

Test for Sugar in Urine -

No - II

Take equal parts of Urine + Benedict's Solution (blue liquid) making together about the same amount as in the first test. Heat over flame + if after boiling the blue color does not change there is no sugar. But if the liquid turns to a light brown or a dark brown there is sugar.

In first case sugar must be reduced in diet + in second case the sugar must be greatly reduced.

Also if the liquid turns a ^{dark} reddish brown the person is very apt to have diabetes + must be put on a strict diet ~~eliminating~~ sugar in every form.

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Test for Urine
No I To find Albumin

put urine in tube until it measures on tube
about one (1) inch - Heat over flame but
keep tube moving thru flame (otherwise
it will break) until at least half of the
urine reaches a boiling stage, a little longer
is even better. Then remove from flame
& if a cloud appears on top add one or two
drops of Glacial Acetic Acid - re heat +
if cloud has disappeared ^{it was only waste matter and} urine is free from
albumin, but if it remains it contains
albumin and the person must not eat meat
fish or eggs + must drink plenty of water.
The density of the cloud determines the
seriousness of the case.