

4

Label on Brewer's Powdered Yeast.

Miss Spatz *infuciana*  
onucabare *zmore cfeidinda*  
Moncate an Bn date coler?

FOOD SUPPLEMENTS  
ALL-DIET  
BREWER'S YEAST  
(Fermentation Eliminated)

A natural source of the complete Brewers Yeast Vitamin B Complex including the full P-P (Pellagra-Preventive) factor.

Directions: Use one to three level tablespoonfuls daily, or as directed. Provides from one to three times the quantity of All Diet vitamins as listed on the other panel. Delicious in tomato juice, broths, salads, breads, sandwich spreads, etc.

Each level tablespoonful (4.6 grams) provides the following:  
Percent of min. daily  
requirement.

Vitamin	1725	
B <sub>1</sub> . . . . .	micrograms	172%
Vitamin	345	
B <sub>2</sub> (G) . . . . .	micrograms	17%
Niacin . . . . .	2300 micrograms	

Also the following All Diet vitamin factors, for which the need in human nutrition has not been established.

Pyridoxine (B<sub>6</sub>) . . . . . 78 micrograms  
Pantothenic Acid . . . . . 460 mixcograms

*Handwritten notes on the left margin:*  
A natural source of the complete  
Brewer's Yeast Vitamin B Complex  
including the full P-P (Pellagra-Preventive)  
factor.

*Handwritten notes on the right margin:*  
Miss Spatz  
onucabare  
Moncate an Bn date coler?