

With a joyous "Namaskar" - "We salute the Divinity in you",

Your sincere friends,

The Group for Creative Meditation

GROUP FOR CREATIVE MEDITATION

COMMENTS

Name
Address
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The following subjects are suggested for your comments, but any ideas and observations you may like to send in will be welcomed.

1. The contribution that work with the Points this year has made towards deeper realisation of the Laws and Principles.
 2. The Laws and Principles in the world today.
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